

## Nursing Care Plan – 1<sup>st</sup> Diagnosis

Client Initials: K.M.

Age: 52

Diagnosis: COPD exacerbation/PNA

Nursing Diagnosis Assessment	Plan Goals/Outcomes	Interventions Nursing Orders	Rationale	Evaluation <b>This has to be filled out with observed outcomes or anticipated outcomes.</b>
<ul style="list-style-type: none"> <li>▪ Ineffective airway clearance r/t increased production of secretions s/o cough with sputum production</li> </ul>	<p><b>Goal:</b></p> <ul style="list-style-type: none"> <li>▪ Prevent and control current exacerbation.</li> </ul> <p><b>Outcomes:</b></p> <ul style="list-style-type: none"> <li>▪ The patient will maintain airway patency with breath sounds clear by day 3 of admissions.</li> <li>▪ The patient will demonstrate behaviors to improve airway clearance by end of teaching session.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Provide an incentive spirometer for the measurement of airflow obstruction.</li> <li>▪ Encourage abdominal or pursed lip breathing exercises.</li> <li>▪ Demonstrate effective coughing and deep-breathing techniques.</li> <li>▪ Suction secretions as needed.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Forced spirometry is the most reproducible and objective measurement of airflow obstruction.</li> <li>▪ This provides the client with some means to cope with or control dyspnea and reduce air trapping. Breathing exercises are complex and diverse. They have been reported to effectively improve the strength and endurance of respiratory muscles.</li> <li>▪ Explosive or uncontrolled coughing causes airways to collapse and spasm, trapping the mucus.</li> <li>▪ Suctioning clear secretions that obstruct the airway, therefore improves oxygenation.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Goal not met: Patient refused to participate in teaching of spirometry and stated they were tired.</li> <li>▪ Goal not met: Patient refused to participate in teaching of pursed lip breathing exercises. If implemented patient would have less air trapping and improved oxygenation.</li> <li>▪ Goal met: Patient taught how to cough effectively to bring up secretions.</li> <li>▪ Goal not met: Patient refused suction. If implemented, patient would have improved oxygenation and better airway clearance.</li> </ul>

# Nursing Care Of Adults

**Adrienne D. Linton, Mary A.  
Matteson, Nancy K. Maebius**

## **Nursing Care Of Adults:**

Essentials of Nursing Barbara Kuhn Timby,Nancy Ellen Smith,2005 This readable and user friendly textbook presents the most essential material from Barbara Kuhn Timby s market leading textbook Introductory Medical Surgical Nursing Eighth Edition Essentials of Nursing contains essential medical surgical content and also includes two units on maternity nursing and pediatric nursing More than 250 full color illustrations complement the text Essentials of Nursing offers LPN LVN students an easy to digest overview of medical surgical nursing and is an excellent supplement to Timby s Fundamental Nursing Skills and Concepts

**Nursing Care of Older Adults** Meridean Maas,2001 Here is the first geriatric nursing book to incorporate standardized nursing diagnoses NANDA nursing sensitive out comes NOC and nursing interventions NIC systems that are rapidly becoming universal standards Readers will learn why the use and documentation of nurse s decisions and actions using these standardized languages is essential in the development of evidence based practice and to influence health policy decisions affecting older adults

*Nursing Care of Adults* J. Smith,1995-12-11 From the well established Advanced Nursing Series Nursing Care of Adults brings together knowledge based contributions written by international authorities from the field of nursing practice Supported by many literature sources the twelve chapters consider the challenges that will confront nurses working in an ever changing health care system The book focuses on an extensive range of situations and issues concerning adult nursing including health promotion care at home ethical problems responsibility to the patient and the role of the nurse in improving quality of care

**Nursing Care of Older Adults** Carol A. Miller,1990 **Introductory Nursing Care of Adults** Adrienne Dill Linton,Mary Ann Matteson,Nancy K.

Maebius,2000-01-01 Introductory Nursing Care of Adults Adrienne Dill Linton,1999-12-07 Introductory Nursing Care of Adults Adrienne Dill Linton,Mary Ann Matteson,Nancy K. Maebius,2000 This popular text comprehensively explores the nursing care of people whose disorders require medical surgical or psychiatric management Special emphasis is given to elderly care in acute long term and home health care settings and to the role of the LPN LVN outside of the acute care setting

**Introductory Nursing Care of Adults** Adrienne D. Linton,Mary A. Matteson,Nancy K. Maebius,1995

Nursing Care of the Older Adult Mildred O. Hogstel,1981 **Nursing Care of Older Adults: Diagnosis, Interventions and Outcomes** Ross Barbosa,2023-09-26 Nursing includes the collaborative and independent care of people and involves preventing illness supporting good health and caring for the disabled sick or dying people The purpose of nursing care of older adults is intended to assist medical professionals in identifying signs and symptoms assisting in diagnosis and choosing relevant outcomes to monitor and evaluate the older adult s status Nursing interventions are steps taken by the nurse to help the patient reach their goals and achieve the desired outcomes Some of the examples of nursing interventions include monitoring the body vitals periodically administering medications educating the patient and assessing the patient s pain levels This book contains a detailed explanation of the diagnosis interventions and outcomes associated

with nursing care of older adults It presents researches and studies performed by experts across the globe Those in search of information to further their knowledge will be greatly assisted by this book **Student Study Guide to Accompany**

**Nursing Care of Adults, by Monahan, Drake, and Neighbors** Karen L. Burger,1994 Test Manual for Introductory

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Linton,Mary Ann Matteson,Nancy K. Maebius,2000-01-01 Nursing Care of Older Adults Miller,1999 Nursing Care

Planning Guides Susan Puderbaugh Ulrich,Suzanne Weyland Canale,2005 This text is a comprehensive reference for creating care plans for clients in the acute care extended care or home care environments The care plans feature a definition

discussion of the disorder outcome discharge criteria and discharge teaching **Caring for the Older Adult** Patricia

O'Neill,2002-01-01 CARING FOR THE OLDER ADULT A HEALTH PROMOTION PERSPECTIVE is a concise straightforward

LPN LVN textbook covering the essentials of gerontologic nursing from a strong health promotion perspective The nature of

normal aging as well as disorders common to the elderly are discussed This resource also addresses concepts and issues

related to promoting both physical and psychological health in an aging population The engaging easy to read informal

writing style draws the reader into the subject while conveying important information Nursing Care of Adults I National

Learning Corporation,2019-02 The Certified Nurse Examination Series prepares individuals for licensing and certification

conducted by the American Nurses Credentialing Center ANCC the National Certification Corporation NCC the National

League for Nursing NLN and other organizations Nursing Care of the Older Adult Mildred O. Hogstel,1989-06-01

Geriatric Nursing Care Raelene V. Shippee-Rice,Susan Fetzer,Jennifer V. Long,Alexandra Armitage,2011-11-14 The

authors of this book share decades of geriatric perioperative nursing care experience with readers in a thorough systematic

manner This book would be an excellent addition to the library of any health care professional especially a perioperative

nurse who provides care to older adults AORN Journal the official publication of the Association of Perioperative Registered

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includes the anatomy and physiology of aging preoperative care intraoperative and post anesthesia care postoperative care

returning home risk appraisal education prevention early intervention multidisciplinary team collaboration and effective

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of surgical critical acute care and geriatric nursing along with clinical and case managers The tools presented help to sustain and enhance quality nursing care for older adults considering surgery undergoing surgery and during post surgery visits Key Features Presents a comprehensive new gerioperative care model for older adults undergoing surgery Follows patient from primary to follow up care including hospital care ambulatory care emergency and elective surgery and perioperative care Applies primary secondary and tertiary care concepts to surgery Presents innovative focus on case management with new care guidelines Provides new applications in preoperative training family coaching and post operative cognitive dysfunction prevention Describes how to make quality improvements in current surgical care practices Identifies and discusses major health problems of older adults through EBP Includes case studies with discussion questions    [Adult Nursing Practice](#) Ian Bullock,Jill Macleod Clark,Joanne Rycroft-Malone,2012-05-24 Adult Nursing Practice Using evidence in care enables today s students and newly qualified nurses develop the knowledge and skills they need to deliver and lead care tomorrow Reflecting the principles of evidence based care in line with the current NMC competencies this textbook helps students learn to manage patients with common conditions and fundamental health needs so they can provide the best possible evidence based care Written and edited by leading nurses from practice education and research it focuses on common diseases fundamental health needs and symptoms that nurses encounter in daily practice Conditions are clearly explained so that the causes of ill health are easily understood Every chapter covers pathophysiology indicates the key priorities for nursing assessment and discusses what the evidence says before considering nursing management options Throughout the authors clear signposts to trustworthy evidence mean that students can effortlessly select the best nursing interventions for their patients using the current available evidence base The ideal guide for students preparing for registration and newly qualified staff going through preceptorship it is packed with over 115 illustrations and lots of features to bring the subject to life and make learning easier BLNursing assessment illustrations outline challenges caused by common diseases in a helpful and memorable way highlighting issues that need assessment BLRed flag icons indicate the warning signs of deterioration and urgent questions are listed that can be used for assessment and monitoring BLCase studies of effective evidence based interventions show the difference that high quality nursing care makes BLCross references between common conditions causes and managing related health needs and symptoms develop understanding by clearly linking pathophysiology with nursing management options BLTheory into practice boxes further enhance learning through suggested activities such as exploring key evidence considering major practice issues or applying core knowledge while out on placement BLOnline resource centre at [www.oxfordtextbooks.co.uk/orc/bullock](http://www.oxfordtextbooks.co.uk/orc/bullock) Filled with interactive and useful e learning resources to help students test their learning keep up to date with the latest evidence and further expand their knowledge it features BLClinical decision making scenarios BLQuiz questions BLUpdates to content BLHyperlinked references BLImages from the book BLLecturer resources

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