

The Right to Prescribe Medication: Considerations for Professional Psychology

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The issue of prescription privileges for psychologists is discussed. Although there has been a noticeable increase in interest surrounding this issue, psychologists appear to be divided on whether they want the right to prescribe medications. Supporters argue that prescription privileges would promote psychology's image as a complete mental health provider; improve access to mental health services, particularly in rural areas; increase financial benefits; and improve professional esteem. Prior to the acquisition of such privileges, a number of professional issues must be resolved. The most important of these are: (a) psychology's relationship with psychiatry; (b) psychology's theoretical foundation; (c) psychopharmacology training; (d) licensure; and (e) malpractice liability. With increasing evidence for the role of biological factors in mental illness, the growing identification of psychology as a health discipline, and the recognition of the need for a more comprehensive standard of care, prescription privileges appear to be the next major developmental challenge facing the profession in the future.

The right to prescribe medication is a major issue facing professional psychology today. Although some contend that this right is a logical extension of professional responsibilities, others argue that there are numerous problems, ranging from philosophical to practical, that may act as obstacles to the acquisition of such privileges. This article will focus on some of the issues facing the profession of psychology with respect to the acquisition of prescription privileges.

Development of the Prescription Debate

Clinical psychology can be traced to Lightner Witmer, who founded the first psychology clinic at the University of Pennsylvania in 1896. At the time, clinical psychology was envisioned as the application of psychological principles to the study of the individual (Schofield, 1982), but it remained essentially an academic discipline until World War II. Following World War II, with increasing demands placed on the Veterans Administration to treat the psychological casualties of the war, clinical psychology emerged as an alternative to psychiatry because psychologists were able to offer solutions that were based on psychological theories and principles. Although this marked the

start of an exponential growth in the field of clinical psychology, it also laid the foundation for the profession to be identified with the use of psychological strategies and interventions as its area of expertise.

Earlier, clinical psychology was clearly defined as a mental health specialty; however, in the last 20 years clinical psychologists have attempted to broaden their area of interest from mental health alone to health issues in general. It has become increasingly apparent that behavior patterns and lifestyles can affect coping abilities and increase the risk for a variety of major illnesses. By changing to this broader focus, psychologists can emerge as major health service providers and have a dramatic impact on health care. This can only occur, however, if psychologists are allowed to function as truly autonomous professionals (Fox, 1982). Psychologists are currently unable to function as independent professionals because of restrictions placed on their practice by the medical profession in such areas as insurance reimbursement, hospital privileges, and prescription privileges. Fox argued that prescription privileges would be a major step toward legitimizing psychology as an autonomous profession.

Modern psychopharmacology emerged as a major force in mental health care after World War II. Between 1950 and 1960, many of the psychotherapeutic drugs in use today were introduced, such as chlorpromazine, tricyclic antidepressants, monoamine oxidase inhibitors, lithium, and benzodiazepines (Alford, 1983). Because medication was believed to promote a disease model of mental illness, clinical psychologists criticized the therapeutic efficacy of these drugs by arguing that they only treated the symptoms and not the underlying psychological disorder (Tourney, 1967). Few psychologists envisioned the future effect of psychotropic medication on the mental health field; consequently, little was done at the time to obtain prescription privileges for clinical psychologists, and licensed physicians retained the sole right to prescribe medication.

The determination of which practitioners have the authority

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The Oxford Handbook of Group Counseling Robert K. Conyne, 2011-08-22 Group counseling is a dynamic and valuable treatment device used by therapists throughout the psychological disciplines one that has proven effective in promoting change and growth in a variety of populations and settings The Oxford Handbook of Group Counseling takes an innovative approach to this expansive topic providing both a comprehensive field manual for practitioners and an authoritative reference work for teachers and researchers Comprising 31 topic based chapters by leading practitioners and researchers this handbook covers the full spectrum of current and relevant topics in group counseling including definitions and background history and efficacy key change processes e g therapeutic factors group cohesion group climate group leader strategies and characteristics new applications for group counseling strategies including online groups group counseling with special populations the future of group counseling With roots in the most recent and relevant literature The Oxford Handbook of Group Counseling is an ideal text for training programs counselor education clinical psychology social work or human services or as a reference for researchers in counseling psychology Whoever the reader it a valuable and comprehensive guidebook for both students and practitioners in the growing practice of group counseling *The*

International Forum for Logotherapy, 1985 **Abnormal Psychology across the Ages** Thomas G. Plante Ph.D., 2013-06-25 In these three volumes a team of scholars provides a thoughtful history of abnormal psychology demonstrating how concepts regarding disordered mental states their causes and their treatments developed and evolved across the ages Compiling current thought from some of the best minds in the field Abnormal Psychology across the Ages provides essays that reflect on multiple dimensions of abnormal behavior These experts present biological psychological social cultural and supernatural perspectives throughout human history on a range of disorders as well as the global influences on scientific thinking A fascinating read for anyone in the field of abnormal psychology from undergraduate students to clinicians counselors psychologists and psychiatrists this three volume work addresses questions such as What is abnormal psychology and thinking What are the causes how have we treated it and how do we treat it now And how does the culture of the times affect what we perceive as abnormality Dual Relationships And Psychotherapy Arnold Lazarus, 2002-06-21 The opinions expressed in this publication go directly to the challenges we will collectively face as we enter the 21st century from the Foreword by Patrick H DeLeon PhD JD ABPP Past President American Psychological Association This volume through a series of diverse approaches and considerations has dispelled for all time the monolithic notion that dual relationships are always harmful and should be avoided remarkable and refreshing Nicholas A Cummings PhD ScD Former President American Psychological Association This book the first of its kind covers the clinical ethical and legal aspects of non sexual dual relationships It provides detailed guidelines on how to navigate the complexities of intended and unintended crossings of the boundaries of the therapeutic relationship Contributors representing various therapeutic approaches and work settings

challenge the prevailing interpretations of ethical standards as presented by the American Psychological and the American Counseling Associations Code of Ethics Through case examples they demonstrate how non sexual dual relationships may result in increased trust familiarity and therapeutic effectiveness Discussions include concerns of rural military church hearing impaired and other small communities behavioral cognitive humanistic and feminist views on DR and more This is a book for all practicing therapists Appendices contain guidelines to nonsexual dual relationships in psychotherapy

Supervision in Counseling Lawrence Shulman, Andrew Safyer, 2014-01-14 A cross disciplinary look at the latest research and effective approaches Clinical supervision is crucial for learning and provides valuable support and evaluation of expertise and knowledge regardless of the discipline Supervision in Counseling Interdisciplinary Issues and Research explores the latest conceptual and empirical research in the pursuit of effective education in counseling across a variety of disciplines Field instruction and clinical supervision issues are addressed in social work psychology counseling and counselor education nursing and school psychology Core elements are examined including the development of the supervisor supervisee working alliance and the parallel process in supervision Supervision in Counseling Interdisciplinary Issues and Research takes you beyond the standard narrow view of clinical supervision within a particular discipline broadly focusing on research and practices that has value in all disciplines Research and developments on organizational matters ethical issues legal issues evaluation relationship issues models of supervision and other developments are discussed in detail The book includes helpful tables and figures and is extensively referenced Topics in Supervision in Counseling Interdisciplinary Issues and Research include major developments in clinical supervision over the years a review of research literature in clinical supervision in counseling the working relationship between supervisor and practitioner challenges in remaining current in clinical supervision overview of literature on supervision in psychology clinical supervision as signature pedagogy for the mental health professions clinical supervision in nursing inside and outside of the United States research on field instruction in social work much more Supervision in Counseling Interdisciplinary Issues and Research is an important resource for anyone in the field of clinical supervision in various disciplines such as social work psychology counseling and counselor education nursing and school psychology

Women and Mental Disorders Paula K. Lundberg-Love, Kevin L. Nadal, Michele A. Paludi, 2011-11-08 For too long studies lumped women s mental health with that of men notwithstanding profound differences This groundbreaking work decisively addresses that oversight as a team of expert scholars and therapists spotlights common female mental disorders explores the causes and explains available therapies In the last two decades feminist therapists and scholars have called for new models of mental health that value women and femininity To that end the four volume Women and Mental Disorders brings together recent research and theory to explore its subject from a feminist perspective This exhaustive set treats every aspect of women s mental health from diagnoses to treatment Underlying the entire work is an awareness of varying cultural definitions of mental health and the importance of

understanding a woman's cultural background if treatment is to be respectful and successful Special attention is also paid to women who have been victims of violence whether in intimate relationships the workplace or at school and to how these experiences impact mental and physical health self concept interpersonal relationships and career development Approaches to treating women with eating disorders agoraphobia anxiety and depression PTSD and personality disorders are covered as well Finally the set provides resources to help readers address their own needs or those of friends and family

Introduction to Clinical Psychology Geoffrey P. Kramer, Douglas A. Bernstein, Vicky Phares, 2019-08-22 Designed to provide a thorough survey of the field Introduction to Clinical Psychology eighth edition is accessible to advanced undergraduates as well as graduate students This text presents a scholarly portrayal of the history content professional functions and the future of clinical psychology Extensive use of case material and real world applications illustrates each theoretical approach After reading this book students will better understand clinical psychology as a field of professional practice and scientific research and will be better able to apply theoretical concepts to real world clinical cases

Internship, Practicum, and Field Placement Handbook Brian N. Baird, 2015-07-14 The Internship Practicum and Field Placement Handbook Seventh Edition is a practical guide to the real world knowledge and skills that students need when they begin working in the field of mental health This text guides interns through every phase of the internship process from finding placements to concluding relationships with clients and supervisors Along the way students learn about ethics clinical writing and record keeping working with peers and supervisors understanding diversity and self care and safety Following an evidence and competency based approach the latest research findings are reviewed from the fields of psychology social work and counseling

On Becoming a Psychotherapist Robert H. Klein, Harold S. Bernard, Victor L. Schermer, 2010-12-31 On Becoming a Psychotherapist explores how psychotherapists develop as practitioners through both professional training and the training that can only be obtained through personal experience

101 Social Work Clinical Techniques Francis J. Turner, William Rowe, 2013-05-08 The purpose of the book is to enhance the concept of Technique in the teaching and practice of Social Work Over the years Technique has not been stressed as a part of practice even though the actual practice of Social Work consists of the utilization of techniques in addition to theory and the process of assessment and diagnosis The book seeks to achieve its goal in four ways It addresses the way the concept of Technique has or has not been used over the years It addresses the need for a clear definition of technique It analysis the qualities that Technique should have at this point in our history of clinical practice It then formulates and presents a definition of technique for our thesis based on this definition It then presents a brief discussion of 101 Techniques discussed in contemporary literature by discussing each one's place in practice a bit about its history and necessary knowledge skills to use responsibly It addresses the latter by grouping a level of risk involved in its utilization

The Professional Counselor's Desk Reference, Second Edition Mark A. Stebnicki, Irmo Marini, 2015-08-21 This award winning bestselling reference for professional counselors and

graduate students is extensively updated and expanded to encompass critical developments that are immediately relevant to the counseling professions including the 2014 American Counseling Association Code of Ethics CACREP CORE accreditation standards DSM 5 the Affordable Care Act and many other important changes It reflects the ongoing consolidation of a strong identity for professional counselors and the need to address mental health and other counseling concerns amidst marked socio cultural changes The only resource of its kind it is an extremely useful guide for counseling students working toward licensure and certification as well as experienced counselors counselor educators clinical supervisors psychologists and social workers The second edition offers a unique interdisciplinary approach inclusive across all counseling disciplines and features contributions from over 110 highly regarded experts in counselor education research and practice It is based on the core content and knowledge areas outlined by CACREP and CORE accreditation standards and disseminates in 93 chapters both contemporary insight and practical strategies for working with the complexity of real life issues related to assessment diagnosis and treatment of diverse clients New chapters address military and veteran health issues evidence based practice for training counseling transgender individuals partners and families counseling caregivers social justice and so much more In addition to being a quick access resource for all counseling professionals the second edition serves as a concise accessible reference for graduate students preparing for certification and licensure exams It features an expanded comprehensive self exam of over 340 multiple choice items based on the CORE CACREP core content and knowledge areas for counselor education and training New to the Second Edition Updated and expanded discussion of the 2014 ACA Code of Ethics Affordable Care Act and its impact on delivery of mental health services Coverage of DSM 5 Promotes an interdisciplinary approach inclusive across all counseling disciplines Includes an expanded self exam with over 340 study questions for NCE and CPCE prep New chapters on military and veteran mental health issues New chapter on evidence based practices for counseling New chapter on behavioral health and health disparities in the U S New chapter on social justice and health equity issues New chapter on counseling caregivers New chapter on counseling children with psychiatric conditions New chapter on counseling for wellness New chapter on counseling survivors of natural disasters New information on complementary alternative and integrative approaches New information on counseling LGBTQ couples partners and families Key Features Covers all key foundational content for CACREP CORE accredited programs within one volume Provides quick access to a vast compendium of counseling information Edited and authored by leading counseling scholars educators and practitioners Relevant across all counseling specialties Updated to reflect 2014 ACA Code of Ethics Affordable Care Act DSM 5 and revisions to licensure requirements in many states

Cognitive Behavior Therapy in Clinical Social Work

Practice Arthur Freeman, Tammie Ronen, 2006-11-07 Edited by a leading social work authority and a master CBT clinician this first of its kind handbook provides the foundations and training that social workers need to master cognitive behavior therapy From traditional techniques to new techniques such as mindfulness meditation and the use of DBT the contributors

ensure a thorough and up to date presentation of CBT Covered are the most common disorders encountered when working with adults children families and couples including Anxiety disorders Depression Personality disorder Sexual and physical abuse Substance misuse Grief and bereavement Eating disorders Written by social workers for social workers this new focus on the foundations and applications of cognitive behavior therapy will help individuals families and groups lead happier fulfilled and more productive lives

The Oxford Handbook of Counseling Psychology Elizabeth M. Altmaier,Jo-Ida C. Hansen,2012 Recognized experts in theory research and practice review and analyze historical achievements in research and practice from counseling psychology as well as outline exciting agendas for the near future for the newest domains of proficiencies and expertise

Becoming a Multiculturally Competent Counselor Changming Duan,Chris Brown,2015-06-26 Organized around the latest CACREP Standards Becoming a Multiculturally Competent Counselor by Changming Duan and Chris Brown is a timely book that covers the core concepts theories and skills of multicultural and social justice counseling With a focus on helping readers develop their multicultural professional identities the authors conceptualize multicultural identity development as the foundation for comprehending the pervasive impact of social privilege and oppression and developing competencies to effectively work with the culturally diverse Case illustrations exercises and an emphasis on reflective practice foster a true understanding and application of concepts Becoming a Multiculturally Competent Counselor is part of the SAGE Counseling and Professional Identity Series which targets specific competencies identified by CACREP Council for Accreditation of Counseling and Related Educational Programs

Cognitive Behaviour Therapy for Children and Families Philip Graham,Shirley Reynolds,2013-03-14 Now firmly established as the standard text on the subject Cognitive Behaviour Therapy for Children and Families 3rd edition incorporates new and updated material on many topics not covered in previous editions including the use of low intensity treatment methods with families the use of new technologies to deliver cognitive behaviour therapy CBT the development of mindfulness techniques for children and the use of CBT with ethnic minority groups The international panel of contributors ensures the highly authoritative and relevant nature of the content making this text an invaluable source for all child and adolescent mental health professionals including psychologists psychiatrists mental health nurses family and individual psychotherapists paediatricians and general psychiatrists

The Oxford Handbook of Education and Training in Professional Psychology W. Brad Johnson Ph.D.,Nadine Kaslow Ph.D.,2014-02-27 The Oxford Handbook of Education and Training in Professional Psychology provides the first comprehensive treatment of the processes and current state of the art practices bearing on educating and training professional psychologists Thousands of psychologists are employed full time as faculty members or clinical supervisors in graduate practicum internship and postdoctoral training programs or training sites This handbook provides a single resource that pulls together the substantial scholarship on education and training in psychology covering the full spectrum of historic developments salient issues current standards and emerging trends in psychology education and training It provides a

thorough analysis of doctoral and postdoctoral training for psychologists in clinical counseling or school psychology specialties Because competency issues are moving to the forefront in the design of training programs and the evaluation of trainee performance the handbook's authors have made models and standards for competency a primary theme This volume captures the current state of education and training while emphasizing emerging trends and forecasting future directions

Positive Psychological Approaches to Disaster Stefan E. Schulenberg, 2020-02-21 Written by prominent proponents of disaster mental health and/or positive psychology this comprehensive book examines disaster mental health and positive psychology in the context of natural and technological disasters Chapters in the first section focus on applications of meaning and resilience in the area of disaster mental health both serving as primary examples of applications of positive psychology and related frameworks Later chapters focus more specifically on key aspects of disaster mental health including the importance of preparedness training and special populations Contributors consistently align their insights with positive psychological approaches either by explicitly referencing their relevance or alluding less directly to themes in positive psychology Among the topics discussed The role of religion and spirituality in finding meaning after disasters Veterans and disaster response work Firefighters an occupational case study of resilience Strategies for responding to adolescents following natural and technological disasters Effective crisis response for facilitating posttraumatic growth Positive Psychological Approaches to Disaster Meaning Resilience and Posttraumatic Growth is a significant and timely collection of research representing an effort of internationally respected scholars in positive psychology and disaster mental health

Tough Kids, Cool Counseling John Sommers-Flanagan, Rita Sommers-Flanagan, 2014-12-08 Tough Kids Cool Counseling offers creative techniques for overcoming resistance fostering constructive therapy relationships and generating opportunities for client change and growth This edition includes a new chapter on resistance busters and updated and fresh ideas for establishing rapport carrying out informal assessments improving negative moods modifying maladaptive behaviors and educating parents Suicide assessment medication referrals and therapy termination are also discussed John and Rita Sommers Flanagan clearly enjoy working with kids no matter how tough and their infectious spirit and proven techniques will help you bring renewed energy into the counseling process Requests for digital versions from ACA can be found on www.wiley.com To purchase print copies please visit the ACA website Reproduction requests for material from books published by ACA should be directed to publications@counseling.org

Handbook of Group Counseling and Psychotherapy Janice L. DeLucia-Waack, 2004 The Handbook of Group Counseling and Psychotherapy is a comprehensive reference guide for group practitioners and researchers alike Each chapter reviews the literature and current research as well as suggestions for practice in the psycho-educational arena counselling and therapy groups The Handbook encourages the notion that the field is improved through increased collaboration between researchers and practitioners Through a review of cutting edge research and practice the Handbook includes 48 articles by renowned experts in group work the history and theory of group

work topics across the lifespan an entire section on multicultural issues a variety of clinical problems and settings appendices include the Association for Specialists in Group Work Training Standards Best Practice Standards and Principles for Diversity Competent Group Workers The Handbook is divided into seven sections Current and Historical Perspectives on the Field of Group Counselling and Psychotherapy reviews and analyzes the many contributions and contributors that have made group counselling and psychotherapy a vital and potent treatment method The chapter outlines review articles spanning four decades and outlines the evolution of group themes over the last 100 years Best Practices in Group Counselling and Psychotherapy uses research theory and group counseling experience to provide group leaders and researches with the most current and best practices in conducting group counseling and psychotherapy Multicultural Groups follows the ASGW Principles for Diversity Competent Group Workers and is intended to provide group leaders with essential information about different cultural groups and their world views perceptions of groups naturalistic healing methods suggested group interventions and implications for groups Chapters cover Native Americans Latinos Asians and African Americans disabled persons and gender and sexuality Groups Across Settings includes examples of psycho educational counseling and psychotherapy groups in a variety of settings This section presents readers with theoretical and empirical support for group work in such settings as the Veterans Administration system university counselling centers and more Groups Across the Lifespan consist of chapters across many age groups For children and adolescents cognitive and developmental issues are addressed For adults socialization and interpersonal issues are addressed including separate chapters for male and female groups Finally a chapter on the elderly deals with cognitive health and life review issues Special Topics Groups presents a continuum of different types of groups used to treat people with interpersonal and developmental issues such as grief substance abuse depression and others Each chapter in this section provides definitions and descriptions of the issues along with theoretical and empirical support Finally Critical Issues and Emerging Topics attempts to reflect the zeitgeist and provide a glimpse into group interventions for the future Emerging issues such as online groups prevention groups and peer led mutual help groups receive careful attention and analysis The Handbook of Group Counseling and Psychotherapy the first reference devoted to this emerging and rapidly growing field is essential for academics researchers professionals and librarians serving the group therapy community There is no similar reference available and it will prove a landmark volume for years to come Human Service Education ,1999

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