

Appetizers

NACHOS FAJITAS Grilled with onions, peppers, and tomatoes. Beef, chicken, or shrimp \$10.99
Beef & chicken \$11.99

NACHOS SUPREME Topped with chicken, beef, beans, lettuce, tomatoes, sour cream and guacamole \$8.99

NACHOS

Bean \$5.99 | Beef \$6.99, Half Order \$5.99
Chicken \$7.99, Half Order \$6.99 | Beef & Bean \$7.99

VEGGIE NACHOS

Grilled onions, peppers & tomatoes, broccoli, cauliflower, carrots \$10.50

TAKE OUT NACHOS & SALSA \$2.00

DIPS

Bean \$4.49 | Cheese \$3.99 | Guacamole \$3.99

MEXICAN LAYER DIP

Served ground beef & refried beans, topped with pico de gallo & cheese dip \$5.99

CHEESE QUESADILLA \$3.00

Add your choice of beef, chicken, or mushrooms \$3.99

CHICKEN WINGS (8) \$6.99

QUESO FUNDIDO Chorizo (Mexican Sausage) topped with melted cheese. Served with your choice of corn or flour tortillas \$6.99

EL MEZCAL SAMPLER

Authentic Mexican taquitos stuffed with your choice of chicken or beef. Served with cheese quesadillas, lettuce, pico de gallo & sour cream \$9.99

NACHOS AL PASTOR

Marinated pork with sautéed onions \$10.99

Salads

TACO SALAD FAJITAS

Crispy flour tortilla shell with melted cheese sauce, topped with your choice of chicken or steak, along with sautéed onions, bell peppers and tomatoes. Topped with lettuce, cheese, sour cream, guacamole and tomato \$8.99
Substitute Shrimp for \$1.00

TACO SALAD

Crispy flour tortilla with melted cheese, along with beef or chicken, cheese, lettuce, tomato, and sour cream \$7.99

MEXICAN SALAD

Lettuce topped with guacamole, sour cream & pico de gallo. Served with rice and beans \$5.99

GRILLED CHICKEN SALAD

Lettuce, topped with grilled chicken, tomatoes, onions, cheese & mushrooms \$7.99

TOSSED SALAD

Lettuce topped with tomato and onion \$2.99

VEGETARIAN ITEMS

Warning: Consuming raw or undercooked meat, poultry, seafood, shellfish & eggs may increase the risk of foodborne related illness

Parties of 8 or more are subject to an 18% gratuity



VEGGIE NACHOS



EL MEZCAL SAMPLER



QUESO FUNDIDO



TACO SALAD

Mexican Menus

Sarah Portnoy



Mexican Menus:

Mexican Menus, 1984 Nine cooks provide step by step instructions and recipes for producing mexican meals 1,000
Mexican Recipes Marge Poore, 2011-04-12 A comprehensive guide to Mexican home cooking with enough recipes to keep the table full for years Offering 1 000 recipes for traditional fare from all the regions of Mexico as well as dishes inspired by the nueva cocina of today s top Mexican chefs this cookbook covers what home cooks need and want to know about Mexican cooking Throughout the author shares the cultural and culinary heritage of the people and food of Mexico from her perspective as a traveler and impassioned enthusiast of the country Home cooks will delight in such mouthwatering recipes as Corn with Chipotle Butter Chicken Quesadillas Pork Chops with Poblano Chile Sauce and Mexican Coffee Flan There are two dozen kinds of salsa and more than 45 delicious chicken dishes plus much more enough exciting choices to fill weeknight dinner and special occasion menus for years to come *The Best Mexican Recipes* America's Test Kitchen, 2015-04-15 Kitchen tested recipes that bring the real flavors of Mexico home Let America s Test Kitchen be your guide to making deeply flavored Mexican dishes at home Our first Mexican cookbook features foolproof appetizers soups and stews authentic egg dishes tacos and tamales burritos and enchiladas and all manner of meat and seafood dishes The Best Mexican Recipes includes a primer on Mexican home cooking with information on key ingredients readily available at your supermarket and innovative techniques that shave time off traditional preparation methods Not only will you be able to cook amazingly flavorful Mexican food but you ll cook with confidence Recipes include Familiar favorites Beef Enchiladas Tamales Grilled Fish Tacos Classic Mexican Rice Chicken Tortilla Soup Stuffed Jalapenos Chunky Guacamole Fresh Margaritas and more Authentic regional dishes Queso Fundido Chicken Mole Poblano Ancho Orange Pork Burritos Yucatan Style Barbecue Pork Fish Veracruz Oaxacan Style Beef Brisket and more Popular street foods Sopas Gorditas Panuchos Mexican Street Corn Molletes Huaraches with Poblanos Red Peppers and Queso Fresco and more **30 Classic Mexican Menus in Spanish & English** Idella Purnell Stone, 1978 **30 Mexican Menus in Spanish & English** Idella Purnell Stone, 1971 30 Classic Mexican Menus Idella Purnell Stone, 1981 Menus with recipes for a Mexican breakfast lunch or dinner ranging from the quick and easy to a full Christmas feast **Chicano Eats** Esteban Castillo, 2020-06-30 The winner of the Saveur Best New Voice People s Choice Award takes us on a delicious tour through the diverse flavors and foods of Chicano cuisine Growing up among the Latino population of Santa Ana California Esteban Castillo was inspired to create the blog Chicano Eats to showcase his love for design cooking and culture and provide a space for authentic Latino voices recipes and stories to be heard Building on his blog this bicultural cookbook includes eighty five traditional and fusion Mexican recipes as gorgeous to look at as they are sublime to eat Chicano cuisine is Mexican food made by Chicanos Mexican Americans that has been shaped by the communities in the U S where they grew up It is Mexican food that bisects borders and uses a group of traditional ingredients chiles beans tortillas corn and tomatillos and techniques while boldly incorporating many exciting new

twists local ingredients and influences from other cultures and regions in the United States Chicano Eats is packed with easy flavorful recipes such as Chicken con Chochoyotes Chicken and Corn Masa Dumplings Mac and Queso Fundido Birria Beef Stew with a Guajillo Chile Broth Toasted Coconut Horchata Chorizo Spiced Squash Tacos Champurrado Chocolate Birthday Cake Inspired by the Mexican drink made with milk and chocolate and thickened with corn masa Cherry Lime Chia Agua Fresca Accompanied by more than 100 bright modern photographs Chicano Eats is a melting pot of delicious and nostalgic recipes a literal blending of cultures through food that offer a taste of home for Latinos and introduces familiar flavors and ingredients in a completely different and original way for Americans of all ethnic heritages **Thirty Classic Mexican**

Menus in Spanish and English Idella P. Stone, 1983-02 **Food, Health, and Culture in Latino Los Angeles** Sarah Portnoy, 2016-11-14 Contemporary Los Angeles can increasingly be considered a part of Latin America Only 200 miles from the border with Mexico it has the largest most diverse population of Latinos in the United States and reportedly the second largest population of Mexicans outside of Mexico City It also has one of the most diverse representations of Latino gastronomy in the United States featuring the cuisine of nearly every region of Mexico countries such as Peru Argentina Guatemala and El Salvador as well as an incredible variety of Asian Latin fusion cuisine Despite the expansion of Latino cuisine s popularity in Los Angeles and the celebrity of many Latino chefs there is a stark divide between what is available at restaurants and food trucks and what is available to many low income urban Latinos who live in food deserts In these areas access to healthy affordable culturally appropriate foods is a daily challenge Food related diseases particularly diabetes and obesity plague these communities In the face of this crisis grassroots organizations policy makers and local residents are working to improve access and affordability through a growing embrace of traditional cuisine an emergent interest in the farm to table movement and the work of local organizations Angelinos are creating alternatives to the industrial food system that offer hope for Latino food culture and health in Los Angeles and beyond This book provides an overview of contemporary L A s Latino food culture introducing some of the most important chefs in the Latino food scene and discussing the history and impact of Latino street food on culinary variety in Los Angeles Along with food culture the book also discusses alternative sources of healthy food for low income communities farmers markets community and school gardens urban farms and new neighborhood markets that work to address the inequalities in access and affordability for Latino residents By making the connection between Latino food culture and the Latino communities food related health issues this study approaches the issue from a unique perspective **The Mexican Home Kitchen** Mely Martínez, 2020-09-15 Bring the authentic flavors of Mexico into your kitchen with The Mexican Home Kitchen featuring 85 recipes for every meal and occasion Taste, Politics, and Identities in Mexican Food Steffan Igor Ayora-Diaz, 2019-02-07 This book examines the history archaeology and anthropology of Mexican taste Contributors analyze how the contemporary identity of Mexican food has been created and formed through concepts of taste and how this national identity is adapted and moulded through

change and migration wing on case studies with a focus on Mexico but also including Israel and the United States the contributors examine how local and national identities the global market of gastronomic tourism and historic transformations in trade production the kitchen space and appliances shape the taste of Mexican food and drink Chapters include an exploration of the popularity of Mexican beer in the United States by Jeffrey M Pilcher an examination of the experience of eating chapulines in Oaxaca by Paulette Schuster and Jeffrey H Cohen an investigation into transformations of contemporary Yucatecan gastronomy by Steffan Igor Ayora Diaz and an afterword from Richard Wilk Together the contributors demonstrate how taste itself is shaped through a history of social and cultural practices **Mexico and the United States**

Lee Stacy,2002-10 Examines the history and culture of Mexico and its relations with its neighbors to the north and east from the Spanish Conquest to the current presidency of Vicente Fox **Food Cultures of Mexico R.**

Hernandez-Rodriguez,2021-10-11 This exciting volume brings to life the food culture of Mexico detailing the development of the cuisine and providing practical information about ingredients and cooking techniques so that readers can replicate some of Mexico s most important traditional dishes Mexican food has become one of the most popular cuisines in the United States with noted dishes ranging from tacos and enchiladas to tamales and guacamole What are the origins of Mexican food culture as we know it today Written with an educated not specialized audience in mind the book includes descriptions of traditional and high cuisine regional and national foods everyday dishes and those prepared and served on holidays and special occasions It also discusses ancestral eating habits and the way the food has been transformed under the pressures of globalization Specific chapters examine food history important ingredients typical appetizers main meals desserts street foods and snacks dining out and food issues and dietary concerns Recipes accompany every chapter Rounding out the work are a chronology of food history a glossary sidebars and a bibliography This volume is ideal for any students learning about Mexican food and culture as well as general readers who would like to learn more about international cuisines Fast Food

John A. Jakle,Keith A. Sculle,2002 The authors contemplate the origins architecture and commercial growth of wayside eateries in the US over the past 100 years Fast Food examines the impact of the automobile on the restaurant business and offers an account of roadside dining **Mexican Food** Gabe Erales,Luis Robles,Lori Sauer,Aaron Melendrez,Balo

Orozco,Augie Saucedo,2024-08-27 Mexican Food The Ultimate Cookbook is a beautiful and thorough collection of recipes drawn from the many rich traditions of Mexican cuisine and inspired by contemporary influences This comprehensive guide takes you on a tour of Mexican cuisine From Indigenous traditions to colonial influence and beyond Mexico has absorbed different local and foreign influences for generations which is what makes the country s food so delicious and varied With these recipes you can enjoy dozens of bold entrees sauces salsas sides beverages and desserts alongside tips and techniques that help you extract maximum flavor from each ingredient In this collection you will find 300 easy to follow recipes that utilize regional authenticity and modern flair Stunning original photography and illustrations that will inspire you to make

these mouthwatering meal Insights and recipes from industry insiders Comprehensive breakdowns of elemental ingredients like masa chile peppers epazote and mezcal A fascinating history of this culture s cuisine This cookbook captures the spirit of this cuisine and provides a detailed look into the diverse approaches that shaped Mexican tradition over the centuries Spanning coastal delicacies hearty mountain dishes and delicious street tacos the recipes in Mexican Food The Ultimate Cookbook reflect the many types of Mexican food Mexico Jane Routte,2001-04 **101 Mexican dishes** May E. Southworth,2022-08-21 May E Southworth s 101 Mexican Dishes is a comprehensive guide to the vibrant and diverse cuisine of Mexico featuring a wide array of traditional recipes ranging from street food to home cooked meals The book is not only a collection of recipes but also a cultural exploration of the flavors and ingredients that define Mexican cooking Written in a clear and accessible style Southworth s book is a valuable resource for both beginners and seasoned cooks looking to broaden their culinary horizons Each dish is accompanied by insightful commentary making it a delightful read beyond just a recipe book May E Southworth a renowned food writer and culinary expert has a deep passion for Mexican food stemming from her extensive travels and experiences in the region Her expertise and love for the cuisine shine through in 101 Mexican Dishes making it a truly authentic and reliable guide for anyone looking to master the art of Mexican cooking I highly recommend 101 Mexican Dishes to anyone interested in exploring the rich and varied world of Mexican cuisine With Southworth s expert guidance and detailed instructions readers are sure to create delicious and authentic dishes that will transport them to the colorful streets of Mexico *500 Mexican Dishes* ,2010 Contains five hundred Mexican recipes including soups salads poultry beef pork lamb fish vegetables desserts and more **Food Nations** Warren Belasco,Philip Scranton,2014-06-03 This original collection abandons culinary nostalgia and the cataloguing of regional cuisines to examine the role of food and food marketing in constructing culture consumer behavior and national identity Real Mexican Food Ben Fordham,Felipe Fuentes Cruz,2022-05-10 Fresh authentic and delicious recipes appealing to lovers of Mexican food From the sea influenced dishes of the beaches of Baja and Cancun to the cowboy vaquero influenced cuisine of the El Norte region Mexico has an amazing variety of vibrant flavours to offer All of this rich culinary culture has inspired Benito s Hat s delicious burritos tacos soups and salads This cookbook created by Ben Fordham and Mexican chef Felipe offers not only their favourite dishes but many more delights from Felipe s own collection of family recipes These dishes cater for vegetarians and meat eaters alike as well as both the newcomers to Mexican food and the seasoned veterans You ll find Starters Soups Main Dishes Side Dishes Salsas Desserts and Drinks Mouth watering recipes include guacamole with homemade corn tortilla chips chicken quesadillas tofu tacos pork tamales refried pinto beans with paprika Mexican flan ice cold margaritas and refreshing non alcoholic juices

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Mexican Menus Introduction

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