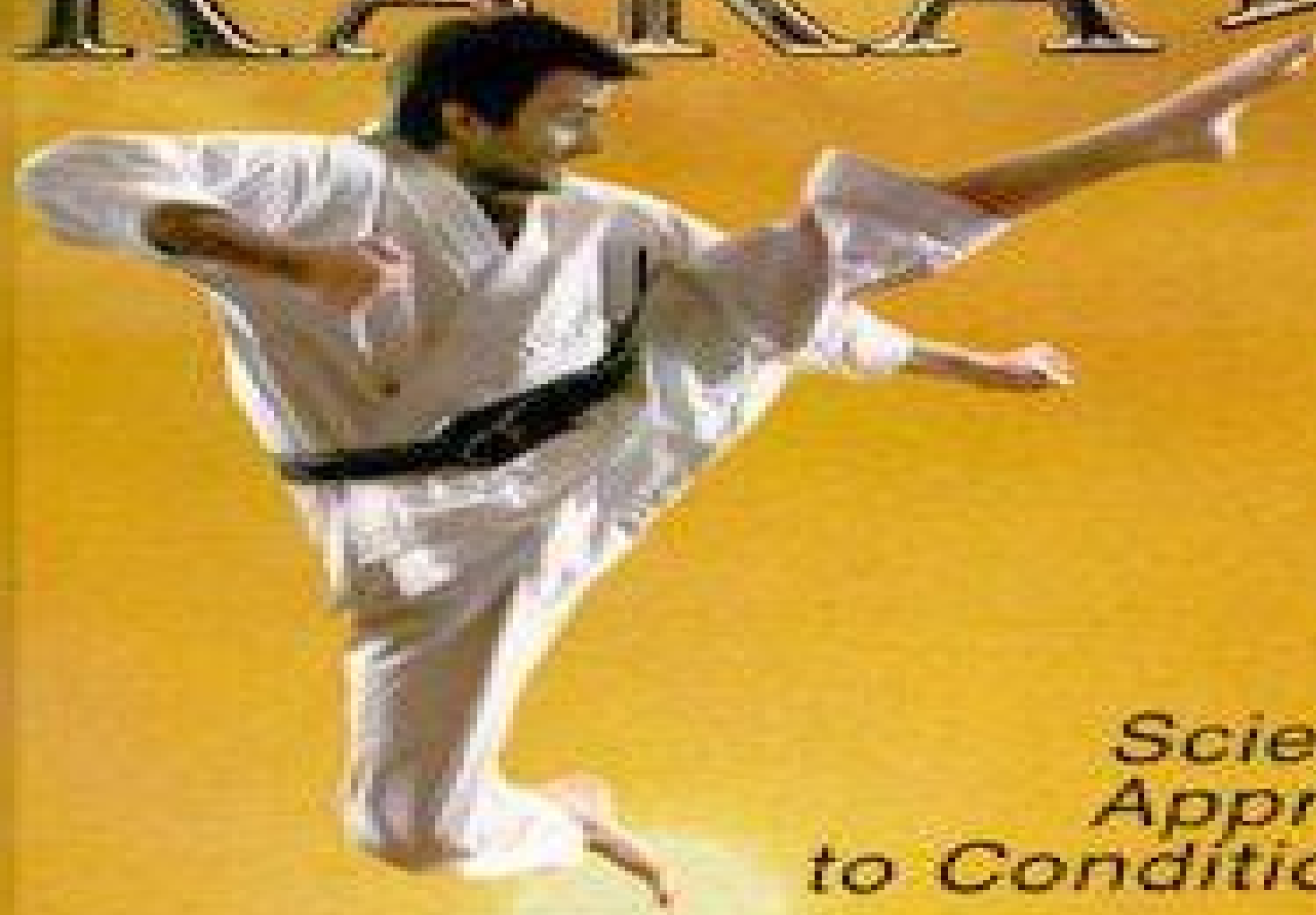


MODERN KARATE



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*Scientific
Approach
to Conditioning
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Modern Karate Scientific Approach To Conditioning And Training

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