

# THE SPIRITUAL COMBAT

DOM LORENZO SCUPOLI



TRANSLATED BY  
WILLIAM LESTER AND ROBERT PAUL MOHAN



CATHOLIC WAY  
PUBLISHING

# Lorenzo Scupoli And The Spiritual Combat

**Lorenzo Scupoli**



## **Lorenzo Scupoli And The Spiritual Combat:**

*The Spiritual Combat* Lorenzo Scupoli, 2014-02-15 *The Spiritual Combat* by Lorenzo Scupoli is a practical guide to the spiritual life with a message centered on humility and a goal to defeat individual passions. The author begins the process with self evaluation and identifying our internal weaknesses. He then provides us with the methods to battle these shortcomings and guard against our own evil inclinations. In 1589 the first edition of *Il combattimento spirituale* *The Spiritual Combat* appeared and contained thirty three chapters. But Scupoli continued to add to the text and it gradually grew into the current version containing sixty six chapters. Since its introduction four centuries ago approximately six hundred editions have been published globally. Scriptoria Books has transcribed this edition word for word from the original text. It was then edited, formatted, typeset and proofread through each revision. Our procedures are not automated. Our editions are not facsimiles and do not contain OCR interpreted text. Our books are carefully created new editions of classic works. **The Spiritual**

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Scupoli, 1909 *Unseen Warfare* Lorenzo Scupoli, Saint Nicodemus (the Hagiorite), 1987 Rich in references to the teaching of the saints and Fathers, this book combines the insights of West and East. A classic of Orthodox spirituality. **Unseen Warfare** Feofan (Bishop of Vladimir.), 1952 **Unseen Warfare** Lorenzo Scupoli, 1953 *Being the Spiritual Combat and Path to Paradise of Lorenzo Scupoli* Lorenzo Scupoli, Herbert Arthur Hodges, Saint Nicodemus (of the Holy Mountain), Saint Feofan (Bishop of Tambov and Shatsk), 1952 *Unseen Warfare* Lorenzo Scupoli, 1952 *The Spiritual Combat* Lorenzo Scupoli, 2020-01-26 St Francis de Sales always carried this book in his pocket. *The Spiritual Combat* is the classic manual of spiritual warfare. Its wisdom has helped form the souls of the Church's greatest saints. Now this book can do the same thing for you. It's no longer fashionable to speak about the realities of the devil and demons and so the world has become more

vulnerable than ever before The Christian life is a battle between God and the forces of darkness This is the Art of War for the Christian Pick up your sword and fight Here Father Lorenzo Scupoli helps guide you through this spiritual battle so that you can win decisively the war for your soul This is the classic work on spiritual combat Loved by saints and sinners alike ever since it was first written four hundred years ago Why It provides straight forward practical sensible advice to help you daily overcome the devil s temptations and other spiritual obstacles to achieve spiritual perfection This battle ready advice includes 12 ways to contemplate death to help you live better now 7 reflections to help you be sorry for sinning 7 powerful methods of prayer Pushing through dry periods when prayer is difficult and burdensome Pick up the sword of prayer and conquer the evil which afflicts you and through you your family your friends and the world Don t go into battle alone Go with Christ and this classic combat manual      *The Classics Made Simple: The Spiritual Combat* Lorenzo Scupoli,2011-09-21 The Classics Made Simple The Spiritual Combat is part of a series designed to provide an orientation course before you embark on the the great works of Catholic Literature Each Made Simple booklet will give you vital facts and features such as Introduction to the TAN Classic Major Events Timeline Biography How to Read a TAN Classic color images Words to Know and much more This series will provide you with a compass for navigating the best of Catholic writings      **Spiritual Combat** Lorenzo Scupoli,2002-08-15 St Francis de Sales carried a copy of this book in his pocket for 18 years Its wisdom formed his soul it inspired him to a life of the deepest devotion and ultimately it helped him become one of the Church s greatest saints Now this book can do the same thing for you It s no longer fashionable to speak of the Christian life as a battle but there s actually no better way to describe the tug of war for your soul that s raging right now between the forces of light and darkness Here Dom Lorenzo Scupoli helps you take your proper part in this spiritual battle so that you can win decisively the war for your soul This book has been loved by saints and sinners alike ever since it was written four hundred years ago Why Because it offers sensible advice to help you overcome spiritual obstacles and achieve spiritual perfection Not only what but how Best of all Spiritual Combat doesn t just tell you what you ought to be doing in order to live a truly Christian life it also shows you how to do it These directions include Seven reflections to help you be sorry for sinning Twelve ways to think about death they ll help you live better today Prayer seven ways to achieve its full benefits What to do when prayer is dry and burdensome or simply impossible With wise spiritual guidance like this and much more you ll soon be winning all your spiritual battles battles that most people concede without a fight This great spiritual classic has influenced Catholic and Eastern Orthodox spirituality for four hundred years Its republication is part of the new surge of interest in reforming Catholic life and practice Fr Benedict Groeschel Arise from Darkness      **The Spiritual Combat, The Peace of the Soul, and Thoughts on Death** Lorenzo Scupoli,2020-05-29 First published in 1589 Father Lorenzo Scupoli s The Spiritual Combat The Peace of the Soul and Thoughts on Death is a classic Catholic text on spiritual discipline Scupoli s work was commercially successful and was highly influential soon after it was published Prominent religious figures such as St

Francis de Sales recommended that everyone under his direction read it every day as he did Father Scupoli believed that in one's daily life one must fight or die in a spiritual sense. The battles against vice, passions, impurity and sloth must be fought constantly if there is to be victory of the spirit and soul. Father Scupoli intended that his work be a practical guide to daily living and shows how to replace the egotistical longings of the mind with charity, sacrifice and discipline. A true believer must trust fully in God's power and His infinite goodness in order to find eternal life in Heaven. Father's Scupoli's work continues to resonate with the faithful and spiritual today as he found lessons in common, timeless human events and he shows how the faithful may cope with these challenges and remain virtuous and pure of mind. This edition is printed in premium acid-free paper.

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