

Male Fertility

Men's fertility, defined as an ability to cause a pregnancy in a fertile woman, is mainly concerned with their **sperm**.

FEATURES OF MEN'S FERTILITY

Sperm Production:

- Occurs in testicles
- Takes up to 74 days



Sperm Transport:

- Triggered by sexual arousal
- Sperm travel in semen



Sperm Function:

- Must withstand vaginal defenses
- Have to compete for the egg

HEALTHY SPERM

Only the **healthiest, strongest, and fastest** sperm gets to fertilize the egg.

• Count

15mln - 300mln
sperm per mL of semen

• Motility

At least 40% of
sperm are moving

• Shape

At least 4% have long
tails & oval heads



MALE FERTILITY AND AGE

- Male fertility declines with age, but more slowly than female's.
- The most fertile age for a man is **before he turns 40**.
- Sperm motility, count, and shape decrease by 50% after 50.



Male Fertility And Sterility

Clemens Wendtner



Male Fertility And Sterility:

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Male Fertility And Sterility Introduction

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