



My Life Tape

Terrence IMANI Herbert



My Life Tape:

One-of-us J. Elliott Goldwyn, 2005-09 War is hell and never has it been more hellish than in this moving collection of poetry by Viet Nam War veteran Jim Soular Few today can deny that the war was a horrific tragedy resulting in the deaths of 60 000 Americans and millions of Vietnamese Laotians and Cambodians The first section In Country assaults the reader with all the charm of a meat grinder as the poet serves up image after violent image of the indiscriminate carnage of war and the gruesomeness of death in the triple canopy jungles of Viet Nam The second section Back in the World returns us to the States but not necessarily to sanity as Soular wades through the psychological aftereffects of the war for both the veterans and their families With vivid and carefully chosen imagery this section portrays the mind numbing consequences of exposure to war its accompanying PTSD and the tremendous guilt sorrow and despair that many veterans and their families live with to this day These poems are a raw new look at war vignettes of horror guilt and sorrow in what many consider America s longest and most brutal conflict as well as its most divisive since the Civil War *Who Am I ?* Terrence IMANI Herbert, 2020-12-02 This book is not a tell all book It s a tell what I want to tell about my life and the many twists and turns I took to get to where I am now Hopefully it will make you laugh and make you cry At times it might make you want to hug me or punch me in the face It should get people who think they know me to better understand me And for others to understand and believe that change is possible for everyone *Field & Stream* ,1973-01 FIELD STREAM America s largest outdoor sports magazine celebrates the outdoor experience with great stories compelling photography and sound advice while honoring the traditions hunters and fishermen have passed down for generations **If You Think You Can!** TJ Hoisington, 2011-12-15 Even with enormous potential most people set out unequipped to achieve their goals and dreams Just as there are laws that govern nature there are also laws that govern performance and achievement Unfortunately people are either unaware of them and therefore do not align themselves accordingly or they simply are not applying them consistently As a result many people seek to achieve goals but find that the results they desire constantly elude them The reality is that you have greatness within Your potential is enormous However in order to unleash your potential and achieve your goals you must understand and apply the governing laws that turn dreams into reality There are proven laws of success that starts with the way you think This book provides simple strategies and tactics for achieving success Over the last few hundred years of recorded history the common denominators that lead to personal achievement have consistently surfaced By changing your thinking about yourself and by applying the 13 laws within this book you can begin making your goals a reality Within the pages of this book are powerful stories and examples of success and failure that will inspire all who read them TJ shows you what habits must be formed and what steps must be taken to achieve any goal you set Simple and concise If You Think You Can is a source that will help you achieve whatever you want in life **My Life's Journey** Tim Cronin, 2019-07-31 My Life s Journey By Tim Cronin My Life s Journey chronicles the obstacles Tim Cronin encountered growing up with autism Through all of his trials and tribulations

the author faces challenges with optimism and joy that he finds in Metal music and the greatest roller coasters that the United States has to offer The author hopes that the reader will learn to remain positive no matter what life throws at them and to know that you re never alone in life there are always other people out there that have similar battles to fight **The Sackbut Tapes** Natty Bumppo,1998 **True Identity** Imani N. Dodley - Olear,2018-02-12 My memoir is a story of redemption freedom from fears my ego and one of love and forgiveness It is more than a story of falling in love with my now husband although that was the classroom But it is a story of questioning how we all can experience and know joy without any particular thing going on but rather finding it within **Girl Gets World** Tamara Dorris,2001-05-31 Girl Gets World And You Can Too is a straight forward approach to female success in the new century It is only through careful assessment planning and correct thinking that we can reach our full capacity for glamour glory and unsurpassed success The author guides readers down a path of light hearted deep seated and thought provoking exercises and information that catapults the female gender to a new all time high Learn about the circles of womanhood healing past hurts the secrets of ridding negativity from your life money matters effective visualization techniques and self hypnotic programming Whether you are still a student or a senior citizen a mother or a mid level manager whether you run companies or daycare centers this publication is priceless and will change your life forever *Fridays with Landon* Richard McKenzie Neal,2006-09-06 The words contained within the covers of this book are intended to speak to some of lifes ups and downs Life encompasses a multitude of components that require daily maintenance and or managementand your judgment in those areas will drive the direction of your existence Life will sooner or later introduce you to the good the bad the ugly and everything in betweenhumor joy sadness and the always present mystery The author believes the words in this book to be universalalthough not universally spoken nor acknowledged Richards odyssey has been continuous from the denial of his rural Arkansas roots to his acceptance in Phase Three While the Greyhound bus physically transported him away from his disdainand provided the escape from his dysfunctional family the relocation only skewed his perspective California was a world apart from Arkansas and without an education and or a craftlife would severely test the authors fortitude and determination It would resemble a scavenger hunt as he chased his always moving always fading demons for personal understanding This book began simply enough as letters to his son the second of two from the authors second marriage who was is also seeking self understanding The son was serving prison time for drug usage and drug related crimes stemming from twenty years of abuse Added to that his son Landon is afflicted with epilepsy and the combination epilepsy and heroin can produce deadly consequences His sons first letter not only requested that his father correspond with him but that he fill in the gaps of his lifehis words were Dad I know nothing of you before our family The father was taken abackhe had rarely if ever thought about his past lifemuch less verbalized it to others Initially as he reflected on the request he wondered if he even remembered anything about his pastor had he buried it so deeply through denial that he would never be able to

resurrect the information that his son was requesting The book chronicles the authors early years in Arkansas and his own drug abuse during his twenties as he struggled in California The book reveals the authors insecurities regarding his lack of a formal education How he created a faade to conceal his perceived deficiencies as he managed a challenging career the majority of those years at the supervisory level within the oil industry One cannot read just one of the letters encapsulated between the Foreword and the last page and fully comprehend the purpose and or intent of this collaboration between the writers present life and his long buried past Singularly none of the enclosed correspondence is capable of standing alonebut linked together they provide a measure of insightfulness and understanding you decide about what There are common threads woven throughout the writingand there are also subliminal messages advice thoughts insight understanding encouragements and reconciliation embedded within the dynamics of this endeavor From the author Landon and I have come a long way with our burdens and while neither of us have arrived yetI believe we are both on the correct path and approaching the other side But only time will tell **An Inspiration Today ,**

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