



MY PARENTS

KAGAN'S SOCIETY AND PARENTS STUDIOS PRESENTS
"MY PARENTS"
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My Heroesmy Parents

Andy Russell



My Heroesmy Parents:

My Hero The My Hero Project, 2005-11-08 In My Hero some of the brightest lights from around the globe share in their own words stories about the people who have been the greatest source of strength and inspiration to them With essays by military heroes political leaders and Nobel Prize winners sports heroes firefighters scientists and schoolteachers and with an introduction by basketball legend businessman and philanthropist Earvin Magic Johnson this collection gathers individuals who themselves are shining examples to tell us about the people who have illuminated their own lives How did Dana Reeve come to find such grit and grace when her fairy tale prince was thrown from his real life steed paralyzed from the neck down What traits of baseball great Ted Williams have inspired war hero Senator John McCain since childhood What impact did Nelson Mandela have on boxing legend Muhammad Ali Why does one of the all time greats of baseball Yogi Berra believe that he owes each of his legendary home runs to his brothers How did Michael J Fox find a woman who would walk away from a spectacular career in finance in order to fight for a cure for Parkinson s disease at the helm of his nonprofit foundation Why does John Glenn a man who flew into space twice and served a quarter century on the Senate floor look up to his own wife Annie Glenn as the true hero in the family In a world hungry for good examples My Hero reminds us that heroes come in all shapes and sizes It also teaches us that the words and deeds of those who inspire us are as varied as the stars that illuminate the night The editors of My Hero and the contributors are donating all royalties from this book to the nonprofit My Hero Project

The Poetry of My Life Anita Anne Williams, 2010-07-07 In this book I describe different events that I have occurred throughout my life by using poetry My first love has always been writing songs and poetry My songs and poems helped me express the way I am feeling without speaking a word I wrote my first poem at nine years old in Cheraw South Carolina after my grandmother passed away I wrote a poem for her I never imagine in a million years that I would have my poetry published This shows that anything is possible if you believe in yourself and don t let anyone discourage you I am a mother of two boys I am at the point of my life where I am trying to set good example for children I hope this encourages them to reach their dreams I am from West Palm Beach Florida I miss home a lot I travel back and forward whenever I get time off from work I hope that my poems can be inspirational to you And I would like to thank God for not letting me give up and for the different talents he has blessed me with

My Father, My Hero Doug Robbins, 2016-08-02 What qualities make a man an effective father Are there a few key things a man can do that will lead his children to keep respecting him and want to emulate his Christian walk even when they are grown My Father My Hero is the author s introspective walk through the Bible to try and find answers to those questions By examining Bible fathering stories with both good and bad outcomes along with some other key teachings of Jesus this book finds answers that many dads will find quite helpful Especially with the hectic pace of life that many dads face today the conclusions of this book will allow dads to focus their energy on the things that ultimately matter the most in transferring our hearts to our children TWIGS from

the Heart Diane Bogdan,2005 **Strength Of My Ancestors Within Me** Vivene Joy Brown,2023-08-11 After surviving an abusive relationship raising seven children and wrestling with self doubt and fear Vivene Brown brings wisdom and insight to her memoir and first book **Strength Of My Ancestors Within Me** A riveting story about a woman s perseverance in her fight to break the cycle of violence and give her children more support and opportunity than she experienced growing up this tale of reliance will inspire readers and encourage those fighting to be free from their own repressive relationships Ms Brown also traces the history of her ancestors giving the narrative a setting that begins in 1923 Jamaica and continues into 2023 Canada Her own history of neglect abuse and turmoil features prominently against a powerful backdrop consisting of a century of trials overcoming and self discovery Along the way she uncovers secrets that have been hidden for generations providing her with an even greater understanding of her past and readers with a deeper appreciation of history and the scourge of slavery around the world Ms Brown offers her audience advice insight and lessons on love family and relationships A wonderful book for adult readers of all ages and walks of life **Strength Of My Ancestors Within Me** will engage and inspire Don't Let It Die Young Don't Let It Die Young Simran Yonzon,2024-08-13 Don t Let It Die Young is romantic fiction with elements of heartbreak grief loss respect and second chances Set in a picturesque modern London the story follows Elizabeth Carter a talented writer who meets Henry Walker a model in a library and decides he is her muse for life and David her boss who she never realized is head over heels in love with her As old sparks die new sparks ignite and new challenges arise Elizabeth navigates the complexities of modern day work and romance She uncovers secrets that challenge her understanding of love and her own place in it Filled with emotional depth charming characters and the beauty of rekindled love Don t Let It Die Young is a captivating tale that will leave readers believing in the power of true love **New Woman** Various, India s leading women s English monthly magazine printed and published by Pioneer Book Co Pvt Ltd New Woman covers a vast and eclectic range of issues that are close to every woman s heart Be it women s changing roles in society social issues health and fitness food relationships fashion beauty parenting travel and entertainment New Woman has all this and more Filled with quick reads analytic features wholesome content and vibrant pictures reading New Woman is a hearty and enjoyable experience Always reinventing itself and staying committed to maintaining its high standard quality and consistency of magazine content New Woman reflects the contemporary Indian woman s dreams just the way she wants it A practical guide for women on the go New Woman seeks to inform entertain and enrich its readers lives Getting Real About Race Stephanie M. McClure,Cherise A. Harris,2017-08-24 Getting Real About Race is an edited collection of short essays that address the most common stereotypes and misconceptions about race held by students and by many in the United States in general **New York Court of Appeals. Records and Briefs.** New York (State)., **The Problem Was Me** Thomas Gagliano,2012-07-10 A motivational can do guide to putting aside negative self talk and taking your life to the next level A single negative message in our childhood can carry a lifetime sentence Unfortunately many people experienced barrage after

barrage of negative messages while growing up These messages can morph into what author Thomas Gagliano calls The warden an oppressive bully who sat on my shoulder for years Mr Gagliano and Dr Abraham Twerski inspire readers to silence this inner voice of self doubt and fear and begin living proactive satisfying lives Moving past addictive acting out depends on right action and right thinking With candor and humility the authors show readers how to work an honest recovery program and break the cycle of negative thinking and addictive acting out **The Time of My Life** Jerome M. Zaslow,2011-07-22

Jerry was told that this would be a great book for baby boomers It is a story of its timelate in the Great Depression World War II postwar America how Jerry and his brothers grew their fathers business as well as Jerrys philosophy of life and its impact on his family and career His midlife adventures included becoming an athlete at the age of 51 without ever participating in sports prior to that time This story of ambition and unwavering determination to succeed against all odds is evident from the beginning to the end of this inspiring account of an average young man who was determined to make something of himself come hell or high water With his dogged determination and drive Jerry completed the NY City Marathon at the age of 53 the first of 14 marathons that included eight NYC marathons four Boston Marathons one Marine Corps Marathon and one London Marathon According to Jerry one doesnt attain their adulthood until age 65 At the age of 84 Jerry recovered from a broken pelvis and hip to walk without a cane within five months In fact with the blessing of his orthopedic surgeon he is gradually getting back into running He relinquished his position as president and CEO of the family business to his eldest daughter Janet in 2006 Jerry currently works full time as Chairman of the Board He is also the companys Senior Negotiator and Chief Strategist at the age of 85 **What Will Other People Think?** Tom Clement,2011-06-01 DescriptionBorn an

only child to a family with a traditional but outdated view to discipline Tom spent his early years on the outskirts of London before his family moved to a cottage in the countryside After his father became interested in horseracing it was decided that the family were going to move to Newmarket to follow his fathers dream of becoming a successful race horse trainer The idyllic life that his family hoped to pursue when they moved to Newmarket never happened as they were betrayed by a colleague and lost their financial security Becoming targets for people who had been wronged by the same person that deceived them As his world grew more uncertain his mental health began to wain and by the time his grandparents committed suicide Tom was engulfed in a fully blown psychotic illness that led to him being sectioned when he was sixteen After finding a flaw in his psychotic delusions Tom worked hard to regain some control of his life and integrate with the lifestyle of Newmarket s famous horseracing industry Tom then embarked on a years long quest to fit in and be normal But ultimately the desire to fit in with everyone else and the pressures of trying to live up to other people expectations caused him to have a major relapse that threw his world in turmoil This biography charts the progress if one young mans recovery from severe mental illness and touches on the damage that can be done from trying to live up to other peoples expectations About the AuthorTom currently resides in Newmarket where he enjoys nature illustration listening to music and singing

songs he s written when nobody is listening Hopefully one day he ll let you listen You never know stranger things have happened He s recently become involved with the local service user group Suffolk User Forum SUF and believes that service user involvement is essential for maintaining and improving services for other people who experience mental distress

Voices of Historical and Contemporary Black American Pioneers Vernon L. Farmer,Evelyn

Shepherd-Wynn,2012-05-15 The stories of black American professionals both historic and contemporary reveal the hardships and triumphs they faced in overcoming racism to succeed in their chosen fields This extraordinary four volume work is the first of its kind a comprehensive exploration of the obstacles black men and women both historic and contemporary have faced and overcome to succeed in professional positions Voices of Historical and Contemporary Black American Pioneers includes the life and career histories of black American pioneers past and present who have achieved extraordinary success in fields as varied as aviation and astronautics education social sciences the humanities the fine and performing arts law and government and medicine and science The set covers well known figures but is also an invaluable source of information on lesser known individuals whose accomplishments are no less admirable Arranged by career category each section of the work begins with a biographical narrative of early black pioneers in the field followed by original interviews conducted by the editors or autobiographical narratives written by the subjects In all more than 150 scholars and professionals share inspiring insights into how they persevered to overcome racism and succeed in an often hostile world Chicken Soup for the Soul:

Just for Teenagers Jack Canfield,Mark Victor Hansen,Amy Newmark,2011-07-26 Chicken Soup for the Soul Just for Teenagers supports and inspires teenagers as they grow up reminding them they are not alone as they read stories from teens just like themselves about the problems and issues they face every day Teenage years are tough but this book will help teens as they journey through the ups and downs of adolescence The stories in this book serve as a guide on topics from the daily pressures of life and school to love friendships parents and much more This collection will encourage inspire and amuse teens showing that as tough as things can get they are not alone Devotional Discovery Tracy Curington,Abigail

Curington,2023-10-25 Can we not find a good reason to praise the Lord with a new song upon the earliest day of a new year We might begin our song by praising God for His forgiveness of sins the deliverance of sinners and the protection of His saints Next we might give Him glory for every blessing for every answered prayer and for the fulfilment of His promises to humankind Then we could go further in our exalting Jehovah by honoring His person for He is good kind loving just holy wise merciful and gracious though all we like sheep have gone astray In Devotional Discovery authors Tracy Curington and Abigail Curington take a deep dive into exploring God s word through 366 days of devotionals giving you an opportunity to explore every chapter and verse of God s word in one year Written by a father daughter duo this devotional offers a companion resource to reading the Bible Each devotional ends with a suggested scripture reading Muslims of the World Sajjad Shah,Iman Mahoui,2018-10-09 We are living in a time of unrest for many members of the Islamic faith around the globe

Enter Muslims of the World a book based on the popular Instagram account MuslimsoftheWorld1 Like the account the book's mission is to tell the diverse stories of Muslims living in the US and around the world Illustrated throughout with moving photographs each chapter will focus on different aspects of the Islamic faith and the many varying cultures it encompasses offering tales of love family and faith while empowering Muslim women refugees and people of color Whether it is telling a story about a young Syrian refugee who dreams of being a pilot or about a young girl's decision to not remove her hijab which in turn saved her family's life Muslims of the World aims to unite people of all cultures and faiths by sharing the hopes trials and tribulations of Muslims from every walk of life **My comfort place is mom and dad** Paromita Das,2025-03-10

An embracing portrayal of the warmth support and comfort that parents give children is this interplay called Shrine of Love This story speaks of the tremendous sense of belonging trust and calm provided through the redemptive power of parental affection THE UNBREAKABLE BOND deals with the very dynamic of parenthood the highs and lows changes of attitude and hearts and the unexplainable bond Also revealed is an unbelievably insightful portrayal of parenthood's sacrificial love where the parents are just as heavily involved in their growth and transformation as are their kids *Faces of Learning* Sam Chaltain,2011-02-22 Inspirational stories of engaging real life educational experiences Everyone has a personal learning story a time when they became actively engaged in their own education Maybe it was an especially challenging teacher or a uniquely supportive environment or a collaborative classroom In Faces of Learning both well known public figures such as Arne Duncan and Al Franken and ordinary Americans recall the moments when they truly learned something Includes stories from people of all different backgrounds and from all over the country The stories are grouped into categories by theme like relevant and experiential to help reveal the common characteristics of what works in education Each chapter ends with five things you can do to improve your own learning that of your students and of all Americans Readers can visit the companion website www.facesoflearning.net to share their own stories of educational success and find out what else they can do

Andy Russell Andy Russell,1998-09 Andy Russell two time Super Bowl Champion and seven time Pro Bowler with the great Pittsburgh Steelers teams of the 70s writes about his career and his teammates on these great teams Russell writes The stories about my teammates are not a recounting of their many records awards and other sporting achievements but instead recollections of some of my personal interactions with them Lynn Swann Mel Blount Terry Bradshaw Joe Greene Chuck Noll Jack Ham Rocky Bleier Jack Lambert Franco Harris and more are included Living To Be A Hundred Meera Shashidhara,2013-08-01 IF THERE IS ONE BOOK WHICH SPANS GENERATIONS WITH THE COMMON THREAD OF COLLECTIVE WISDOM IT IS THIS ONE Nineteen centenarians from different countries and a cross section of society share their memoirs intertwined with the history of their century as they experienced it They were ordinary people who lived extraordinary lives In these pages they share their values beliefs habits attitudes and lessons learnt from living to be a hundred Most important of all they tell us how to harmonise science and soul They were around from the rustic horse and

buggy age to the sequencing of the human genome They witnessed the Big Bands performing the railroads being constructed and Gandhiji's non violent movement against the British They have had personal experiences of the Great Depression the World Wars the Japanese invasion of China India's freedom struggle and apartheid They have lost children to war and poverty So what inspired them and kept them Spirited What did they learn from history How did they find the strength and the will to keep going in times of despair Is there hope in the 21st century for all of us to achieve more fulfilling lives In their diverse narratives they offer us a common and real hope for health longevity and a saner world based on our own humanity

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