

RESTRAINT—FREE CARE

Individualized Approaches for Frail Elders

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Joanne Patterson Robinson
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Springer Series on Geriatric Nursing

Restraint Free Care Individualized Approaches For Frail Elders

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Restraint Free Care Individualized Approaches For Frail Elders:

Restraint-Free Care Lois K. Evans, DNSc, FAAN, RN, Neville E. Strumpf, PhD, RN, C, FAAN, Joanne Patterson Robinson, PhD, RN, Joan Stockman Wagner, MSN, CRNP, 1998-09-15 This book is designed to help clinicians administrators students and families attain the goal of restraint free care of the elderly Written by leading experts in the field the book contains specific strategies for understanding behavior making constructive changes in the individual s environment and managing the risk of falls and interference with necessary treatments It is organized in outline form to highlight critical material and to be readily adaptable as a quick reference The authors use individualized care as the book s underlying philosophy The goals of individualized care include promoting comfort and safety optimizing function and independence and achieving the greatest possible quality of life Such care requires clinicians to make sense of behavior rather than to control responses of clients Numerous case studies tables and figures illustrate this practical and information packed manual Lists of resources are also included

Restraint-free Care Neville E. Strumpf, 1998

Rights, Risk and Restraint-Free Care of Older People Rhidian Hughes, 2010 This book provides health and social care professionals with an authoritative reading resource on the ethics and use of restraint It provides an overview of the different forms of restraint the conditions under which they are used and their implications for the health and wellbeing of older people

Principles and Practice of Geriatric Medicine M.S. John Pathy, Alan J. Sinclair, John E. Morley, 2006-02-03 The fourth edition of the highly acclaimed Principles and Practice of Geriatric Medicine provides an account of the fundamental changes associated with ageing which are essential to our understanding and management of the elderly sick population The title has been extensively revised and updates to reflect the enormous changes in treatment options and medical conditions emerged since publication of the third edition Written by worldwide experts of international repute this is the most up to date and comprehensive single reference source currently available Principles Practice of Geriatric Medicine Fourth Edition incorporates More than 30 new chapters including Preventive geriatrics Anorexia of Aging Managements of Weight Loss Dehydration Vitamins and Minerals in the Elderly Cancer and Aging Mild Cognitive Impairment Treatment of Behavioral Disorders The Older Patient with Down s Syndrome Drug Abuse in Older People Breast Cancer Women s health A truly global perspective including new chapter on Care of the elderly in Israel old age in a young land Geriatric Medicine in China Geriatric medicine education in Europe Geriatrics from the European Union Perspective India Day Hospitals Perspectives from Latin America The title will be indispensable for all those involved in the treatment of older patients Gerontologists to keep up to date with the latest developments in the field General practitioners and specialists in health policy and community care who increasingly have to deal with a significant number of older people Academic researchers in geriatric medicine who are in need for an all encompassing reference work Medical registrars UK residents US in order to pass their exams Teachers of Geriatric Medicine Hospital libraries with increasing budgets to spend on much needed resource in this growing field Professionals within the pharmaceutical industry

in order to monitor treatment options and new prescription developments *An Introduction to Hospitals and Inpatient Care* Saeid Mirafzali, MD, Janice Foust, PhD, RN, Eugenia L. Siegler, MD, FACP, 2003-02-01 This book offers an overview of key elements of the hospital its structure administration and its functioning Students and new clinicians may be so focused on mastering specific clinical skills that they have little time to observe or question the whole process of care This book looks beyond acute disease to the environment of care how it works how it doesn't work and how it might improve Issues discussed include understanding and communicating with families the basics of hospital finance how dangerous hospitalization can be to the elderly and how to minimize errors Medical students and residents advanced practice nurses and physician's assistants are among the many potential readers for this book **Ethics, Law, and Aging Review, Volume 7** Marshall B. Kapp, 2001-09-24 This book discusses both the real and perceived legal liability context within which health and human service delivery to older persons takes place The benefits and costs of litigious legislative and regulatory interventions on the quality of care and the quality of life for recipients of geriatric services is evaluated *The Encyclopedia of Elder Care* Eugenia L. Siegler MD, FACP, Elizabeth Capezuti PhD, RN, FAAN, Mathy Mezey EdD, RN, FAAN, 2007-10-25 Focusing on the broad but practical notions of how to care for the patient The Encyclopedia of Elder Care a state of the art resource features nearly 300 articles written by experts in the field Multidisciplinary by nature all aspects of clinical care of the elderly are addressed Coverage includes acute and chronic disease home care including family based care provisions nursing home care rehabilitation health promotion disease prevention education case management social services assisted living advance directives palliative care and much more Each article concludes with specialty web site listings to help direct the reader to further resources Features new to this second edition More extensive use of on line resources for further information on topics Thoroughly updated entries and references Inclusion of current research in geriatrics reflecting evidence based practice New topics including Assisted Living Nursing Home Managed Care Self Neglect Environmental Modifications Home Institution Technology Neuropsychological Assessment Psychoactive Medications Pain Acute and Chronic Still the only reference of its kind The Encyclopedia of Elder Care will prove to be an indispensable tool for all professionals in the field of aging such as nurses physicians social workers counselors health administrators and more Patient Safety Jacqueline Fowler Byers, Susan V. White, 2004-06-03 This book provides readers with both a foundation of theoretical knowledge regarding patient safety as well as evidence based strategies for preventing errors in various clinical settings The authors goal is to help clinicians and administrators gain the skills and knowledge they need to develop safe patient practices in their organizations Key topics include An overview of evidence based best practices for patient safety Clear explanation of important patient safety policies and legislation Innovative uses of technology such as computerized provider order entry barcoding medications and computerized clinical decision support systems The importance of an informed patient in preventing medical errors How to communicate with the public and the patient about errors if they occur Special patient

safety concerns for children the elderly and the mentally ill **Restorative Care Nursing for Older Adults** Barbara Resnick, 2004-07-28 The purpose of restorative care nursing is to take an active role in helping older adults maintain their highest level of function thus preventing excess disability This book was written to help formal and informal caregivers and administrators at all levels to understand the basic philosophy of restorative care and be able to develop and implement successful restorative care programs The book provides a complete 6 week education program in restorative care for caregivers many suggestions for suitable activities and practical strategies for motivating both older adults and caregivers to engage in restorative care In addition the book provides an overview of the requirements for restorative care across all settings the necessary documentation and ways in which to complete that documentation Critical Care Nursing of Older Adults Marquis D. Foreman PhD, RN, FAAN, Terry T. Fulmer PhD, RN, FAAN, Dr. Koen Milisen PhD, RN, 2009-11-16 2010 AJN Book of the Year Award Winner in Critical Care Emergency Nursing Designated a Doody's Core Title This evidence based book is an excellent reference for ensuring high quality management of the elderly and of their particular needs in the critical care setting AJN This book's contents run the gamut of elder problems and care physiology pharmacology nutrition restraints substance abuse it is a compendium that can be used as a text or a resource Claire M Fagin PhD RN FAAN From the Foreword This book is an evidence based best practices guide that directs the bedside care of critically ill elders The book serves as a reference on major clinical issues for nurses working at the forefront of care from nurses in critical care and step down units to those in trauma and emergency departments Nurse educators at all degree levels will also find this book to be useful as a textbook and resource for students The authors provide evidence based practical guidelines for both the complex clinical and management aspects of care The book offers comprehensive coverage of all the issues caregivers need to be up to date on including the standards of practice for geriatric care new technologies pharmacotherapy pain management issues ethical issues and much more Key topics discussed Strategies for patient safety for older patients in the intensive care setting Family responses to critical care of the older adult Infection sepsis and immune function Understanding and managing sleep disorders in older patients in the ICU Heart failure in the critically ill older patient Substance abuse and withdrawal in elderly patients **Care of Gastrointestinal Problems in the Older Adult** Sue E. Meiner, Sue E. Meiner, GNP, EdD, 2004-04-15 This book provides nurses with practical information on the most frequently encountered gastrointestinal disorders and problems found in the elderly from constipation hemorrhoids and diverticulosis to cancers of the GI tract It was developed to provide greater depth of information than can be found in general nursing textbooks and to tailor this information to the special needs of the elderly Each chapter includes a definition of the condition followed by its cause normal and abnormal physiology nursing care with attention to nursing diagnoses interventions medications and alternative therapies where appropriate Health promotion nutrition and quality of life issues are included as an essential part of any plan of care for older adults *Care of Arthritis in the Older Adult* Sue E. Meiner, EdD, APRN, BC,

GNP, Ann Schmidt Luggen, PhD, RN, MSN, CS, BC-ARNP, CNA, 2002-09-26 This concise guide provides nurses with the tools to help older adults with arthritis achieve the highest possible quality of life. Practical tips on nursing management, self care and the importance of exercise are a focus throughout. Part one presents specific arthritic conditions in a uniform format: epidemiology, clinical features and management, diagnosis, pharmacotherapy and nursing management and interventions. Part two presents general strategies for managing arthritis including comprehensive chapters on pain management, exercise and patient teaching. Any nurse working with the elderly will find this a fundamental resource. **Textbook of Emergency**

Medicine Suresh David, 2011-01-01 Textbook of Emergency Medicine Vol 1 and 2 is a comprehensive and contemporary exposition of the vast array of disorders and emergencies that might present to the emergency or casualty department of a hospital. *Prostate Cancer* Meredith Wallace, PhD, ARPN-BC, 2002-04-22 Prostate cancer is the most common form of

cancer in American adult males. The content of this book developed by clinical nurse experts provides information on the state of the art care of men with prostate cancer. Readers will gain a thorough understanding of symptoms, diagnostic methods, treatment options and psychosocial effects of this disease. A major focus of the book is on quality of life and the nurses role in improving this through teaching patients and their families how to manage common symptoms and side effects such as urinary and sexual problems. **Bathing Without a Battle** Ann Louise Barrick PhD, Joanne Rader RN, MN,

PMHNP, Beverly Hoeffler DNSc, RN, FAAN, Philip D. Sloane MD, MPH, Stacey Biddle COTA/L, 2008-03-10 2008 AJN Book of the Year Winner Like its popular predecessor the new edition of *Bathing Without a Battle* presents an individualized problem solving approach to bathing and personal care of individuals with dementia. On the basis of extensive original research and clinical experience the editors have developed strategies and techniques that work in both institution and home settings. Their approach is also appropriate for caregiving activities other than bathing such as morning and evening care and for frail elders not suffering from dementia. For this second edition the authors have included historical material on bathing and substantially updated the section on special concerns including Pain, Skin care, Determining the appropriate level of assistance, Transfers, The environment. An enhanced final section addresses ways to support caregivers by increasing their understanding of the care recipient's needs and their knowledge of interventions to improve care and comfort. It also emphasizes self care and system level changes to promote person directed care. Several chapters include specific insights and wisdom from direct caregivers. **Geriatric Nursing Protocols for Best Practice** Mathy Doval Mezey, 2003 The

protocols in this thoroughly updated edition address key clinical conditions and circumstances likely to be encountered by a hospital nurse caring for older adults. They represent best practices for acute care of the elderly as developed by nursing experts around the country as part of the Hartford Foundation's Nurses Improving Care to the Hospitalized Elderly project. NICHE. New to this edition are chapters on evaluating practice guidelines and measuring quality and outcome of care. Although the protocols were developed for acute care they can be easily modified to work in other practice settings such as

the nursing home or home care *Nursing Home Ethics* Bethel Ann Powers, RN, PhD, 2003-09-09 Designated a Doody's Core Title Winner of an AJN Book of the Year Award p Bethel Ann Powers gives a comprehensive and thoughtful examination of the ethical issues that arise in long term care The first two chapters set the stage by exploring the pre nursing home experiences of families living with dementia and in contrast how residents and family members experience life in the nursing home The following chapters contain detailed hypothetical cases that include questions possible actions and insightful commentary to illustrate practical approaches to understanding common ethical issues affecting nursing home residents

Handbook of Dementia Peter A. Lichtenberg, Daniel L. Murman, Alan M. Mellow, 2004-05-03 Presents cutting edge information on a variety of dementia causing illnesses Provides relevant material for professionals working with AIDS patients substance abusers stroke or other vascular patients and other individuals suffering from degenerative illness Edited by leading experts in geriatric health and dementia DePaul Journal of Health Care Law, 2000 **Reducing Restraint and Restrictive Behavior Management Practices** Peter Sturmey, 2015-07-01 This book presents an evidence based framework for replacing harmful restrictive behavior management practices with safe and effective alternatives The first half summarizes the concept and history of restraint and seclusion in mental health applications used with impaired elders children with intellectual disabilities and psychiatric patients Subsequent chapters provide robust data and make the case for behavior management interventions that are less restrictive without compromising the safety of the patients staff or others This volume presents the necessary steps toward the gradual elimination of restraint based strategies and advocates for practices based in client rights and ethical values Topics featured in this volume include The epidemiology of restraints in mental health practice Ethical and legal aspects of restraint and seclusion Current uses of restraint and seclusion Applied behavior analysis with general characteristics and interventions The evidence for organizational interventions Other approaches to non restrictive behavior management Reducing Restraint and Restrictive Behavior Management Practices is a must have resource for researchers clinicians and practitioners and graduate students in the fields of developmental psychology behavioral therapy social work psychiatry and geriatrics

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