

New Year's Resolutions

THIS IS
THE
YEAR

- | | | | |
|----|--|--|----|
| C1 | ☒ Keep a Journal | ☐ Conquer a fear | |
| | ☐ Love yourself | ☒ Read more books | B1 |
| | ☐ Be more grateful | ☒ Pick up a new hobby | C2 |
| | ☐ Go on an adventure | ☒ Reduce plastic use | A3 |
| A4 | ☒ Learn how to drive | ☒ Listen to podcasts | B2 |
| | ☐ Spend time in nature | ☐ Get more sleep | |
| | ☐ Eat healthy | ☐ Grow houseplants | |
| | ☐ Learn a new language | ☐ Drink more water | |
| B5 | ☒ Start meditating | ☐ Get out of debt | |
| | ☐ Fall in love | ☐ Run a marathon | |
| | ☐ Spend time with family | ☒ Take an online class | B3 |
| | ☐ Make new friends | ☐ Go on a road trip | |
| A1 | ☒ Save money | ☐ Quit smoking | |
| | ☐ Donate to charity | ☐ Get a new job | |
| | ☐ Volunteer | ☒ Start recycling | B4 |
| A2 | ☒ Start a business | ☐ Stop procrastinating | |
| | ☐ Write a blog | ☐ Watch less TV | |
| C3 | ☒ Declutter | ☐ Adopt a pet | |
| | ☐ Be more optimistic | ☐ Change the world | |

Resolutions For The Millennium

Jessica J Manson



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