



LOOKING GOOD

*College Women and
Body Image, 1875–1930*



Margaret A. Lowe

Looking Good College Women And Body Image 1875 193

AN Whitehead



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Looking Good Margaret A. Lowe, 2003 Winner of the Bridgewater State College Class of 1950 Distinguished Faculty Research Award Toward the end of the nineteenth century as young women began entering college in greater numbers than ever before physicians and social critics charged that campus life posed grave hazards to the female constitution and women's reproductive health A girl could study and learn Dr Edward Clarke warned in his widely read 1873 book *Sex in Education* but she could not do all this and retain uninjured health and a future secure from neuralgia uterine disease hysteria and other derangements of the nervous system For half a century ideas such as Dr Clarke's framed the debate over a woman's place in higher education almost exclusively in terms of her body and her health For historian Margaret A Lowe this obsession offers one of the clearest expressions of the social and cultural meanings given to the female body between 1875 and 1930 At the same time the college girl was a novelty that tested new ideas about feminine beauty sexuality and athleticism In *Looking Good* Lowe examines the ways in which college women at three quite different institutions Cornell University Smith College and Spelman College regarded their own bodies in this period Contrasting white and black students single sex and coeducational schools secular and religious environments and Northern and Southern attitudes Lowe draws on student diaries letters and publications institutional records and accounts in the popular press to examine the process by which new twentieth century ideals of the female body took hold in America

Looking Good Margaret A. Lowe, 2003-06-12 Edward Clarke warned in his widely read *Sex in Education* 1873 but she could not do all this and retain uninjured health and a future secure from neuralgia uterine disease hysteria and other derangements of the nervous system For half a century ideas such as Dr Clarke's framed the debate over a woman's place in higher education almost exclusively in terms of her body and her health

Active Bodies Martha H. Verbrugge, 2012-06-21 During the twentieth century opportunities for exercise sports and recreation grew significantly for most girls and women in the United States Female physical educators were among the key experts who influenced this revolution Drawing on extensive archival research this book examines the ideas experiences and instructional programs of white and black female physical educators who taught in public schools and diverse colleges and universities including coed and single sex public and private and predominantly white or black institutions Working primarily with female students women physical educators had to consider what an active female could and should do in comparison to an active male Applying concepts of sex differences they debated the implications of female anatomy physiology reproductive functions and psychosocial traits for achieving gender parity in the gym Teachers' interpretations were contingent on where they worked and whom they taught They also responded to broad historical conditions including developments in American feminism law and education society's changing attitudes about gender race and sexuality and scientific controversies over the nature and significance of sex differences While deliberating fairness for female students white and black women physical educators also pursued equity for themselves as their workplaces and

nascent profession often marginalized female and minority personnel Questions of difference and equity divided the field throughout the twentieth century while some women teachers favored moderate views and incremental change others promoted justice for their students and themselves by exerting authority at their schools critiquing traditional concepts of difference and devising innovative curricula Connecting the history of science race and gender studies American social history and the history of sport this book sheds new light on physical education s application of scientific ideas the politics of gender race and sexuality in the domain of active bodies and the enduring complexities of difference and equity in American culture

Rosie and Mrs. America Catherine Gourley,2008-01-01 Examines how popular culture during the Great Depression and later during the Second World War influenced the lives of women

Slouch Beth Linker,2024-04-09 This book is a historical consideration of how poor posture became a dreaded pathology in the United States at the turn of the twentieth century It opens with the outbreak of the poor posture epidemic which began with turn of the century paleoanthropologists If upright posture was the first of all attributes that separated human from beasts and importantly a precondition for the development of intellect and speech what did it mean that a majority of Americans slouched By World War I public health officials claimed that 80% of Americans suffered from postural abnormalities Panic spread setting into motion initiatives intended to stem the slouching epidemic as schoolteachers shoe companies clothing manufacturers public health officials medical professionals and the popular press exhorted the public toward detection Wellness programs stigmatized disability while also encouraging the belief that health and ableness could be purchased through consumer goods What makes this epidemic unique is that in the absence of a communicable contagion it was largely driven by a cultural intolerance of disabled bodies with notions of ableness taking hold for much of the twentieth century The author traces this history through its consequential demise as social movements of the 1960s prompted people to push back against invasive and discriminatory standards Large scale physical fitness assessments designed to weed out defective bodies relied on compliant participants and the Civil Rights and Women s Movement as well as the anti Vietnam war protests and Disability Rights Movements eventually halted that supply and in the 1990s a public outcry destroyed many of the archives and materials collected Nevertheless anxiety over posture persists to this day

Battles for Belonging Sandra Sánchez-López,2024-03-06 Battles for Belonging Women Journalists Political Culture and the Paradoxes of Inclusion in Colombia 1943 1970 examines women journalists who conceived of their publications as political interventions in mid twentieth century Colombia These journalists committed to shaping justice and opportunity for women in society through writing while battling within the publishing realm to also transform and professionalize the practice of journalism in their own terms By analyzing the contentious narratives of gender and class these women crafted as well as their conflicting efforts to maintain their stature in the printing and public worlds it reveals the ongoing negotiations involved within their disputes over inclusion and democracy in a country still finding its way to equality peace and stability between the 1940s and

1960s This book challenges oversimplified portrayals of struggles for power that either glorify or vilify these historical processes by erasing the complexity of the political and social actors involved in them It stresses the importance of women but not to the expense of a balanced critique of their historical reality actions and endeavors This is a history of paradoxical political manifestations and a redefinition of power struggles as multidirectional intersectional non monolithic historical processes from the viewpoint of women **Historical Abstracts** ,2000 **Flying Magazine** ,2002-08 Flying Magazine ,2002-08 **TŁS, the Times Literary Supplement** ,1996 **Forthcoming Books** Rose Arny,1996-06 Guide to Microforms in Print ,1998 *Arts & Humanities Citation Index* ,1995 **Beginnings** ,1987 The Oxford English Dictionary James Augustus Henry Murray, Henry Bradley,1975 The American College and American Culture Oscar Handlin,1970 **American Book Publishing Record** ,1973 **A New English Dictionary on Historical Principles: part 1. C-Comm (1893)** James Augustus Henry Murray,1893 **The Compact Edition of the Oxford English Dictionary** Sir James Augustus Henry Murray,1971 Micrographic reproduction of the 13 volume Oxford English dictionary published in 1933 **America, History and Life** ,2000 Provides historical coverage of the United States and Canada from prehistory to the present Includes information abstracted from over 2 000 journals published worldwide

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