

Theory in Recreation and Leisure Research: Reflections from the Editors

KARLA A. HENDERSON

North Carolina State University

JACQUELYN PRESLEY

Virginia Polytechnic University

M. DEBORAH BIALESCHKI

University of North Carolina at Chapel Hill

The evolution and importance of theory in leisure research have been recognized as essential to broaden understandings of leisure. The purpose of this reflective piece is to describe and critique the contributions that theory has made by examining the research documented in American leisure and recreation research journals during the 1990s and projecting those contributions toward the future. From our perspective as individuals associated with Leisure Sciences during the past two years, we provide a review of literature regarding the meanings of theory, note summaries of other studies in our field that have empirically examined theory, compare leisure research from the 1980s to the 1990s, and offer suggestions regarding trends in the future theoretical development of the parks, recreation, leisure, sport, and tourism fields. We also advocate "post approaches" such as postmodernism that may be essential in the next stage of theory evolution.

Keywords concepts, models, methods, structuralism, postmodernism

In a research class taught at the University of North Carolina at Chapel Hill, we emphasize the value and importance of theory as the foundation for research done in our field. Our students usually have great ideas for problem-based research that they want to undertake, but sometimes they struggle with what theory or conceptual foundations to use when addressing their research questions. One frustrated student joked one day, "Isn't there a website I can go to like INeedATheory.com?" The frustrated question was not new to us but underlined the need to reflect again what theory is, why it is important, and how it can be used in leisure research.

Ellis (1993) called parks, recreation, and therapeutic recreation research a developing social science. Three approaches to studying social behavior (Hollander, 1976) in the contemporary period also seem to have paralleled leisure sciences research in the past 40 years. Leisure research evolved from the early works of people like Brightbill (1960), Nash (1969), and Parker (1971), who explained the meanings of leisure through social philosophy, which

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Corresponding author: Karla A. Henderson, Dept. of Parks, Recreation, and Tourism Management, Box 8004 Biltmore Hall, North Carolina State University, Raleigh, NC 27695-8004, E-mail: karla.henderson@ncsu.edu

Reflections On Leisure Play And Recreation

Sally McNamee



Reflections On Leisure Play And Recreation:

Reflections on Leisure, Play, and Recreation David L. Jewell, 1997 In this rich and unique reference David L Jewell compiles the first anthology of reflections on leisure play and recreation Disproportionately high budget cuts in parks and recreation services demonstrate too clearly society's view of leisure activities as frivolous and expendable By selecting these voices of reason and making them available in a single volume Jewell hopes to emphasize the frailties of a capitalistic society's demeaning perception of anything other than work In this collection of wise words he provides ammunition for those charged with selling leisure play and recreation to the public and to political leaders **Reclaiming Leisure** H.

Ramsay, 2005-09-20 Leisure activities account for much of our time and money But are contemporary forms of leisure good for us Are they really leisure And how much does and should leisure matter Classical philosophers paid attention to these questions Increasingly modern philosophers too are realizing the importance of leisure and of a good leisure work balance Hayden Ramsay looks at the meaning of leisure and the links between recreation relaxation virtue and happiness By focussing on leisure activities such as sport travel music and reading Ramsay explores the need for good play in a good life

Reflections of a Christian Pilgrim Girard J. Etzkorn, 2007-05-03 In this book Dr Etzkorn puts this belief into practice With his background in philosophy and theology he reflects on some of the problems and he questions many of the choices made both individually and collectively by our American society and by the Catholic Church What are the consequences What are the moral implications These reflections written over the course of his life confront many of the issues facing us both today and in the future **The Excellence Of Play** Moyles, Janet, 2014-12-01 This is a must read book for all students studying early childhood at a range of levels and practitioners who are looking to deepen their understanding of play and playful practices

Advanced Studies in Efficient Environmental Design and City Planning Ferdinando Trapani, Nabil Mohareb, Federica Rosso, Denia Kolokotsa, Sreetheran Maruthaveeran, Mahmoud Ghoneem, 2021-09-24 This book explains how learning from past mistakes in urban design can help to enhance sustainable cities and how the principles of Green Urbanism can yield more resilient urban settlements Environmental design is a fundamental principle in shaping cities However environmental challenges like increased resource consumption water degradation and waste related issues are among the greatest problems now facing humanity which is why these issues need to be considered with regard to smart cities either for the development of new urban centers or for the transformation of existing cities The book not only discusses the importance of integrating sustainability principles in the urban design process but also demonstrates their application to the development of sustainable cities As such the book offers essential information and a source of inspiration for all those who want to build more sustainable cities **Military Chaplains' Review**, 1979 *Introduction to Physical Education,*

Fitness, and Sport Daryl Siedentop, Hans Van Der Mars, 2022-06-06 The ninth edition of *Introduction to Physical Education Fitness and Sport* is as robust and instrumental as ever for students preparing for careers in the various physical activity

fields And the latest version of this long running and seminal text is chock full of new material for budding teachers coaches fitness professionals recreation leaders and program leaders This book covers a broad spectrum of careers and professions including those in physical education health dance fitness sport recreation athletic training and athletic administration The authors provide an overview of the respective professions and offer a deep dive into individual careers In addition the text explores the role of public policy across local state and federal levels noting how various physical activity professions are affected by regulations New content in this edition includes the following Five new chapters cover dance education recreational leadership health education contemporary physical education curriculum models and exemplary physical education programs Updated content on how economic racial and ethnic disparities affect physical activity and physical activity professions will help students anticipate real life issues New evidence data and information throughout the text will help students understand the issues problems and programmatic solutions in the various fields as they prepare to meet and solve those problems The expanded and updated physical education chapters reflect current trends and developments The new chapters on dance education recreational leadership and health education broaden the book s scope as they show the role these allied physical activity professions play in the larger efforts to promote and support physical activity as a way to create a healthy citizenry All chapters throughout the text have been updated to reflect the most current information on the topics And the book s web based ancillaries which include a range of instructor tools have also been revised and expanded Introduction to Physical Education Fitness and Sport is organized into six parts Part I provides a thorough understanding of the health issues related to physical inactivity and of the evolution of physical activity programs Parts II III and IV focus on concepts programs professions and barriers to overcome in physical education fitness and sport respectively Part V delves into the allied physical activity professions of dance and dance education recreation and health education exploring the concepts professions and issues in each area Part VI tackles the subdisciplines of kinesiology that support physical activity such as exercise physiology sport pedagogy sport and exercise psychology sport philosophy biomechanics and more Introduction to Physical Education Fitness and Sport will help students make more informed career choices understand the professional issues they will face and be in a better position to develop high quality programs and make those programs widely available Ultimately this book will help new generations of physical activity professionals provide positive solutions to the problems that exist in their fields and to make lifelong impacts on their students **Playing with God** Ozzie

Ostwalt,2016-12-16 Playing with God is a meditation on finding God and developing spirituality through the everyday joys heartaches loves and challenges that all human beings experience and endure This series of reflections began with a Lenten discipline and grew into a year long experiment wherein the author simply tried to pay attention to spiritual realities underlying mundane life God is everywhere spirituality infuses everything the divine energy that defines God is with us always These are among the truths the author wants to highlight through his reflections on developing spirituality through

intentionality During his spiritual quest Ostwalt discovered that God was particularly accessible when he the author was at play either with his family through sports through the arts or even when at play with the family dog Playing with God challenges the reader to learn to play with God by recognizing the divine that resides in our everyday activities The Social Study of Childhood Sally McNamee, 2019-10-10 Historically children were often understood in relation to their development towards adulthood but the new paradigm of childhood studies has since shown how they should be taken more seriously as active participants in their own lives Studying childhood is not just a question of research on children but increasingly a practice of research with them With this new paradigm having now come of age Sally McNamee offers a comprehensive overview of the current state of childhood studies and its history Taking a thematic approach she looks at how issues such as rights and citizenship the state the family school work leisure health and globalisation shape and are shaped by children The Social Study of Childhood is an accessible introduction for students from a variety of disciplinary backgrounds such as childhood studies sociology psychology social work and education With reflection points for discussion and suggestions for further reading at the end of each chapter it is an engaging and stimulating account of how and why children's voices deserve to be heard in today's world The Course Reflection Project Nicole Schonemann, Emily Metzgar, Andrew Libby, 2015-05-01 Service learning is entering a post initiatory phase At tertiary institutions of all types and sizes service learning programs are common and service learning requirements for graduation are growing in popularity Taken together alongside continued faculty interest in effective teaching these factors have raised the visibility and popularity of service learning Now the greater need in service learning is not to prove the need for or efficacy of service learning but to turn the focus squarely back on practice Following established best practice is not enough instructors also need to reflect on how this fits within the specific context and application of each unique course and service learning partnership While there are many excellent resources that detail best practice and showcase exemplary service learning courses faculty reflection and course revision often goes unmentioned In response to the lack of attention on the role of reflection and course revision we convened groups of faculty from a variety of disciplines to reflect deeply on their courses paying specific attention to obstacles and challenges These conversations were converted to articles for this edited collection each chapter representing the process of reflection and revision and serving as a guide to develop effective practice in varied curricular contexts This text contributes to the body of literature on service learning in a unique and practical manner Faculty teaching or interested in teaching service learning classes would benefit from this text as well as university administrators and community service directors involved in service learning at a programmatic and institutional level This book should be marketed to faculty teaching disciplinary service learning classes and service learning pedagogy classes and administrative offices involved in service learning This could be a supplementary text for graduate level pedagogy courses Higher education institutional libraries would benefit from this text as well as the national and state campus compact offices

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