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SETTING YOUR HEART ON FIRE



SEVEN INVITATIONS
TO LIBERATE YOUR LIFE

RAPHAEL CUSHNIR

Author of Unconditional Bliss

Setting Your Heart On Fire Seven Invitations To Liberate Your Life

Yi-Tong Ma



Setting Your Heart On Fire Seven Invitations To Liberate Your Life:

Setting Your Heart on Fire Raphael Cushnir, 2004-04-13 To live in accord with love is to set your heart on fire In the crucible of such an inferno all convention burns away What's left is an entirely new kind of existence one full of passion presence and infinite possibility This book is a wake up call from your own heart It is a roadmap to love not the romantic familial or platonic kind but a love that most of us have rarely tasted This love exists prior to and apart from any specific type of expression It is a dynamic primal force that connects us with the surrounding universe and provides the key to our deepest and most lasting fulfillment if we can learn to tap into its awesome power Raphael Cushnir's own experience has taught him that we often close ourselves to love that life's challenges losses and disappointments can shut us down emotionally and physically leaving us stagnant in our work and relationships and feeling empty and alone *Setting Your Heart on Fire* presents his invigorating step by step process for reopening and reawakening your heart and spirit and for learning to use this ever present love to blaze through any obstacle you may face The Seven Invitations in this book will guide you through a courageous assessment of your choices emotions behaviors and beliefs revolutionizing your approach to stress and adversity and revealing a brand new way of thinking and being In accepting the Invitations you will learn how to let go of harmful thoughts and heal deeply rooted emotional wounds You will begin to open yourself to love's creativity and wisdom struggling less yet achieving more You will discover how to infuse everyday experiences with a breathtaking sense of joy and wonder And your relationships with family friends co workers and romantic partners will become a vehicle for profound and thrilling change Each Invitation provides practical easy to grasp examples that allow you to put its teachings immediately into practice Over time you will learn to access love in even the most difficult situations unlocking the door to a fearless authentic life When your heart is on fire the whole world is transformed by its light *Setting Your Heart on Fire* Raphael

Cushnir, 2007-12-18 To live in accord with love is to set your heart on fire In the crucible of such an inferno all convention burns away What's left is an entirely new kind of existence one full of passion presence and infinite possibility This book is a wake up call from your own heart It is a roadmap to love not the romantic familial or platonic kind but a love that most of us have rarely tasted This love exists prior to and apart from any specific type of expression It is a dynamic primal force that connects us with the surrounding universe and provides the key to our deepest and most lasting fulfillment if we can learn to tap into its awesome power Raphael Cushnir's own experience has taught him that we often close ourselves to love that life's challenges losses and disappointments can shut us down emotionally and physically leaving us stagnant in our work and relationships and feeling empty and alone *Setting Your Heart on Fire* presents his invigorating step by step process for reopening and reawakening your heart and spirit and for learning to use this ever present love to blaze through any obstacle you may face The Seven Invitations in this book will guide you through a courageous assessment of your choices emotions behaviors and beliefs revolutionizing your approach to stress and adversity and revealing a brand new way of thinking and

being In accepting the Invitations you will learn how to let go of harmful thoughts and heal deeply rooted emotional wounds You will begin to open yourself to love s creativity and wisdom struggling less yet achieving more You will discover how to infuse everyday experiences with a breathtaking sense of joy and wonder And your relationships with family friends co workers and romantic partners will become a vehicle for profound and thrilling change Each Invitation provides practical easy to grasp examples that allow you to put its teachings immediately into practice Over time you will learn to access love in even the most difficult situations unlocking the door to a fearless authentic life When your heart is on fire the whole world is transformed by its light

Setting Your Heart on Fire Howard Cushnir,2003 It took a painful divorce to spark Raphael Cushnir s awakening but as his own experience taught him freedom and happiness can often be found through challenges and obstacles Since then he has travelled the country nonstop to share his simple heartfelt approach to finding fulfillment through embracing love as a complete spiritual path a process that requires a courageous assessment of choices emotions behaviours and beliefs With an intimate yet invigorating tone reminiscent of Caroline Myss and Gary Zukav *Setting Your Heart On Fire* guides readers on this path through seven invitations each an inspiring prescriptive step for anyone seeking a more meaningful life Moving through each chapter the Seven Invitations sequentially help readers heed love s call and cultivate a greater sense of openness and connection

FEEL EVERYTHING describes how to stay emotionally present in any circumstance QUESTION EVERYTHING explains how to transform limiting beliefs into a source of possibility and growth RESIST NOTHING shows how to overcome convictions about the way things should be to accept them as they really are LIVE LIKE YOU RE DYING explores how to embrace the power of every moment LIVE LIKE YOU RE DREAMING demonstrates how to bring the creativity of the unconscious into daily life PARTNER WITH PURPOSE reveals how to turn relationships into a springboard for self discovery WIDEN YOUR WORLD illustrates how to treat the entire global community as if it were your own beloved Understanding the essence of love itself at the heart of this remarkable book which blazes with rich wisdom and which offers a powerful new path to joy

[365 Blessings to Heal Myself and the World](#) Pierre Pradervand,2018-06-29 Can you imagine what it would feel like to never feel any resentment for any wrong done to you gossip or lie disseminated about you To respond with full awareness to all situations and people rather than react from your gut What freedom that would entail Well this is just one of the gifts the practice of blessing from the heart i e sending out focused love energy will do for you This book from the bestselling author of *The Gentle Art of Blessing* will help you learn to bless all situations and people as you go through the day and add overwhelming joy and presence to your existence

Hope, Help, Healing with Archangel Raphael and the Angels Mary LaSota,Harriet Sternberg,2007-05 In this book Hope Help Healing with Archangel Raphael and The Angels many comments and much information is given which is extremely important at this time in terms of very much needed hope both in the present and for the future Planet Earth and the individuals living on it need to know about Angels Archangels Spirit Guides and Ascended Masters in order to avail themselves of all the helpful hopeful

healing protecting and guiding ways they have given in the past and about how all these offerings can be utilized now The Emerald Joy Healing Ceremonials the attunements and the messages are valuable because they come directly from Archangel Raphael himself his contributions benefiting us all The authors intensive and extensive research about past Golden Ages and the predicted Golden Age to come culminates in a last chapter which shows the cosmic role Planet Earth has played in the past and needs to play again This book has come forth at this time to offer words of hope help and healing to a world in its transformational period **Library Journal** ,2002 Includes beginning Sept 15 1954 and on the 15th of each month Sept May a special section School library journal ISSN 0000 0035 called Junior libraries 1954 May 1961 Also issued separately

Power, Passion and Purpose Ann Nichols Roulac,2006 Revitalize and focus your energy Here are 24 user friendly energy practices that will produce immediate benefits in your life Ann Roulac demonstrates how energy practices combined with a clear life purpose are essential to dealing with the challenges of our modern lifestyles Transformation and change requires an understanding of the principles of energy You will learn how the practices of meditation Chi Gung yoga and other ancient disciplines can get you back in touch with your own personal power with the four elements of energy practice breath movement sound and stillness **Health Beat** ,2011 **Forthcoming Books** Rose Arny,2003-04 **El Arte de Sentir Plenamente** Howard Cushnir,Rafael Cushnir,2004-05

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