

SERIES IN AFFECTIVE SCIENCE

# *SHAME*

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*Interpersonal Behavior,  
Psychopathology, and Culture*

*Edited by*

*PAUL GILBERT*

*BERNICE ANDREWS*

# Shame Interpersonal Behavior Psychopathology And Culture

**Paul Gilbert, Bernice Andrews**



## **Shame Interpersonal Behavior Psychopathology And Culture:**

**Shame** Paul Gilbert, Bernice Andrews, 1998 In this volume the editors and contributors examine the effect of shame on social behaviour social values and mental states The text utilizes a multidisciplinary approach including perspectives from evolutionary and clinical psychology neurobiology sociology and anthropology

**Shame** Paul Gilbert, Bernice Andrews, 2023 In this volume the editors and contributors examine the effect of shame on social behaviour social values and mental states The text utilizes a multidisciplinary approach including perspectives from evolutionary and clinical psychology neurobiology sociology and anthropology

**Culture and Emotion** Agneta Fischer, A. S. R. Manstead, 2002 The papers in this special issue on culture and emotion outline a new approach to the relationship between culture and emotion which extends beyond the universalism relativism debate

**Emotion Management and Feelings in Teaching and Educational Leadership** Izhar Oplatka, Khalid Arar, 2019-05-28 This book highlights the connection between culture and emotion management in teaching and educational leadership and allows researchers from different parts of the world to demonstrate how national and local culture influence the way educational leaders and teachers express their feelings display their emotion or suppress emotion publically

**Treatment Resistant Anxiety Disorders** Deborah Sookman, Robert L. Leahy, 2009-09-14 Treatment Resistant Anxiety Disorders Resolving Impasses to Symptom Remission brings together leading cognitive behavioral therapists from major theoretical orientations to provide clinicians with a greatly needed source of information skills and strategies from a wide range of CBT approaches It describes how to combine empirically based findings broad based and disorder specific theoretical models and individualized case conceptualization to formulate and apply specific strategies for varied aspects of resistance during treatment of anxiety disorders

**Compassion** Paul Gilbert, 2005-07-05 What is compassion how does it affect the quality of our lives and how can we develop compassion for ourselves and others Humans are capable of extreme cruelty but also considerable compassion Often neglected in Western psychology this book looks at how compassion may have evolved and is linked to various capacities such as sympathy empathy forgiveness and warmth Exploring the effects of early life experiences with families and peers this book outlines how developing compassion for self and others can be key to helping people change recover and develop ways of living that increase well being Focusing on the multi dimensional nature of compassion international contributors explore integrative evolutionary social constructivist cognitive and Buddhist approaches to compassion consider how and why cruelty can flourish when our capacities for compassion are turned off especially in particular environments focus on how therapists bring compassion into their therapeutic relationship and examine its healing effects describe how to help patients develop inner warmth and compassion to help alleviate psychological problems Compassion provides detailed outlines of interventions that are of particular value to psychotherapists and counsellors interested in developing compassion as a therapeutic focus in their work It is also of value to social scientists interested in pro social behaviour and those seeking links between Buddhist and Western psychology

Subordination and Defeat Leon Sloman, Paul Gilbert, 2000-03-01 Most people now accept that human beings are the product of millions of years of mammalian evolution and more recently primate evolution This landmark book explores the implications of our evolutionary history for theories and therapies of depression In particular the focus is on how social conflict has shaped various behavioral and psychophysiological systems Special attention is given to the evolved mechanisms for dealing with social defeat and subordination in both animals and humans By linking human depression to the activation of ancient psychobiological programs for dealing with social conflict one is able to understand the function of depression within groups family systems and between individuals and begin to distinguish depressions that may have adaptive functions from those that are the result of maladaptive feedback systems Although many acknowledge the need for an integrated biopsychosocial theory of psychopathology there continue to be great divisions among social psychological and biological approaches Sloman and Gilbert have brought together leading scientists and clinicians representing different disciplines and schools to present a provocative new evolutionary model of depression This model illuminates old problems in new ways links a common disabling condition to evolved mental mechanisms and points to potential new approaches to prevention and intervention The book will be of compelling interest to all those who study or treat mood disorders *Compassion-Based Approaches in Loss and Grief* Darcy L. Harris, Andy H. Y. Ho, 2022-12-20 *Compassion Based Approaches in Loss and Grief* introduces clinicians to a wide array of strategies and frameworks for engaging clients throughout the loss experience particularly when those experiences have a protracted course In the book clinicians and researchers from around the world and from a variety of fields explore ways to cultivate compassion and how to implement compassion based clinical practices specifically designed to address loss grief and bereavement Students scholars and mental health and healthcare professionals will come away from this important book with a deepened understanding of compassion based approaches and strategies for enhancing distress tolerance maintaining focus and identifying the clinical interventions best suited to clients needs **The Dark Side: Philosophical Reflections on the “Negative Emotions”** Paola Giacomoni, Nicolò Valentini, Sara Dellantonio, 2021-04-02 This book takes the reader on a philosophical quest to understand the dark side of emotions The chapters are devoted to the analysis of negative emotions and are organized in a historical manner spanning the period from ancient Greece to the present time Each chapter addresses analytical questions about specific emotions generally considered to be unfavorable and classified as negative The general aim of the volume is to describe the polymorphous and context sensitive nature of negative emotions as well as changes in the ways people have interpreted these emotions across different epochs The editors speak of the dark side of the emotions because their goal is to capture the ambivalent unstable and shadowy aspects of emotions A number of studies have taken the categorical distinction between positive and negative emotions for granted suggesting that negative emotions are especially significant for our psychological experience because they signal difficult situations For this reason the editors stress the importance of raising analytical

questions about the valence of particular emotions and focussing on the features that make these emotions ambivalent how despite their negativity such emotions may turn out to be positive This opens up a perspective in which each emotion can be understood as a complex interlacing of negative and positive properties The collection presents a thoughtful dialogue between philosophy and contemporary scientific research It offers the reader insight by illuminating the dark side of the emotions

*Metaphor and Metonymy across Time and Cultures* Javier E. Díaz-Vera, 2014-12-11 This volume offers new insights into figurative language and its pervasive role as a factor of linguistic change The case studies included in this book explore some of the different ways new metaphoric and metonymic expressions emerge and spread among speech communities and how these changes can be related to the need to encode ongoing social and cultural processes in the language They cover a wide series of languages and historical stages

*The Moral Psychology of Guilt* Bradford Cokelet, Corey J. Maley, 2019-10-10 In most Western societies guilt is widely regarded as a vital moral emotion In addition to playing a central role in moral development and progress many take the capacity to feel guilt as a defining feature of morality itself no truly moral person escapes the pang of guilt when she has done something wrong But proponents of guilt's importance face important challenges such as distinguishing healthy from pathological forms of guilt and accounting for the fact that not all cultures value guilt in the same way if at all In this volume philosophers and psychologists come together to think more systematically about the nature and value of guilt The book begins with chapters on the biological origins and psychological nature of guilt and moves on to discuss the culturally enriched conceptions of guilt and its value that we find in various eastern and western philosophic traditions In addition numerous chapters discuss healthy or morally valuable forms of guilt and their pathological or irrational shadows

*Mood Disorders* Mick Power, 2004-03-05 This Handbook gives an outstanding overview of the accomplishments to date and a sense of the excitement to come Kay Redfield Jamison Foreword

*Mood Disorders A Handbook of Science and Practice* provides an up to date summary of the latest theory and practice in unipolar and bipolar mood disorders This comprehensive volume focuses on innovations in both science and clinical practice and considers new pharmacological treatments as well as psychological therapies With contributions from the world's leading authorities on mood disorders all clinical psychologists and psychiatrists in practice and training will find this book an authoritative reference tool

*Shame, Guilt, and Alcoholism* Ron Potter-Efron, Bruce Carruth, 2013-12-16 Explore the causes and effects of the shame guilt addiction cycle Since the original edition in 1989 great strides have been made in understanding the overlapping functions of shame and guilt and the ways these painful emotions are linked with addictions

*Shame Guilt and Alcoholism Treatment Issues in Clinical Practice* Second Edition integrates up to date psychological research with penetrating insight into the emotional realities of substance abuse It provides a clear and practical model for understanding the shame guilt addiction cycle

*Shame Guilt and Alcoholism* provides constructive suggestions to therapists for treating substance abusing clients and their affected family members By treating destructive inappropriate or excessive

shame and guilt therapists can help their clients free themselves from the downward spiral of addiction and begin to build on their genuine strengths It explores the positive functions of shame and guilt describes the conscious and subconscious defense mechanisms against them and highlights the crucial family behaviors that initiate and encourage shame and guilt Shame Guilt and Alcoholism thoroughly explains the significant differences between shame and guilt including clients experiences of failure primary responses and feelings precipitating events and involvement of self origins and central fears Shame Guilt and Alcoholism adds immeasurably to our understanding of the total recovery process It is an essential resource for therapists social workers psychologists substance abuse counselors and educators in the field **The**

**Routledge History of Emotions in the Modern World** Katie Barclay, Peter N. Stearns, 2022-08-09 The Routledge History of Emotions in the Modern World brings together a diverse array of scholars to offer an overview of the current and emerging scholarship of emotions in the modern world Across thirty six chapters this work enters the field of emotion from a range of angles Named emotions love anger fear highlight how particular categories have been deployed to make sense of feeling and their evolution over time Geographical perspectives provide access to the historiographies of regions that are less well covered by English language sources opening up global perspectives and new literatures Key thematic sections are designed to intersect with critical historiographies demonstrating the value of an emotions perspective to a range of areas Topical sections direct attention to the role of emotions in relations of power to intimate lives and histories of place as products of exchanges across groups and as deployed by new technologies and medias The concepts of globalisation and modernity run through the volume acting as foils for comparison and analytical tools The Routledge History of Emotions in the Modern World is the perfect resource for all students and scholars interested in the history of emotions across the world from 1700 **Emotions as Bio-cultural Processes** Birgitt Röttger-Rössler, Hans Jürgen Markowitsch, 2009-06-12 Emotions

have emerged as a topic of interest across the disciplines yet studies and findings on emotions tend to fall into two camps body versus brain nature versus nurture Emotions as Bio cultural Processes offers a unique collaboration across the biological social divide from psychology and neuroscience to cultural anthropology and sociology as 15 noted researchers develop a common language theoretical basis and methodology for examining this most sociocognitive aspect of our lives Starting with our evolutionary past and continuing into our modern world of social classes and norms these multidisciplinary perspectives reveal the complex interplay of biological social cultural and personal factors at work in emotions with particular emphasis on the nuances involved in pride and shame A sampling of the topics 1 The roles of the brain in emotional processing 2 Emotional development milestones in childhood 3 Social feeling rules and the experience of loss 4 Emotions as commodities The management of feelings and the self help industry 5 Honor and dishonor societal and gender manifestations of pride and shame 6 Emotion regulation and youth culture 7 Pride and shame in the classroom A volume of such wide and integrative scope as Emotions as Bio cultural Processes should attract a large cohort of readers on both sides

of the debate among them emotion researchers social and developmental psychologists sociologists social anthropologists and others who analyze the links between humans that on the one hand differentiate us as individuals but on the other hand tie us to our socio cultural worlds *Devoted to Christ* Christopher L. Flanders, 2019-09-23 This festschrift contains original missiological contributions from colleagues and former doctoral students of Dr Sherwood Lingenfelter It highlights his twin research interests of anthropology and leadership and points to the profound influence of Sherwood Lingenfelter upon the contemporary missiological landscape These chapters signal the continuation of his legacy a flourishing of creative anthropologically driven mission and leadership studies Contributors to this work include a marvelous diversity of authors women and men voices from North and South East and West representing well Dr Lingenfelter s significant global impact

**The Self** Constantine Sedikides, Steven J. Spencer, 2011-02-25 This volume provides a cutting edge exposition to research on the self Sixteen authoritative overviews highlight the role of the self around four themes The first theme is Brain and Cognition which includes a social neuroscience perspective on the self implicit self cognition the structure of the self and autobiographical memory The next theme is Motivation in which chapters include social comparison self regulation narcissism and modesty The third theme is Self esteem and Emotions covered by chapters on the measurement of self esteem terror management theory sociometer theory and self conscious emotions The final theme concerns the Interpersonal Intergroup and Cultural Context containing chapters on intimate relationships social exclusion the collective self and culture Throughout the volume the exposition is both scholarly and accessible It also offers critical assessments along with thoughtful discussions of challenges and problems ahead as well as the generation of novel hypotheses As such the book aspires to influence the research agenda for several years to come The Self will serve as an essential reference volume for active researchers in the field while also being appropriate for use as a textbook in advanced courses on the self

American Shame Myra Mendible, 2016-03-29 Essays examining the role of shame as an American cultural practice and how public shaming enforces conformity and group coherence On any given day in America s news cycle stories and images of disgraced politicians and celebrities solicit our moral indignation their misdeeds fueling a lucrative economy of shame and scandal Shame is one of the most coercive painful and intriguing of human emotions Only in recent years has interest in shame extended beyond a focus on the subjective experience of this emotion and its psychological effects The essays collected here consider the role of shame as cultural practice and examine ways that public shaming practices enforce conformity and group coherence Addressing abortion mental illness suicide immigration and body image among other issues this volume calls attention to the ways shaming practices create and police social boundaries how shaming speech is endorsed judged or challenged by various groups and the distinct ways that shame is encoded and embodied in a nation that prides itself on individualism diversity and exceptionalism Examining shame through a prism of race sexuality ethnicity and gender these provocative essays offer a broader understanding of how America s discourse of shame helps to define its

people as citizens spectators consumers and moral actors An eclectic anthology it offers the readers more than one argument and perspective which makes the volume itself lively and rich Ron Scapp coeditor of Fashion Statements On Style Appearance and Reality     **Emotion Regulation and Well-Being** Ivan Nyklíček,Ad Vingerhoets,Marcel Zeelenberg,2010-10-22 Emotion is a basic phenomenon of human functioning most of the time having an adaptive value enhancing our effectiveness in pursuing our goals in the broadest sense Regulation of these emotions however is essential for adaptive functioning and suboptimal or dysfunctional emotion regulation may even be counterproductive and result in adverse consequences including a poor well being and ill health This volume provides a state of the art overview of issues related to the association between emotion regulation and both mental and physical well being It covers various areas of research highly relevant to both researchers in the field and clinicians working with emotion regulation issues in their practice Included topics are arranged along four major areas Neuro biological processes involved in the generation and regulation of emotions Psychological processes and mechanisms related to the link between emotion regulation and psychological well being as well as physical health Social perspective on emotion regulation pertaining to well being and social functioning across the life span Clinical aspects of emotion regulation and specific mental and physical health problems This broad scope offers the possibility to include research findings and thought provoking views of leading experts from different fields of research such as cognitive neuroscience clinical psychology psychophysiology social psychology and psychiatry on specific topics such as nonconscious emotion regulation emotional body language self control rumination mindfulness social sharing positive emotions intergroup emotions and attachment in their relation to well being and health Chapters are based on the Fourth International Conference on the Non Expression of Emotions in Health and Disease held at Tilburg University in October 2007 In 2007 Springer published Emotion Regulation Conceptual and Clinical Issues based on the Third International Conference on the Non Expression of Emotion in Health and Disease held at Tilburg University in October 2003 It is anticipated that depending on sales we may continue to publish the advances deriving from this conference     **The Shame that Lingers** A. Denise Starkey,2009 In The Shame That Lingers A Survivor Centered Critique of Catholic Sin Talk A Denise Starkey argues that the dominant legal model of sin in the Catholic Church is inadequate for hearing the experience of sin for survivors of childhood and domestic violence because it functions to shame rather than to heal A universal understanding of the sinner as found in mainstream Catholic sin talk and confession impedes human flourishing by silencing radical suffering in ways that make survivors complicit for the harm done to them Starkey argues that a shame free theology of sin is necessary if survivors are to encounter the profound love of God Understanding sin from the perspective of the sinned against makes possible a transformative solidarity with the other by reinvisioning the roles of speaker and listener

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