

THE  
RETURN TO NATURE,  
OR,  
A DEFENCE  
OF THE  
VEGETABLE REGIMEN.

WITH NOTES, CONTAINING THE ANECDOTES OF THE VARIOUS  
PARTS THEREOF, AND THE HISTORY OF THE VEGETABLE REGIMEN.

By JOHN FRANK MENTON, ESQ.  
Author of the "Vegetable Regimen," &c.  
The "Vegetable Regimen," &c.  
The "Vegetable Regimen," &c.  
The "Vegetable Regimen," &c.

By JOHN FRANK MENTON, ESQ.

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# Shelleys Vegetarianism

**JA Banks**



## **Shelleys Vegetarianism:**

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