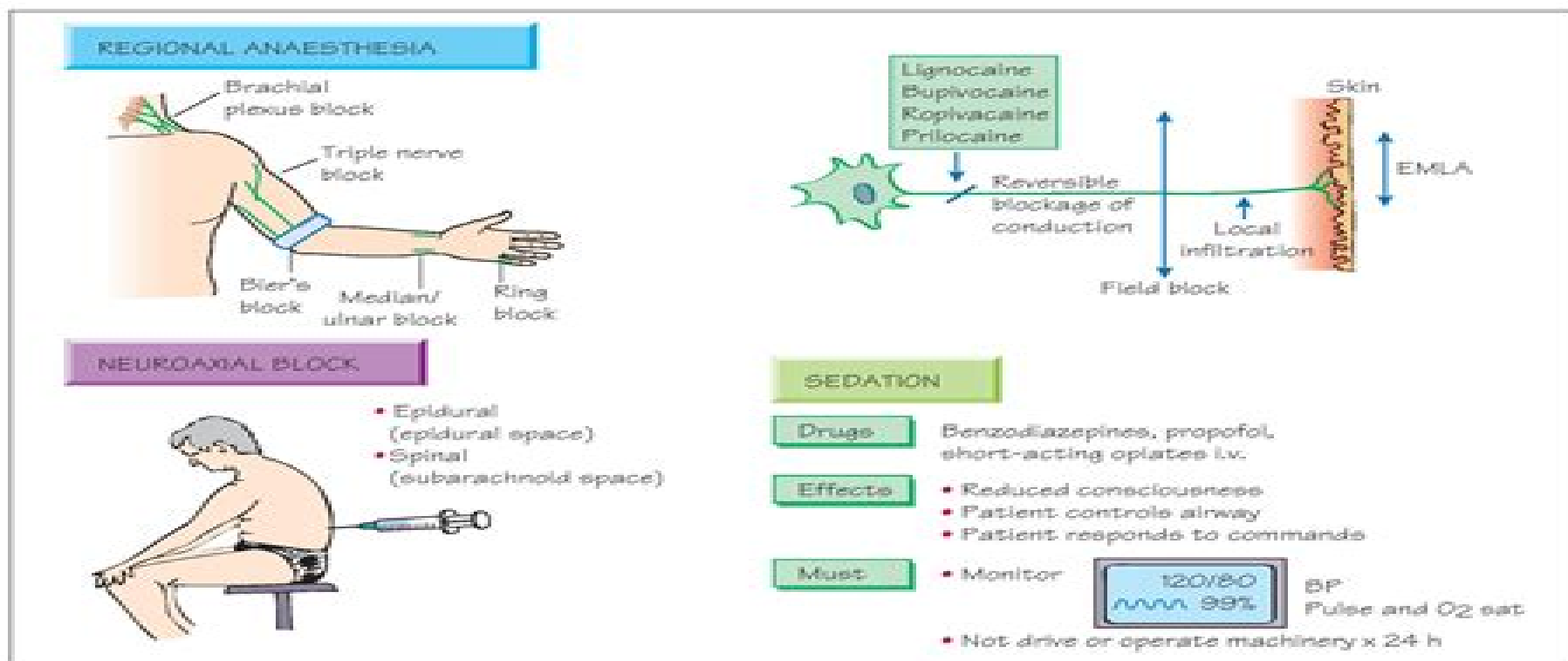


Anaesthesia – regional



Regional anaesthesia

Aims and technique

- To render an area of the body completely insensitive to pain.
- Local anaesthetic agents (LA) prevent pain by causing a reversible block of conduction along nerve axons. Addition of a vasoconstrictor (e.g. epinephrine) reduces systemic absorption allowing more LA to be given and prolonging its duration of action.

	Dose, mg/kg (+ epinephrine)	Possible systemic toxicity of local anaesthetic agents
Lidocaine	3 (7)	CNS – drowsiness, confusion, visual disturbance, headache, nausea, vomiting, convulsions
Bupivacaine	2 (2)	
Ropivacaine	2 (2)	RS – respiratory arrest
Prilocaine	4 (7)	CVS – altered BP, arrhythmias, cardiac arrest

Regional anaesthetic techniques

- Topical administration of local anaesthetic (LA is placed on the skin – e.g. EMLA[®] (Eutectic Mixture of Local Anaesthetic) cream prior to venepuncture).
- Local infiltration of LA (subcutaneous infiltration around the immediate surrounding area – e.g. used for excision of skin lesions).
- Field block (subcutaneous infiltration of LA around an operative field to render the whole operative field anaesthetic – e.g. used for inguinal hernia repair).
- Local blocks of specific peripheral nerves (± ultrasound guidance) (e.g. sciatic nerve block, ring block of fingers/toes, intercostals nerve block).
- Local blocks of specific plexuses (± ultrasound guidance) (e.g. brachial plexus block for upper limb surgery, coeliac plexus block for cancer pain).
- Intravenous blocks (e.g. Bier's block of the upper limb – a short acting LA is injected via a cannula into an exsanguinated arm to which a tourniquet has been applied).

Regional Anaesthesia

H. B. J. Fischer, C. A. Pinnock



Regional Anaesthesia:

Principles and Practice of Regional Anaesthesia Graeme McLeod, Colin McCartney, Tony Wildsmith, 2012-11-22 The fourth edition of this highly successful textbook discusses the practical applications of the various methods of regional anaesthesia including ultrasound as well as giving an account of their theoretical aspects The well established author team use their experience to provide a practical and stimulating book which reflects everyday clinical activity supplemented by high definition ultrasound images and schematic diagrams The book will also discuss the place of regional anaesthesia in current medical practice particularly with regard to pain processes ultrasound imaging and patient outcomes Regional anaesthesia is a rapidly expanding sub speciality of anaesthesia routine provision of long lasting pain relief and the introduction of real time ultrasound block has fuelled a demand for cadaver and ultrasound based anatomy training courses Thus it is more important than ever to have a thorough grounding in this exciting subspecialty

Principles and Practice of Regional Anaesthesia

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Regional Anaesthesia Analgesia and Pain Management

M. Tiengo, V.A. Paladini, N. Rawal, 2012-12-06 Local regional anesthesia and pain therapy represent two areas of common interest for all physicians A thorough preparation in functional anatomy and general pharmacology including familiarity with local anesthetics and analgesics is considered fundamental background for further study or clinical application of such techniques Knowledge of the mechanisms of action efficacies and side effects of the relevant drugs is essential as is appreciation of possible drug interactions to evaluate eventual toxic effects Local regional anesthesia and pain management are being increasingly used in diverse medical specialties including those requiring manual dexterity In contemporary medicine correct evaluation of the medical outcome becomes essential especially in relation to the cost benefit balance not only in terms of the resources consumed also and more importantly for the quality of life of the patient

Essentials of Regional Anesthesia

Alan David Kaye, Richard D. Urman, Nalini Vadivelu, 2018-03-28 The management of pain can often be achieved by medications physical therapies or by various procedural techniques that have evolved in recent decades With the trend towards more outpatient surgeries and less invasive surgeries to decrease perioperative risk perioperative time and costs the practice of anesthesia is evolving to utilize regional anesthesia techniques both for inpatients and outpatients Regional anesthesia is being performed for outpatient surgeries obstetric anesthesia trauma chronic pain states and for acute post operative pain management Therefore it is paramount for physicians and nurses practicing anesthesia to understand the essentials of regional anesthesia its evolving techniques and appropriate utilization of modern equipment and technology to provide care safely Essentials of Regional Anesthesia Second edition is a concise up to date evidence based handbook that enables every resident physician and nurse to understand the basics of regional anesthesia and the standard of care guidelines for the practice of regional

anesthesia in a comprehensive fashion This new edition includes Updated and new chapters on Ambulatory Critical Care and Obstetrics topics Full color clear detailed anatomic drawings Clinically relevant practical aspects of regional anesthesia International contributing authors who are experts in their field Latest ultrasound techniques and images Review of 1st edition There are many books available on regional anesthesia and the trend is either to focus on illustrations forgoing any discussion or on text descriptions making them bulky and hard to read This book maintains that perfect balance between text and illustrations It is truly a master companion book on regional anesthesia Tariq M Malik Doody s Book Reviews April 2012

Fundamentals of Regional Anaesthesia H. B. J. Fischer, C. A. Pinnock, 2004-09-23 Provides a comprehensive overview of all aspects of regional anaesthesia for the trainee and practising anaesthetist alike *Complications of Regional Anesthesia* Brendan T. Finucane, 2007-08-02 This updated and expanded 2nd Edition offers practical advice on the prevention and management of complications associated with regional anesthesia and nerve blocks Besides comprehensive coverage of potential pitfalls for the practicing anesthesiologist the book adds new material exploring outcomes of regional and general anesthesia The book offers full chapters on specific anatomic sites including spinal epidural ophthalmic and brachial plexus anesthesia Other chapters address specialties of practice obstetrics pediatrics and cancer The book includes clinical studies and closed case analyses and practical advice on prevention of complications A concluding section offers detailed real world oriented practice guidelines for Regional Anesthesia Evidence-based Anaesthesia and Intensive Care Ann Møller, Tom Pedersen, 2006-10-09 A comprehensive 2006 volume on the theories and applications of evidence based anaesthesia and critical care Coming from the internationally renowned Cochrane Collaboration the global force in evidence based medicine this promises to be an authoritative guide for anaesthetists The Cochrane Anaesthesia Review Group is one of the largest in the collaboration and as coordinators of the group the editors of this book have gathered a formidable set of contributions from around the world The first half of the book provides an introduction to evidence based medicine and applies the principles to anaesthesia and critical care including critical appraisal meta analysis interpreting results and controlling bias The second half shows how to practise this in preoperative evaluation regional and general anaesthesia postoperative pain therapy critical care and acute medicine Medical professionals working in anaesthesia and surrounding specialties worldwide will find this book immensely useful *A Practical Approach to Regional Anesthesiology and Acute Pain Medicine* Joseph M. Neal, De Q.H. Tran, Francis Salinas, 2017-08-22 Apply the latest advances in regional anesthesia and acute pain medicine Originally authored by Michael F Mulroy MD this respected title has helped practitioners provide effective regional anesthesia for nearly 30 years Now it has been retitled *A Practical Approach to Regional Anesthesiology and Acute Pain Medicine* to reflect the Accreditation Council for Graduate Medical Education s recent establishment of Regional Anesthesiology and Acute Pain Medicine as an anesthesiology fellowship This clinical reference has evolved with the many changes in this subspecialty to continue bringing you the up to date clinically focused hands on guidance you need to offer

your patients the best possible care

Multiple Choice Questions in Regional Anaesthesia Rajesh Gupta, Dilip

Patel, 2012-09-14 Interest in regional anaesthesia has been flourishing for a number of reasons including in particular the feasibility of ultrasound guided peripheral nerve blocks This trend is reflected in the growing popularity of fellowships in regional anaesthesia The syllabus for such fellowship examinations is vast and the current book aims to provide suitable guidance by presenting typical multiple choice questions with accompanying answers in detail when necessary The entire syllabus is covered in four sections that address basic principles and equipment peripheral nerve blocks central neuraxial blocks and regional anaesthesia and acute pain This book will be especially useful for those preparing for European Society of Regional Anaesthesia diploma examinations or for the regional anaesthesia component of FRCA examinations It is also highly relevant to equivalent U S and Canadian examinations and will be helpful to all who require a self assessment tool in the subject

Fundamentals of Anaesthesia

Colin Pinnock, Ted Lin, Robert Jones, Tim Smith, 2002-12

The second edition of Fundamentals of Anaesthesia builds upon the success of the first edition and encapsulates the modern practice of anaesthesia in a single volume Written and edited by a team of expert contributors it provides a comprehensive but easily readable account of all of the information required by the FRCA Primary examination candidate and has been expanded to include more detail on all topics and to include new topics now covered in the examination As with the previous edition presentation of information is clear and concise with the use of lists tables summary boxes and line illustrations where necessary to highlight important information and aid the understanding of complex topics Great care has been taken to ensure an unrivalled consistency of style and presentation throughout

Ultrasound-Guided Regional Anesthesia and

Pain Medicine Paul E. Bigeleisen, Michael Gofeld, Steven L. Orebaugh, 2015-03-09 Get up to date on all of the techniques that are rapidly becoming today's standard of care with Ultrasound Guided Regional Anesthesia and Pain Medicine 2nd Edition With this extensively revised edition you'll see how the increased use of ultrasound for diagnosis and treatment of chronic pain and other medical conditions can transform your patient care Noted authorities discuss the techniques you need to know for upper and lower extremity blocks truncal blocks pain blocks trauma and critical care and more

Textbook of

Anaesthesia Alan R. Aitkenhead, 2007-01-01 This work covers the full range of clinical practice from anaesthetic equipment and pre operative assessment through to post operative care local anaesthesia anaesthesia for individual specialities

intensive care and management of chronic pain *Cousins and Bridenbaugh's Neural Blockade in Clinical Anesthesia and Pain Medicine* Michael J. Cousins, 2012-03-29 This comprehensive authoritative text presents the scientific foundations and clinical practice of neural blockade in both regional anesthesia and the management of pain The descriptions and illustrations of pain mechanisms are considered classic examples The Fourth Edition has been refined for clarity and flows logically from principles and pharmacology to techniques for each anatomic region to applications This edition has two new co editors and several new chapters on topics including neurologic complications neural blockade for surgery treatment of

pain in older people and complications in pain medicine A companion Website will offer the fully searchable text and an image bank

Atlas of Regional Anesthesia David Lee Brown, 2010-01-01 Atlas of Regional Anesthesia by Dr David L Brown has been the go to reference for many years helping clinicians master a myriad of nerve block techniques in all areas of the body This meticulously updated new edition brings you state of the art coverage and streaming online videos of ultrasound guided techniques as well as new coverage of the latest procedures Hundreds of high quality full color illustrations of anatomy and conventional and ultrasound guided techniques provide superb visual guidance You ll also have easy access to the complete contents online fully searchable at expertconsult com Obtain superior visual guidance thanks to hundreds of high quality illustrations of cross sectional gross and surface anatomy paired with outstanding illustrations of conventional and ultrasound guided techniques Master the ultrasound guided approach through 12 online videos demonstrating correct anatomic needle placement Access the complete contents online and download all of the illustrations at expertconsult com Learn the latest techniques with a new chapter on transversus abdominis block and updated coverage of nerve stimulation techniques implantable drug delivery systems spinal cord stimulation and more A must have atlas covering all techniques in regional anesthesia with high quality images a new online companion and added illustrative and video coverage of ultrasound guided techniques

Oxford Handbook of Anaesthesia Keith Allman, Iain Wilson, Aidan O'Donnell, 2016-01-07 Now on its fourth edition the Oxford Handbook of Anaesthesia provides authoritative concise guidance on all aspects of anaesthesia Evidence based up to date and clinically focused it is indispensable for both anaesthetic trainees and experienced practitioners Building on the award winning success of previous editions the Oxford Handbook of Anaesthesia is as relevant and important as ever Fully revised with the latest guidelines drugs and procedures this book ensures readers have the most up to date knowledge easily to hand The fourth edition includes new content on obesity surgery colloids vs crystalloids and enhanced recovery as well as intraoperative fluid management new anticoagulants BIS updates pulse contour analysis and much more Wherever you are on your career path in anaesthesia this handbook is your essential companion

Fundamentals of Anaesthesia Tim Smith, Colin Pinnock, Ted Lin, 2009-02-10 The gold standard text for the Primary FRCA exam well established and covers full curriculum

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Gregory's Pediatric Anesthesia Dean B. Andropoulos, George A. Gregory, 2020-03-26 Das Fachgebiet der Kinderan sthesie entwickelt sich stetig weiter Damit stehen auch An sthesisten vor immer mehr Herausforderungen Gregory s Pediatric Anesthesia bereitet angehende An sthesisten und gestandene Fach rzte f r An sthesie auf die neuen Anforderungen vor Sie erhalten das notwendige Wissen und Informationen zu den neuesten Verfahren um die

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Practical Ultrasound in Anesthesia for Critical Care and Pain Management Philip M Hopkins, Massimo Lamperti, Clara A Lobo, 2025-10-06 This new revised edition reflects the latest advances in clinical practice It remains an indispensable reference that covers essential and debated aspects of ultrasound for the practising anaesthetist such as big vascular access frontal neck access nerve blocks and gastric evaluation It presents the important clinical topics where ultrasound can guide an anaesthetist offers a practical and reliable guide to often debated aspects of clinical practice and provides an authoritative resource for the anaesthetist working in critical care and pain management

Regional Anaesthesia: A Pocket Guide Alwin Chuan, David Scott, 2014-02-27 Regional Anaesthesia A Pocket Guide is an essential companion to the practice of regional anaesthesia for consultants and trainees in the specialty Filled with practical advice and carefully designed for ease of use this book is the helpful aid to practice that anaesthetists have been waiting for The book covers all the major blocks by anatomical region from the head and upper extremities to the lower extremities and paraxial region The technique for each procedure is prefaced by information on its difficulty indications contraindications and potential side effects Every procedure is also accompanied by a range of high quality clinical photographs and anatomical drawings that demonstrate the importance of applying anatomical knowledge in practical anaesthetic procedures Regional anaesthesia is a fast moving specialty and this book takes into account recent advances in ultrasound guided techniques with a strong focus on real time observation of needle placement Landmark placed blocks have also been covered for clinicians without access to ultrasound technology Regional Anaesthesia A Pocket Guide is a unique compilation of anaesthetic techniques that offers support and guidance for any trainee or specialist in their every day practice

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