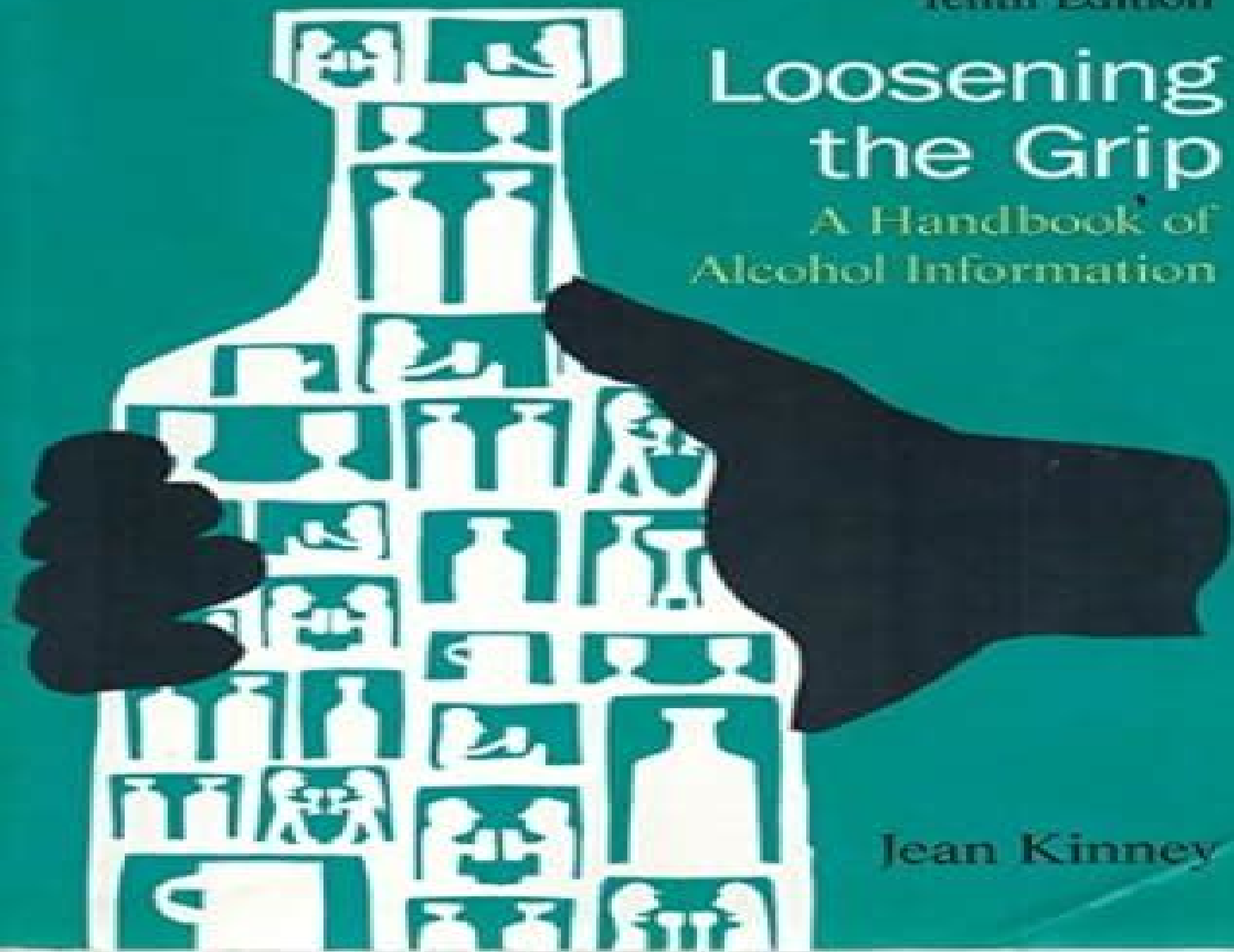


Tenth Edition

# Loosening the Grip

A Handbook of  
Alcohol Information

Jean Kinney



# Loosening The Grip Hdbk Of Alcohol Info

**Ford Brooks,Bill McHenry**



## **Loosening The Grip Hdbk Of Alcohol Info:**

**Loosening the Grip: A Handbook of Alcohol Information, 11th Edition** Jean Kinney, 2019-03-18 Jean Kinney Lecturer in Community and Family Medicine at Dartmouth Medical School was the Associate Director of the Alcohol Counselor Training Program at Dartmouth conducted between 1972 and 1978 That program was the impetus for this text Upon completion of the Alcohol Counselor Training Program she became involved with Project Cork a program established to develop and implement a model curriculum for medical student education and to create materials for health care professionals She continues to be involved in professional development initiatives in the substance abuse field In 1999 she was the first recipients of the Harold Hughes Award given annually by the National Institute of Medicine s National Institute on Alcohol Abuse and Alcoholism It is given in recognition for efforts to assist in the translation of scientific research into clinical practice Loosening the Grip was one of her efforts cited in this award Accessible and comprehensive Loosening the Grip remains an authoritative source for information about alcohol use and the problems associated with it while also addressing the relationship between alcohol use and other drug use This text presents the physical and psychological effects of alcohol alongside the impact of alcohol use on family and society Special attention is given to addressing the range of responses to alcohol problems prevention harm reduction brief treatment engagement in treatment and aftercare and addressing high risk drinking Along with providing a historical foundation for the discussion of substance use the book explains the facts about this complex issue in clear engaging language Loosening the Grip is widely recognized as a useful resource for future and current health care workers substance abuse clinicians school counselors mental health workers community nurses and others

**Loosening the Grip: A Handbook of Alcohol Information** Jean Kinney, 2011-04-12 Accessible and comprehensive Loosening the Grip remains an authoritative source for information about alcohol use and the problems associated with it while also addressing the relationship between alcohol use and other drug use This text presents the physical and psychological effects of alcohol alongside the impact of alcohol use on family and society Special attention is given to addressing the range of responses to alcohol problems prevention harm reduction brief treatment engagement in treatment and aftercare and addressing high risk drinking The book also includes information on alcohol abuse and alcohol dependence Along with providing a historical foundation for the discussion of substance use the book explains the facts about this complex issue in clear engaging language Loosening the Grip is widely recognized as a useful resource for future and current health care workers substance abuse clinicians school counselors mental health workers community nurses and others As noted on the website for the Substance Abuse and Mental Health Services Administration SAMHSA There are many helpful books on alcohol and alcoholism Loosening the Grip A Handbook of Alcohol Information by Jean Kinney is a good place to start

*Loosening the Grip 12th Edition* Jean Kinney, 2020-08-07 Accessible and comprehensive Loosening the Grip remains an authoritative source for information about alcohol use ad the problems associated with it while also

addressing the relationship between alcohol and other drug use The text presents the physical and psychological effects of alcohol alongside the impact of its use on the family and society Special attention is given to range of responses to potential problems or alcohol use including prevention harm reduction assessment referral and treatment and the risks for anyone of heavy alcohol use Along with providing a historical foundation Loosening the Grip also sets forth basic information on other drugs of abuse whether street drugs on prescription drugs NEW FEATURES OF THE 12th Edition The phenomenon of vaping particularly among adolescents and the serious medical problems The advent of for profit substance abuse treatment programs chains and issues of substandard clinical care and failure to represent the standards of the Profession The opioid epidemic sparked by pharmaceutical industry and how drinking is interwoven into abuse of pharmaceuticals The evolution of the Substance Use Profession from what was once virtually an orphaned isolated to among the most widely respected of the Human Service Professions WHAT AN INSTRUCTOR SAYS ABOUT LOOSENING THE GRIP Loosening the Grip is and has been the standard setter in the addiction profession since first publication in 1978 My first experience with the text occurred as a student in 1999 and I literally devoured the text which was filled with material about alcohol its effects on the body and mind and how to best treat the condition of alcohol use disorder I now am a licensed addiction counselor and addiction educator and as such utilize this text exclusively in my alcohol course within our accredited addiction counseling and prevention program This is not only an essential encyclopedia on all things concerning alcohol addiction and recovery but includes materials about other substances of abuse along with materials on co occurring mental health disorders Students state that they love this book as much as I did in 1999 and this creates a much higher level of retention in our major and minor I plan to continue using this very engaging accurate and useful book for many years to come John Korkow LAC PhD SAP

Loosening the Grip Jean Kinney, Gwen Leaton, 1995 Detailed readable coverage of the psychological factors physical complications treatment options and family concerns associated with alcohol and its abuse This new edition reflects an increased current awareness of cultural diversity with less skid row stereotyping of alcohol abusers Looseleaf for Loosening the Grip: A Handbook of Alcohol Information Jean Kinney, 2014-05-08 Accessible and comprehensive Loosening the Grip remains an authoritative source for information about alcohol use and the problems associated with it while also addressing the relationship between alcohol use and other drug use This text presents the physical and psychological effects of alcohol alongside the impact of alcohol use on family and society Special attention is given to addressing the range of responses to alcohol problems prevention harm reduction brief treatment engagement in treatment and aftercare and addressing high risk drinking Along with providing a historical foundation for the discussion of substance use the book explains the facts about this complex issue in clear engaging language Loosening the Grip is widely recognized as a useful resource for future and current health care workers substance abuse clinicians school counselors mental health workers community nurses and others *Scientific and Clinical Literature for the Decade of the Brain* Tony Stankus, 1993 Essays

introduce the nine annotated bibliographies of literature in the neurosciences deemed to be important for researchers in the 1990s The topics include neuroanatomy psychobiology sensory perception brain imaging psychopharmacology and alcohol Also published as Science and Technology Libraries v 13 nos 3 4 1993 Annotation copyright by Book News Inc Portland OR

**Changing Trends in Mental Health Care and Research in Ghana** Ofori-Atta, Angela, Ohene, Sammy, 2015-04-26 This Reader is about the changing trends in mental health care and research in Ghana The book includes a brief history of Department of Psychiatry at the University of Ghana Medical School and Mental Health Care in Ghana through the eyes of professionals who have lived this history There is also a revised situation analysis of mental health services and legislation from 2005 These are followed by three main sections on Conceptualization of Mental Illness depression religion and illness autism substance use disorders and schizophrenia Mental Health Practice in a teaching hospital setting referrals to Korle Bu how psychiatric illnesses manifest how people's lives are affected and what skill sets and resources are available for dealing with them and finally the Department's focus on research includes the Mental Health Information System Sickle Cell Disease Medical Ethics and Liaison Psychiatry In the concluding paragraph read about the way forward in mental health care and research

Voices From the Field Albert S Alissi, Catherine C Mergins, 2013-04-03 Voices From the Field is the book to challenge you from your cozy position of complacency By simply opening its pages you will learn about fascinating developments in group work sequences in group care empowerment groups in action and a whole spectrum of practice and education oriented themes you may have never considered before A compilation of work from the XVI Annual Symposium of the Association for the Advancement of Social Work with Groups this book reflects on social work's rich tradition of diversity and offers you insight that will expand your horizons and encourage you to incorporate different techniques into your repertory You will learn about contemporary practice the profession's historic mission and commitment and the evolution of group work practice and techniques with different populations This practical collection allows you to examine a broad spectrum of professional practice and educational themes Chapters in Voices From the Field explore theory building qualitative research mutual aid time limited groups adventure groups psychodrama groups for addicted persons and their families group work with adolescents and skill development At the same time you refresh your grounding in the basic principles of social work you will learn about a group work forum on line the importance of empowering individuals through group experiences group treatment for alcoholism group work with juvenile sex offenders international contemporary practices of social group work establishing group norms in conflictual situations Clinicians neighborhood and community activists students professors researchers therapists old timers and newcomers will find Voices From the Field an extraordinary compilation of the basic principles and concepts underlying group work contemporary practice and applications for group social work and ways for enhancing practice knowledge and skills Whether you are reading it as a reference text in a methods course or reading it independently you will find this book reminds you of certain fundamentals

long forgotten yet also inspires you to take on new challenges and different techniques for meeting the challenges of group social work

**Slipping Through the Cracks** Mark Sanders, 2011-12-01 Clients who have multiple addictions and disorders are more difficult to engage and treat than clients with a single disorder Many of the current systems are ill equipped to address the myriad challenges of these clients their relapse and recidivism rates are higher and many of these clients tend to slip through the cracks often going back and forth among addictions treatment psychiatric and medical hospitalizations and incarceration Too many difficult to reach clients are at risk for relapse because their practitioners lack effective innovative strategies for this unique client base who remain part of a revolving door syndrome Now Certified Alcohol and Drug Addictions Counselor Mark Sanders LCSW offers specific strategies to assist therapists and counselors who work with difficult and at risk populations including those with multiple addictions co occurring disorders adolescents rural methamphetamine users antisocial personality disorder criminality and addiction trauma or grief and chemical dependency history of chronic relapse and recidivism *Slipping Through the Cracks* is a encyclopedic handbook to specific traits of the difficult to reach client as well as a concise guidebook to effective strategies that will be useful to anyone working with clients in private practice or in treatment programs who have both mental health and substance abuse issues

***Domesticating Drink*** Catherine Gilbert Murdock, 2003-03-04 Selected by Choice Magazine as an Outstanding Academic Title The period of prohibition from 1919 to 1933 marks the fault line between the cultures of Victorian and modern America In *Domesticating Drink* Murdock argues that the debates surrounding alcohol also marked a divide along gender lines For much of early American history men generally did the drinking and women and children were frequently the victims of alcohol associated violence and abuse As a result women stood at the fore of the temperance and prohibition movements and as Murdock explains effectively used the fight against drunkenness as a route toward political empowerment and participation At the same time respectable women drank at home in a pattern of moderation at odds with contemporaneous male alcohol abuse During the 1920s with federal prohibition a reality many women began to assert their hard won sense of freedom by becoming social drinkers in places other than the home Murdock s study of how this development took place broadens our understanding of the social and cultural history of alcohol and the various issues that surround it As alcohol continues to spark debate about behaviors attitudes and gender roles *Domesticating Drink* provides valuable historical context and important lessons for understanding and responding to the evolving use and abuse of drink

**A Guide for Physician Training in Substance Abuse** United States. Veterans Administration. Office of Academic Affairs, 1983

**Current Catalog** National Library of Medicine (U.S.), First multi year cumulation covers six years 1965 70

**Addiction Counseling Competencies** ,2006 *On the Other Side of Chaos* Ellen Van Vechten, 2018-12-04 A lawyer turned drug counselor examines the disruption many families endure when addiction impacts their lives Based in part on her own family s journey Ellen Van Vechten explains the science of addiction the theory of treatment and the Twelve Step model

of recovery providing sensible information and tips for reasoned action in support of a loved one while fostering personal growth and recovery Powerlessness over another's addiction has a caustic effect on the family Too often parents and partners equate letting go with giving up While acceptance of a lack of control is essential to coping with the disease within the family system there is nothing passive about supporting a partner or child on their journey to recovery This concept is the foundation of Van Vechten's original approach to empower individuals with knowledge which when coupled with acceptance allows any family dealing with active addiction to make thoughtful and reasoned decisions to facilitate the recovery of both their loved ones and themselves **Crime, Justice, and Society** Calvin J. Larson, Gerald R. Garrett, 1996 To find out more information about Rowman Littlefield titles please visit us at [www.rowmanlittlefield.com](http://www.rowmanlittlefield.com)

**The Use of the Creative Therapies with Chemical Dependency Issues** Stephanie L. Brooke, 2009 dependence play therapy and filial therapy songs music and sobriety dance movement therapy as an effective clinical intervention using expressive arts therapy with young male offenders a case study of dance movement therapy with the dually diagnosed in a methadone treatment program recovering identity and stimulating growth individual drama therapy and the alcoholic existential drama therapy and addictive behavior and poetry therapy in the treatment of addictions The strategies and discussions contained in this book will be of special interest to educators students and therapists as well as people struggling with substance abuse Book Jacket

**A Contemporary Approach to Substance Use Disorders and Addiction Counseling** Ford Brooks, Bill McHenry, 2015-01-29 Written as an introduction to the field of addiction counseling this text covers the fundamental knowledge and skills necessary to counsel people who are struggling with addiction Drs Brooks and McHenry provide a straightforward and holistic approach to treatment and recovery from the major theoretical underpinnings to assessment and diagnosis to relapse prevention and spirituality With a focus on current clinical applications and how to's this book is ideal both for master's level addictions courses and mental health clinicians Topics covered are cultural and gender issues including work with LGBT clients drug classifications and referral assessment diagnosis and interview techniques the continuum from nonuse to addiction work in college university school and community mental health agency settings developmental approaches in treatment the role of the family grief and loss in addiction group counseling relapse and recovery spirituality and support groups addictions training certification and ethics and the importance of counselor self care Exploration questions and suggested activities are presented in each chapter Requests for digital versions from the ACA can be found on [wiley.com](http://wiley.com) To request print copies please visit the ACA website <https://imis.counseling.org/store> Reproduction requests for material from books published by ACA should be directed to [permissions@counseling.org](mailto:permissions@counseling.org) **Responding to the Homeless** Russell K. Schutt, Gerald R. Garrett, 2013-11-21 Responding to the Homeless Policy and Practice is largely a product of a unique collaboration between Russell K Schutt and Gerald R Garrett and their Boston community As such it offers a rich perspective on the problem of homelessness that is derived from the authors shared experience with researchers

academics students providers policymakers and homeless persons themselves Schutt and Garrett take the reader into the shelters and acquaint him or her with the philosophical and practical dilemmas facing line workers as well as policymakers They also take the reader into the community to better understand the housing market and the dysfunctional continuities among shelter housing treatment and social supports There are sensitive discussions of the salient health problems that too commonly touch the lives of homeless individuals such as substance abuse and AIDS The volume also includes clear descriptions of the sometimes elusive processes of counseling and case management for homeless individuals The sidebars of what to do and what not to do contain useful information that will both inform and empower individuals who are working on the front lines and inspire and prepare future caregivers While the eminently readable organization and style of the book are suggestive of a highly practical handbook on the basics of homelessness the authors and their contributors have also produced a scholarly volume that is replete with current research findings programs descriptions case studies and vignettes

Understanding People in Context Ellen P. Cook, 2015-01-12 This exceptional book emphasizes uniquely designed interventions for individual counseling group work and community counseling that consider clients as individuals within the contexts of families cultural groups workplaces and communities Part I describes the theoretical research base and major tenets of the ecological perspective and its applications to counseling practice In Part II experts who have used the ecological perspective in their work discuss its usefulness in various applications including counseling diverse clients with specific life challenges assessment diagnosis and treatment planning and in schools substance abuse programs faith based communities and counselor training programs Requests for digital versions from ACA can be found on [www.wiley.com](http://www.wiley.com) To purchase print copies please visit the ACA website Reproduction requests for material from books published by ACA should be directed to [publications@counseling.org](mailto:publications@counseling.org)

**Drugs and the Elderly Adult** Meyer D. Glantz, David M. Petersen, Frank J. Whittington, 1983



## **Loosening The Grip Hdbk Of Alcohol Info** Book Review: Unveiling the Power of Words

In a global driven by information and connectivity, the power of words has be more evident than ever. They have the capability to inspire, provoke, and ignite change. Such is the essence of the book **Loosening The Grip Hdbk Of Alcohol Info**, a literary masterpiece that delves deep into the significance of words and their impact on our lives. Compiled by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we shall explore the book is key themes, examine its writing style, and analyze its overall effect on readers.

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## Loosening The Grip Hdbk Of Alcohol Info Introduction

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