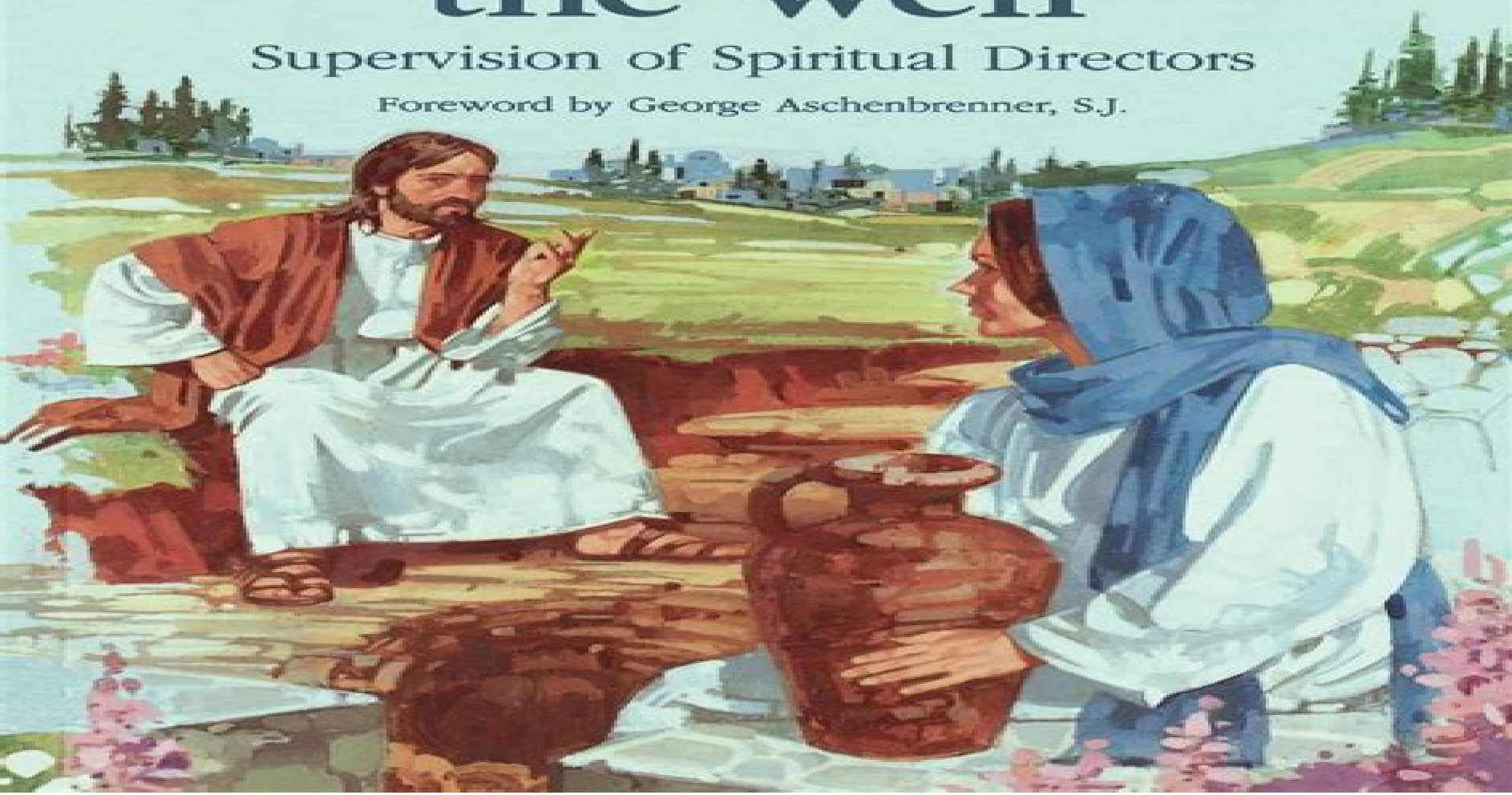


From the Author of *The Discerning Heart*  
Maureen Conroy, R.S.M.

# Looking into the Well

Supervision of Spiritual Directors

Foreword by George Aschenbrenner, S.J.



# Looking Into The Well Supervision Of Spiritual Directors

**Tao Wei**



## **Looking Into The Well Supervision Of Spiritual Directors:**

Looking Into the Well Maureen Conroy, 1995 Looking into the Well Supervision of Spiritual Directors is the first book length treatment of the supervision and development of spiritual directors      **The Soul of Supervision** Margaret Benefiel, Geraldine Holton, 2010-09 With national and international concern around issues of abuse burnout meaninglessness and spiritual bankruptcy in every profession supervision is becoming increasingly necessary for people who desire life giving care and understanding in their work and ministry This book provides a framework of theory and experience to develop the strengths and address the challenges of professional supervision with particular focus on developing spiritual sensitivity and competency      **Handbook for Spiritual Directors** Julie M. Douglas, 1998      **Enriching Ministry** Michael Paterson, Jessica Rose, 2014-03-27 Enriching Ministry offers a more detailed and wide ranging overview of pastoral supervision and its relationship to other disciplines and fields of study It describes an approach to supervision which is theologically rich psychologically informed contextually sensitive and praxis based It is intended for those seeking support for their own ministries as well as for those who supervise in the areas of initial and continuing ministerial formation healthcare executive coaching spiritual direction The final chapters consider the professional development and training of supervisors This book is aimed at those in local ministry seeking training in supervision in the UK training incumbents team rectors superintendents etc healthcare chaplains who facilitate reflective practice or who offer in house supervision a requirement for UK based Band 6 jobs spiritual directors for whom there is not as yet any unified approach to training for pastoral supervision theological educators trying to meet the requirements of supervised placements Supervision Practitioners supervision training providers those in ministry seeking supervision bishops and church leaders looking for ways of getting beyond appraisal to non managerial ministerial and vocational reflection      *Kaleidoscope* Ineda Pearl Adesanya, 2019-12-17 A comprehensive resource for understanding the various components of spiritual direction Early mystics of the Near East and northern Africa created the monastic traditions and were the first psychologists exploring various practices to test the human capacity In medieval times spiritual direction was common in the Roman Catholic monastic traditions It extended significantly into Protestant Christianity in the late twentieth century by predominantly white and affluent organizations Spiritual direction has progressively become a global multi religious and interfaith practice This book is a comprehensive and concise text from a spiritual director of color offering inclusive resources and tools to spiritual directors of many faiths and for people of diverse cultures and traditions Core skills such a deep listening hospitality and discernment are presented with cutting edge lessons on internal liberation systemic trauma and imaginative discovery Spiritual direction is taught by more than 100 educational institutions and spirituality centers in the US alone but typical curriculum generally does not reflect current cultural reality and growing diversity This is a textbook for anyone who studies spiritual direction as both preparation for and deepening of their calling      **Spiritual Direction** Sue Pickering, 2014-09-16 Spiritual direction has been

an intrinsic part of the Christian tradition since the earliest days of the church when desert mothers and fathers were sought out for their wisdom and guidance This guide aims to equip clergy and laity engaged in this task or in training for it

**Psychotherapy and Spiritual Direction** Lynette Harborne, 2018-03-22 This book explores the similarities and differences between the practice of psychotherapy and spiritual direction and suggests that whilst there may be distinctions between the two activities the process is essentially the same The purpose of the book is to improve the understanding between therapists and spiritual directors to encourage dialogue and discussion between them as well as to offer challenges and learning to both In the process of exploring the interface between the practice of therapy and the practice of spiritual direction questions arise about how to address issues of spirituality in a psychological context and psychological issues in a spiritual context A brief overview of the historical background to spiritual direction is given and attention drawn to the links between this tradition and the development of psychotherapy Spiritual issues that may arise in therapy together with psychological issues that occur during spiritual direction are discussed leading on to a comparison between dark night of the soul experiences and clinical depression

**An Open Place** Daniel Schrock, Marlene Kropf, 2012-11 Written from an ecumenical standpoint as a practical aid for moving those experienced in individual spiritual direction toward group practices This book responds to the movement to expand spiritual direction beyond the classic one-on-one model Group spiritual direction has the potential to offer the rich experience of individual spiritual direction to a much wider audience yet very little has been written to provide guidance for starting such groups This book responds to that challenge It outlines ways that a diverse and ecumenical group of spiritual directors worked to initiate groups in multiple contexts It examines the many variables among directors directees even meeting spaces that affect and enliven this ministry And it summarizes pitfalls success and discoveries

*Becoming Apostolic* Catherine Sexton, 2024-07-01 This book explores the experience and understanding of Roman Catholic sisters of their vocation to the apostolic form of religious life as they age Based on interviews with twelve religious women it draws on the practice of Lectio Divina to explore how these women describe their call to service and activity at a time in life when these might be curtailed by physical diminishment and increasingly reduced social interaction and influence As the very institutions of religious life are themselves under threat the book identifies new emerging forms of ministry through presence to each other and to their carers

**Spiritual Direction and the Encounter with God** William A. Barry, 2004 Is what we call the encounter with God merely a depth experience of the psyche or does it have a specific theological character In this revised edition of his best selling book William Barry shows how it is possible to understand an encounter with the Triune God in this world and how that process can be interpreted and aided by a spiritual director Using the insights of John Macmurray and John Smith Barry describes how a relationship with God develops and how one can discern whether a particular experience is from God or not This understanding of religious experience comes from a theology of community communal discernment and ministry in the church This book will be helpful to spiritual

directors educators and theologians as well as all educated seekers desiring a deeper relationship with God In this revised edition the author has added reflections on God s presence to suffering and evil and to evildoers updated the bibliography and freshened his examples for the 21st century reader     The Discerning Heart Maureen Conroy,1993 Discusses how to apply St Ignatius Rules for Discernment to one s everyday life in order to improve one s relationship with God Includes a question and reflection section at the end of each chapter     *Spiritual Accompaniment and Counselling* Peter Madsen Gubi,2015-02-21 This collection considers how spiritual accompaniment and counselling can inform each other to improve therapeutic relationships and the spiritual dimension of care across professions     **Spiritual Direction** Ruffing, Janet K., RSM,2000 Explores issues that arise in the advanced stages of spiritual direction from both a practical and theoretical perspective     **Candlelight** Susan S. Phillips,2008-03-01 Offers an intimate view of spiritual direction through written re enactments of actual spiritual direction sessions The experiential practice is accompanied by theoretical and theological foundations guiding it The book includes the stories of nine men and women whose stories illustrate how the journey of Christian discipleship is helped by spiritual direction The Spiritual Directors International Series This book is part of a special series produced by Morehouse Publishing in cooperation with Spiritual Directors International SDI a global network of some 6 000 spiritual directors and members     **Using the Bible in Spiritual Direction** Liz Hoare,2016-01-01 Spiritual direction is increasingly popular among Christians of all mainstream traditions with demand for directors outstripping supply in many places And although the Bible is central to the practice of spiritual direction very little has been published on how best to use it in this form of ministry Experienced spiritual director Liz Hoare explores the central role the Bible has played in Christian experience in order to discourage poor shallow or rigid use of the Bible which can lead to damage and inhibit spiritual growth According to Hoare the goal of spiritual direction is not a personal improvement plan but a people who are being shaped into the likeness of Christ for the flourishing of the church as a whole Using different methods of praying with the Bible and drawing on historical traditions of Christian spirituality as well as current literature and practice this book offers a rich stimulating and thoroughly biblical resource for all those who give and receive spiritual direction

**Courageous Conversations** William R. DeLong,2009-12-22 *Courageous Conversations* is designed to assist with the complexities of pastoral supervision in a variety of settings such as local congregations seminary programs of field education clinical pastoral education clinical training of spiritual directors and certified pastoral counselors and more The preparation and training of supervisors is diverse and often learned through on the job training This book draws on a wide variety of experienced supervisors in clinical pastoral education to seminary faculty members The topics covered in the book address very pragmatic aspects of supervision for pastors in local congregations who supervise seminary interns to well developed theoretical aspects of supervisory education that are utilized in clinical pastoral education Readers of this book will benefit from theoretical viewpoints as well as practical hands on application to their ministry Special attention is given to the task

purpose and methods of pastoral supervision and helpful suggestions are provided for working with important issues such as pastoral identity skill development attending to ethics postmodernism gender sexuality and more **Strengthening**

**Spirit-Releasing Potential** Bernadette Miles, 2021-02-09 Have you ever wondered what releasing spiritual potential in the workplace might do for your organization In today's climate of colossal and incredibly fast global change the world needs new ways to develop discerning leaders to consciously lead our community of life into the future Though there are many books on leadership they rarely engage the importance and relevance of spiritual development and spiritual accompaniment in organizational discernment and leadership development Spiritual formation through spiritual direction has the potential to transform the way we lead organizations in secular and religious settings Drawing on the wisdom and experience of leaders and spiritual directors this book first broadens our understanding of how spiritual direction can be a resource for leadership and organizational development second supports spiritual directors in developing their corporate practice and their understanding of the relevance of spiritual direction for a wider community **Taking the Exercises to the World** Ellen

Tomaszewski, 2008-03 A handbook providing all information agendas talks charts schedules etc needed to present a quality group experience of the 19th Annotation of the Spiritual Exercises of St Ignatius **How Then Shall We Guide?** Jimmy Boon-Chai Tan, 2023-05-25 There has been a marked increase of interest in the art of spiritual direction in recent decades Yet in many circles especially in ecumenical and interfaith contexts it is unclear what grounds the practice of this ancient art As a tradition's practice of spiritual direction expresses its particular theology which in turn is shaped by its unique history this work explains that ecumenical spiritual direction must make and retain the tri perspective of history theology and method that faithfully reflects each tradition's distinctives as requisite for true ecumenical enrichment The importance of this trinocular vision is brought into sharp focus through a comparative study of Ignatius of Loyola and John Calvin where points of continuity and discontinuity between the Ignatian and Reformed traditions underscore the importance of this work's thesis

**Evelyn Underhill** Annice Callahan, 1997 This book explores Evelyn Underhill's spirituality for daily living by describing aspects of her life and writings that are relevant for contemporary Christians in their daily living It combines scholarly research and pastoral applications The first part focuses on three influences on her life experiences and images her study of the mystics and her work with spiritual guides The second part discusses Underhill's spirituality for daily living based on a study of her letters retreats and other spiritual writings The third part presents her legacy for the third millennium her study of mysticism her spiritual guidance and her spirituality for daily living This work highlights aspects of her life with which readers may identify for example her own return to the Anglican communion after fourteen years her ecumenical dialogue with the Orthodox church and her lifelong attraction to the mystical and sacramental aspect of Roman Catholicism her study of Sufi mystics bringing her into interfaith dialogue her pacifist stance in World War II and her prophetic contribution to the Anglican church as a woman spiritual director retreat preacher theologian spiritual writer and spiritual resource for today

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