

BIPOLAR DISORDER SYMPTOMS

BIPOLAR DISORDER INCLUDES MANIC EPISODES:



FEELING OVERLY HAPPY FOR
LONG PERIODS OF TIME



TALKING VERY FAST
WITH RACING THOUGHTS



BECOMING EASILY
DISTRACTED



HAVING OVERCONFIDENCE
IN ABILITIES



ENGAGING IN RISKY BEHAVIOR
(E.G. GAMBLING)

BIPOLAR DISORDER INCLUDES DEPRESSION EPISODES:



FEELING SAD OR HOPELESS
FOR LONG PERIOD OF TIME



SIGNIFICANT CHANGE
IN APPETITE



THINKING ABOUT OR
ATTEMPTING SUICIDE



FEELING FATIGUE
OR LACK OF ENERGY



PROBLEMS WITH MEMORY
AND CONCENTRATION

Managing Bipolar Affective Disorder

J Spring



Managing Bipolar Affective Disorder:

Embark on a breathtaking journey through nature and adventure with Crafted by is mesmerizing ebook, Natureis Adventure: **Managing Bipolar Affective Disorder** . This immersive experience, available for download in a PDF format (PDF Size: *), transports you to the heart of natural marvels and thrilling escapades. Download now and let the adventure begin!

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Managing Bipolar Affective Disorder Introduction

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