

**Management
of
Countertransference
With
Borderline Patients**

GLEN O. GABBARD, M.D.
SALLYE M. WILKINSON, Ph.D.

Management Of Countertransference With Borderline Patients

Amelio D'Onofrio



Management Of Countertransference With Borderline Patients:

Management of Countertransference with Borderline Patients Glen O. Gabbard, Sallye M. Wilkinson, 1994 Management of Countertransference With Borderline Patients is an open and detailed discussion of the emotional reactions that clinicians experience when treating borderline patients This book provides a systematic approach to managing countertransference that legitimizes the therapist s reactions and shows ways to use them therapeutically with the patient This comprehensive volume includes an overview of common countertransference feelings that arise in treating borderline patients describes various aspects of countertransference management illustrates these aspects with detailed clinical vignettes covers gender issues in countertransference presents a detailed examination of countertransference when the therapist is pregnant Management of Countertransference With Borderline Patients serves as a clinical guide for all mental health professionals seeking to avoid boundary violations in their clinical work Management of Countertransference with Borderline Patients Glen O. Gabbard, Sallye M. Wilkinson, 2000-10-01 Management of Countertransference with Borderline Patients is an open and detailed discussion of the emotional reactions that clinicians experience when treating borderline patients This book provides a systematic approach to managing countertransference that legitimizes the therapist s reactions and shows ways to use them therapeutically with the patient *Management of Countertransference with Borderline Patients* Glen O. Gabbard, Sallye M. Wilkinson, 2000-10-01 Management of Countertransference with Borderline Patients is an open and detailed discussion of the emotional reactions that clinicians experience when treating borderline patients This book provides a systematic approach to managing countertransference that legitimizes the therapist s reactions and shows ways to use them therapeutically with the patient *Management of Countertransference with Borderline Patients* Glen O. Gabbard, Sallye M. Wilkinson, 2000-10 Management of Countertransference with Borderline Patients is an open and detailed discussion of the emotional reactions that clinicians experience when treating borderline patients This book provides a systematic approach to managing countertransference that legitimizes the therapist s reactions and shows ways to use them therapeutically with the patient **A Primer of Transference-Focused Psychotherapy for the Borderline Patient** Frank E. Yeomans, John F. Clarkin, Otto F. Kernberg, 2002-07-31 Treating borderline patients is one of the most challenging areas in psychotherapy because of the patient s extreme emotional expressions the strain it places on the therapist and the danger of the patient acting out and harming himself or the therapeutic relationship Many clinicians consider this patient population difficult if not impossible to treat However in recent years dedicated experts have focused their clinical and research efforts on the borderline patient and have produced treatments that increase our success in working with borderline patients Transference Focused Therapy TFP is psychodynamic treatment designed especially for borderline patients This book provides a concise and comprehensive introduction to TFP that will be useful both to experienced clinicians and also to students of psychotherapy TFP has its roots in object relations and it emphasizes that the transference

is the key to understanding and producing change The patient's internal world of object representations unfolds and is lived in the transference with the therapist The therapist listens for and makes use of the relationship that is revealed through words silence or as often occurs in the case of individuals with some borderline personality disorder acting out in subtle or not so subtle ways This primer offers clinicians a way to understand and then use the transference and countertransference for change in the patient

Handbook of Good Psychiatric Management for Borderline Personality Disorder John G. Gunderson, M.D., 2014-01-15 This book is a complete guide to using the evidence based Good Psychiatric Management GPM approach for the treatment of BPD The book demystifies the disorder supplying treatment guidelines case studies and online video demonstrations of core techniques needed to deliver effective short term intermittent and non intensive therapeutic care

Effective Clinical Practice in the Treatment of Eating Disorders Margo Maine, William N. Davis, Jane Shure, 2008-10-20 This book is the first to address what really happens behind closed doors during eating disorders treatment as most writing has only addressed theoretical approaches and behavioral strategies The field has long needed a book that describes the heart of the matter the therapeutic interventions and interactions that comprise life changing treatment for this life threatening disorder In response to this need the authors have created a book that reflects the individual therapeutic skills and the collective wisdom of senior clinicians all of whom have years of experience treating anorexia bulimia and binge eating disorder Intended to be a deeply thoughtful and instructive volume *Effective Clinical Practice in the Treatment of Eating Disorders The Heart of the Matter* demonstrates the depth complexity and impact of the therapeutic process In particular the book articulates and explores essential points of information issues insights and unresolved questions about eating disorders treatment *Effective Clinical Practice in the Treatment of Eating Disorders* describes and explicates important treatment issues and themes in a nuanced highly contextualized and qualitative manner The book offers a significant reference for both novice and seasoned therapists and it includes specific information that will serve to inform and mentor future generations of eating disorders clinicians

The Mental Health Practitioner and the Law Lawrence E. Lifson, Robert I. Simon, 1998 Here is a unique and practical guide to clinical risk management in the mental health field The book combines the expertise of mental health professionals judges attorneys and insurance industry experts to help the clinician provide effective treatment while reducing the risk of legal liability Wide ranging clinically based and up to date this will be a welcome guide for medical and surgical practitioners as well

Adolescent Self-Injury Amelio D'Onofrio, 2007-03-15 In this truly comprehensive guide Dr D Onofrio approaches the topic of how first responders such as teachers coaches social workers guidance counselors and campus health counselors can and do treat adolescent self injury From examinations of the core social and emotional issues related to self injury to the integration of understanding with practice everything needed for comprehensive care is detailed in this volume Each part of the book focuses on a basic topic such as what constitutes self injury the foundations for self injury and how to engage an adolescent with these issues Each

issue is presented in straightforward chapters that are immediately accessible to those who are currently struggling to address this growing trend among teens. The chapters within each part delve into how to recognize, treat, and approach this illness and incorporate first person stories from psychologists, teachers, and adolescents themselves. Psychodynamic Psychiatry in Clinical Practice, Fifth Edition Glen O. Gabbard, M.D., 2014-04-16. It is difficult to improve on a classic, but the fifth edition of *Psychodynamic Psychiatry in Clinical Practice* does just that, offering the updates readers expect with a deft reorganization that integrates DSM 5 with the author's emphasis on psychodynamic thinking. The individual patient is never sacrificed to the diagnostic category; yet clinicians will find the guidance they need to apply DSM 5 appropriately. Each chapter has been systematically updated to reflect the myriad and manifold changes in the 9 years since the previous edition's publication. All 19 chapters have new references and cutting edge material that will prepare psychiatrists and residents to treat patients with compassion and skill. The book offers the following features: Each chapter integrates new neurobiological findings with psychodynamic understanding so that clinicians can approach their patients with a truly biopsychosocial treatment plan. Excellent writing and an intuitive structure make complicated psychodynamic concepts easy to understand so that readers can grasp the practical application of theory in everyday practice. The book links clinical understanding to the new DSM 5 nomenclature so that clinicians and trainees can adapt psychodynamic thinking to the new conceptual models of disorders. New coverage of psychodynamic thinking with relation to the treatment of patients on the autism spectrum addresses an increasingly important practice area. Posttraumatic stress and dissociative disorders have been combined to allow for integrated coverage of primary psychiatric disorders related to trauma and stressors. A boon to clinicians in training and practice, the book has been meticulously edited and grounded in the latest research. The author firmly believes that clinicians must not lose the complexities of the person in the process of helping the patient. *Psychodynamic Psychiatry in Clinical Practice, Fifth Edition* keeps this approach front and center as it engages, instructs, and exhorts the reader in the thoughtful, humane practice of psychodynamic psychiatry. *Management of Treatment-Resistant Major Psychiatric Disorders* Charles B. Nemeroff, 2012-06-05. A sizable percentage of patients with major psychiatric disorders do not respond to the first or second treatments they receive. This book summarizes the latest evidence from clinical studies concerning the treatment of patients with treatment-resistant psychiatric disorders. Both pharmacological and psychotherapeutic interventions are included, as well as somatic, non-pharmacological treatments. The chapter authors represent the leaders in their respective fields. **The Management of Sexuality in Residential Treatment** Gordon Northrup, 2014-05-12. Here are practical ideas and help for dealing with problems of sexuality in residential treatment settings. On a day-to-day level, difficulties can arise from the need for child care workers to maintain caring and personal relationships with children in the face of the children's and their own sexuality. Children themselves also may have difficulties in properly expressing their sexuality. *The Management of Sexuality in Residential Treatment* examines a broad range of problems that often occur and

describes several treatment programs and strategies for coping with incidents of abuse or alleged abuse Chapters in the book address issues pertinent for professionals working with children in residential treatment Authors cover topics such as residents needs for love versus sexuality the impact of sexually stimulating materials erotic countertransference in a residential treatment center survey of minor sex problems in the milieu and how to respond to them personal relationships between residents and staff The book also describes two treatment programs for abused or abusing children The first is an eight week multimodal therapeutic program for adolescent girls who have been sexually abused the other a course for sexually abusive boys that includes counseling sex education and journal writing The Management of Sexuality in Residential Treatment is a valuable resource for the staff of residential treatment centers group homes residential schools and hospital pediatric units who wish to understand how to deal more effectively with issues of sexuality and the children for whom they care

Informed Treatment Nancy Britton Soth,1997 Written for those who design and work in inpatient psychiatric treatment programs this volume brings together diverse literature intended to provide strategies for developing and managing therapy Topics include concepts in milieu therapy and management applications treatment models in the psychiatric milieu the organization of treatment the creation of the treatment environment working with specific populations in the milieu problems in the psychiatric milieu and techniques for milieu management and therapy Annotation copyrighted by Book News Inc Portland OR

The Handbook of Mentalization-Based Treatment Jon G. Allen,Peter Fonagy,2006-08-04 Pioneering research has been carried out over the last decade on mentalization and the promotion of mentalizing capacity the ability to interpret the behavior of oneself and others as based on intentional mental states such as needs desires feelings and beliefs This book is a consolidation of current knowledge and clinical applications bringing together a group of international experts who have been on the ground floor of theory and research to clarify the concept review pertinent neurobiological and psychosocial research and explore its diverse clinical applications Four sections will cover Conceptual Foundations Developmental Psychopathology Intervention and Prevention A biopsychosocial approach will be used integrating new research in neuroimaging with psychodynamic and cognitive perspectives Clinical issues covered will include parent child interactions personality disorders traumatic brain injury bullying and at risk children

Self-Understanding and Other-Understanding in Personality Pathology Majse Lind,Espen Jan Folmo,Erin Kaufman,2024-02-02

Oxford Textbook of Psychotherapy Glen O. Gabbard,Judith S. Beck,Jeremy Holmes,2007 With the publication of this book psychotherapy finally arrives at the mainstream of mental health practice This volume is an essential companion for every practising psychiatrist clinical psychologist psychotherapy counsellor mental health nurse psychotherapist and mental health practitioner It is integrative in spirit with chapters written by an international panel of experts who combine theory and research with practical treatment guidelines and illustrative case examples to produce an invaluable book Part One gives a comprehensive account of all the major psychotherapeutic approaches Parts Two and Three

systematically describe psychotherapeutic approaches to the major psychiatric disorders and personality disorders Many chapters are multi authored and describe the psychodynamic cognitive behavioural and other approaches for treating these illnesses Part Four examines applications and modifications of psychotherapy across the lifecycle Part Five describes psychotherapy with specific populations such as medical patients and those where gender is an issue and finally Part Six tackles some of the special topics of concern to psychotherapists including ethics legal issues and psychotherapy and neuroscience The first of its kind this is a must have volume for all trainee and practising psychological therapists whatever their background psychiatry psychology social work or nursing Clinical Topics in Personality Disorder Jaydip

Sarkar, Gwen Adshead, 2012-07-02 This book provides an expert synthesis of these clinical advances It covers the nature of personality disorders assessment diagnosis and classification management and a broad range of therapeutic approaches Written by practitioners with real expertise in the field the book is equally suitable for psychiatric trainees and more experienced clinicians from the full range of disciplines in mental healthcare Up to date and comprehensive Includes service user experiences Draws on a wealth of real clinical experience Eclectic range of therapies and approaches Covers all age groups and specialist settings Five chapters have been specially commissioned for this book while previous versions of the other 15 chapters have been published in the journal *Advances in Psychiatric Treatment* many have been extensively updated by the authors *Handbook of Diagnosis and Treatment of DSM-5 Personality Disorders* Len Sperry, 2016-05-12 Since the

publication of the acclaimed second edition of *Handbook of Diagnosis and Treatment of DSM IV TR Personality Disorders* much has changed in how the personality disorders are understood and treated However like its previous editions this new edition is a hands on manual of the most current and effective evidence based assessment and treatment interventions for these challenging disorders The beginning chapters describes several cutting edge trends in the diagnosis case conceptualization and treatment of them Then specific chapters focus on evidence based diagnosis and treatment interventions for each of the 10 DSM 5 personality disorders Emphasized are the most recent developments from Cognitive Behavior Therapies Dialectical Behavior Therapy Cognitive Behavior Analysis System of Psychotherapy Pattern Focused Psychotherapy Mindfulness Schema Therapy Transference Focused Psychotherapy and Mentalization Based Treatment As in previous editions extensive case material is used to illustrate key points of diagnosis and treatment **Psychodynamic**

Psychiatry in Clinical Practice Glen O. Gabbard, 2005 This new edition continues its tradition as the most readable scholarly and practical introduction to psychodynamic theory and practice available This invaluable one stop reference will prepare you to teach students and treat patients more effectively with its truly integrative psychodynamic approach

Countertransference Issues in Psychiatric Treatment Glen O. Gabbard, 1999 This book provides an overview of theory and technique that gives the reader a detailed account of how countertransference is used in contemporary practice It shows the usefulness of examining countertransference issues in a wide range of psychiatric settings including pharmacotherapy

consultation liaison settings and forensic facilities

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