

COMMON ANXIETY DISORDERS



GENERALIZED ANXIETY DISORDER

↑↑↑ ANXIETY & WORRY
+ PHYSICAL SYMPTOMS



AGORAPHOBIA

* FEAR in PUBLIC PLACES
* +/- Associated
w/ PANIC DISORDER



PANIC DISORDER

* RECURRENT
* UNEXPECTED
~ Abrupt surge of
discomfort or fear

Panic Disorder And Agoraphobia

Michael Seilmaier



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