# Re-examining Psychology

Critical perspectives and African insights

T. Len Holdstock



# Re Examining Psychology Critical Perspectives And African Insights

Len T. Holdstock

# **Re Examining Psychology Critical Perspectives And African Insights:**

Re-examining Psychology Len T. Holdstock, 2013-08-21 First published in 2004 Routledge is an imprint of Taylor Francis an informa company **Critical Psychology** Derek Hook, 2004 Offers a broad introduction to critical psychology and explores the socio political contexts of post apartheid South Africa This title expands on the theoretical resources usually referred to in the field of critical psychology by providing substantive discussions on Black Consciousness Post colonialism and Africanist forms of critique **Theoretical Psychology** International Society for Theoretical Psychology. Conference, Niamh Stephenson, 2003 Decolonising the University: The Emerging Quest for Non-Eurocentric Paradigms (Penerbit USM) Claude Alvares, Shad Saleem Faruqi, 2014-11-25 This book of essays is a sequel to the International Conference on Decolonising Our Universities held in Penang Malaysia from June 27 to 29 2011 The Conference was jointly organised by the Universiti Sains Malaysia and Citizens International in cooperation with the Higher Education Leadership Academy of the Malaysian Ministry of Higher Education At the Conference speaker after speaker pointed out that education in Asia and Africa is too Westcentric It blindly apes European universities European curricula and European paradigms The papers in this volume examine possible ways of overcoming this problem of intellectual enslavement in Asian and African citadels of learning It must be pointed out at the very outset that this book is not meant to be a tirade against the West Its aim is not to ask Asian and African universities to shut out Europe and North America or to be insular or to wear blinds Its aim is positive to make Asian and African tertiary education truly global and at the same time socially relevant This cannot be done unless the intellectual monopoly of the West is broken and European knowledge is made to make way for the review teaching and expansion of the vast knowledge of other societies and cultures European knowledge may supplement but never replace other valid knowledge systems and traditions The book is divided into eight parts Part I creates the setting provides an overview of the state of our universities reflects on decolonisation of our intellectual heritage and explains how colonial education was used to assault our cultures Part II contains a wish list of the decolonised university There are essays on the philosophical basis of an African university and about how the sacred and the secular can be integrated and how the community can be brought back into the university Part III critically examines the promise and performance of UNESCO in decolonisation of Asian and African institutions of higher learning Part IV discusses eurocentrism in social sciences in mathematics and in science curricula Part V highlights the state of social sciences and the law today and provides an alternative discourse in social theory history psychotherapy psychology law and language education Part VI discusses regional decolonising initiatives in the Philippines Taiwan Turkey and Iran Part VII provides insights into some experiments in transforming academic pedagogy Finally Part VIII contains some personal journeys in decolonisation of the self This book of essays is meant to coincide with Malaysia's Independence Day on August 31 1957 The hope is that the timing will underline the point that the stains of cultural and intellectual imperialism do not end with the attainment of political freedom

Freedom is a state of the mind and regrettably throughout Asia and Africa the enslavement of the mind has continued long after the coloniser has gone back home This humiliating state of affairs must end not only to give meaning to political independence but also to improve the quality of our education by giving to our students a better panorama of world knowledge and thereby to increase their choices Decolonisation of our universities is not an exercise in flag waving nationalism Its aim is ameliorative Diversity and pluralism of knowledge systems are vital for meeting many of the moral social and economic challenges of the times and for avoiding the frightening economic educational and cultural consequences of Europe's near total intellectual and educational monopoly over Asia Africa and Latin America For example Western models of development have proved to be a nightmare and have not served Asia and Africa well Economic theories from the West have brought the whole world to the brink of an environmental catastrophe Asian universities should offer a critique of the ethnocentrism of Western scholarship by pointing out that a middle class Western lifestyle and what that entails in terms of the nuclear family the consumer society living in suburbia and extensive private space may neither be workable nor desirable on a fragile planet The humiliating story of intellectual enslavement in each field and in each region is best told in the words of the authors What must be noted is the ways in which this subservience manifests itself Our university courses reflect the false belief that Western knowledge is the sum total of all human knowledge The books prescribed and the icons and godfathers of knowledge are overwhelmingly from the North Atlantic countries Titles written by scholars and thinkers from Asia and Africa are rarely included in the book list This may indicate a pervasive inferiority complex or ignorance of the contribution of the East to world civilisation Any evaluation of right and wrong of justice and fairness of poverty and development and of what is wholesome and worthy of celebration tends to be based on Western perceptions Eastern ideas and institutions are viewed through Western prisms and invariably regarded as primitive and in need of change Despite decades of political independence the framework assumptions of our law politics economics education history science art and culture remain dictated by our former colonial masters Our concept of the good life and our views on human rights have very tenuous links to our indigenous traditions Our cultural values domestic relations music food and dressing indeed our whole Weltanschauung is constructed on a Western edifice of knowledge Our concept of beauty has been socially constructed by Hollywood media In our professions most of the icons we look up to are Western In our universities the syllabi we draft the books we prescribe the theories we blindly ape the new abodes of the sacred we worship have very little connection with our own intellectual and moral heritage It is fashionable in Asian universities to import expatriate lecturers external examiners and guest speakers exclusively from North Atlantic countries Asian scholars are generally not regarded as fit for such recognition The underlying assumption is that Asians and Africans matter little and in all aspects of existence we need civilisational guidance from the overlords of humankind in Europe and America How did we fall into such depths of enslavement and reverse racism An essay in the volume points out that the colonisers conquered our

mind by dismissing and deriding our cultures alienating us from our roots and putting us in awe of the culture of the masters They used the colonial education system for the production of a competent but submissive class They replaced local languages with the English language extinguishing along with local languages the cultural and moral nuances and perspectives that surround a language The colonisers falsified and obliterated historical records of intellectual achievements by Asian and African scholars and inventors They borrowed extensively from the East but shamelessly failed to acknowledge that debt In many cases they Latinised Eastern names to make them sound European The world does not know that during the European Dark Ages scintillating educational developments were taking place in Asia and Africa While Europe slept China India Persia and Egypt practised science invented algebra furthered mathematics metallurgy law and logic They conducted complex medical operations invented rockets wrote treatises in philosophy sociology and astronomy A more recent form of Western hegemony is the yearly university ranking lists Western education Western science and Western achievements are subjected to evaluation on criteria that are rigged in their favour A host of Western consultants and experts unabashedly glorify American and European achievements and certify and celebrate the unique quality of their education system A recent claim was made that American society symbolised the end of history implying thereby that no further human progress was necessary anywhere else The book s ultimate aim is to discover what needs to be done to liberate our minds and our souls to end this academic colonialism to restore our dignity and independence We must shed the slavish mentality of blindly aping Western paradigms We must stop sucking up to the Western academic system We need to send Columbus packing back home Not only the Columbus outside but also the Columbus within We need to rediscover the suppressed knowledge of our civilisations and to reconnect with our rich heritage We must embark on a voyage of discovery of our ancestors intellectual wanderings and rediscover the wonders and heritage of China India Persia Mesopotamia Egypt and other Eastern and African civilisations We must combat the many fabrications and plagiarisms of Western innovators and we must give credit where credit is due to those in Asia and Africa who pioneered the ideas It must be clarified that it is not part of our agenda to ask European and American universities to include the treasures of the East in their syllabi Whether their world views should be enriched by the insights and reflections of the East or whether they should remain insular and wear blinds is their own problem Further it is not our aim to shut out the West but to end blind and exclusive reliance on it We need to root our education in our own soil to tap our own intellectual resources first and to make our education relevant to our societal conditions No amount of imported academics or theories can do this only us We are aware that our endeavour will be mocked by many in the West We will also be opposed by many elites in the East who believe that West is best and whose capitulation to Europe perpetuates Western intellectual hegemony Such opposition to the basic thesis of this book will only serve to confirm the phenomenon of legitimation and false consciousness whereby the oppressed are so brainwashed that they cooperate with their oppressors It is the final triumph of a system of domination when the dominated start singing

its virtues In preparing this volume we received invaluable help from many individuals and institutions Universiti Sains Malaysia and Citizens International provided the funds for publication Ayesha Bilimoria helped with the editing of the bulk of the pieces Jenessey Dias performed brisk transcription of the presentations from the DVDs Shafeeg Sameera and Noor Aini Masri gave secretarial assistance Professor Dato Dr Md Salleh Yaapar and his team from the USM Press did everything else with great courtesy speed and professionalism Citizens International s S M Mohamed Idris and Uma Ramaswamy assisted with the printing To all of them we owe a debt of gratitude We hope that this book will highlight what is on any measure a shameful condition and that it will inspire at least some Asian educators to think afresh to chart new directions to search for the best in their indigenous traditions yet to keep the windows of their mind open to the world Beyond WEIRD: Psychobiography in Times of Transcultural and Transdisciplinary Perspectives Claude-Hélène Mayer, Roelf van Niekerk, Paul J.P. Fouché, Joseph G. Ponterotto, 2023-05-27 This volume presents psychobiographical research in non WEIRD Western Educated Industrialized Rich and Democratic contexts and samples focusing on culture transcultural and transdisciplinary work It creates a platform for researchers scholars and scientists from diverse backgrounds to put forth new theoretical and methodological stances in psychobiography thereby making the field more inclusive diverse and equitable The chapters in this volume investigate the role of context across the life course of non WEIRD psychological subjects as well as the interplay between them and their environments across the life span They further elucidate cognitive affective and behavioural aspects of individuals with non WEIRD backgrounds The volume provides a broad and at the same time in depth perspective into psychobiography beyond the usual contexts and therefore has new and original learnings to offer across disciplines and cultures It is a breakthrough in terms of its transcultural and transdisciplinary insights into lives lived in different contexts in the world Every person is in certain respects a like all other persons b like some other persons c like no other persons This book is a challenging and fascinating exploration of extending psychobiography beyond its origins in Europe and America to women and men of different races and social and economic classes from Africa Asia and around the world At its best psychobiography can increase people s awareness of their own subjective experience and that of others contributing to movements for social cultural and political change William McKinley Runyan Professor Emeritus Professor of the Graduate School School of Social Welfare U of California Berkeley Beyond Weird is beyond needed The book triumphantly fills the gap created by a dearth of studies of people other than Western educated European and American men James William Anderson PhD Professor of Clinical Psychiatry and Behavioral Sciences Northwestern University Chicago The Palgrave Handbook of African Philosophy Adeshina Afolayan, Toyin Falola, 2017-11-17 This handbook investigates the current state and future possibilities of African Philosophy as a discipline and as a practice vis vis the challenge of African development and Africa s place in a globalized neoliberal capitalist economy. The volume offers a comprehensive survey of the philosophical enterprise in Africa especially with reference to current discourses arguments and new issues feminism and gender terrorism and

fundamentalism sexuality development identity pedagogy and multidisciplinarity etc that are significant for understanding how Africa can resume its arrested march towards decolonization and liberation **Proceedings of the International** Conference on Education Research Reza Hosseini, Military Psychology for Africa Gideon AJ van Dyk, 2016-03-17 Military Psychology for Africa is the first textbook of its kind from Africa Selected authors with competent military psychology knowledge skills expertise and experience each contributed a chapter to this unique book The book empowers academics students and military fellows to apply this knowledge at academic institutions and military units during operations and in presenting short courses The book will also equip soldiers with new knowledge for advancing peace on the continent Psychology for Social Workers Lena Robinson, 2012-07-26 Social work education has recently undergone and abroad major changes with anti discriminatory practice being a high priority area in professional training Psychology for Social Workers provides an introductory text which will help qualifying and practising social workers to understand and counteract the impact of discrimination work in an ethnically sensitive way demonstrate an awareness of ways to combat both individual and institutional racism through anti racist practice Drawing together research material and literature on black perspectives in human development and behaviour from North America and Britain it provides a starting point that will inspire discussion and debate in the social work field and will generate future theoretical and research questions Among the topics covered are black perspectives in group work and the family identity development and academic achievement in black children and mental health issues in relation to black people Updated throughout to cover recent legislation this second edition is an essential introductory text for all social workers in training and practice and for their teachers and trainers Handbook of Counseling and Psychotherapy in an International Context Roy Moodley, Uwe P. Gielen, Rosa Wu, 2013-05-07 Many factors in the world today such as globalization and a rise in immigration are increasing the need for mental health practitioners to acquire the ability to interact effectively with people of different cultures. This text will be the most comprehensive volume to address this need to date exploring the history philosophy processes and trends in counseling and psychotherapy in countries from all regions of the globe Organized by continent and country each chapter is written by esteemed scholars drawing on intimate knowledge of their homelands They explore such topics as their countries demographics counselor education programs current counseling theories and trends and significant traditional and indigenous treatment and healing methods This consistent structure facilitates quick and easy comparisons and contrasts across cultures offering an enhanced understanding of diversity and multicultural competencies Overall this text is an invaluable resource for practitioners researchers students and faculty showing them how to look beyond their own borders and cultures to enhance their Internationalizing the History of Psychology Adrian C. Brock, 2009-07 Psychology counseling practices Culture and the Politics of Community Development Stacey-Ann Wilson, 2015-01-12 This volume takes as its starting point that issues of identity and culture are important and relevant for community development in nearly every society It is

therefore essential that community development practitioners acknowledge both culture as well as the political necessity of incorporating cultural systems cultural values and traditions into community development initiatives. This book argues that including identity and culture in community development design and treating identity and culture as an intrinsic asset can be beneficial for all types of community action from social cohesion to community economic development This book is a rethinking and reconceptualising of community in an international context and interrogates what community building community engagement and community development could entail in this context. The contributors in this volume address identity culture and community development in both developing and developed countries from multidisciplinary perspectives The chapters explore different conceptual and theoretical frameworks in analysing identity and culture in community development and provide empirical insights on community development efforts around the globe Furthermore the chapters explore different community engagement processes different development models and different stakeholder participation models and processes in an effort to demonstrate that there is no one size fits all design when it comes to community A History of "Relevance" in Psychology Wahbie Long, 2016-06-23 This book represents the first attempt to historicise and theorise appeals for relevance in psychology It argues that the persistence of questions about the relevance of psychology derives from the discipline s terminal inability to define its subject matter its reliance on a socially disinterested science to underwrite its knowledge claims and its consequent failure to address itself to the needs of a rapidly changing world The chapters go on to consider the relevance debate within South African psychology by critically analysing discourse of forty five presidential keynote and opening addresses delivered at annual national psychology congresses between 1950 and 2011 and observes how appeals for relevance were advanced by reactionary progressive and radical psychologists alike The book presents moreover the provocative thesis that the revolutionary quest for social relevance that began in the 1960s has been supplanted by an ethic of market relevance that threatens to isolate the discipline still further from the anxieties of broader society With powerful interest groups continuing to co opt psychologists without relent this is a development that A Critical History and Philosophy of Psychology Richard T. G. Walsh, Thomas only psychologists of conscience can arrest Teo, Angelina Baydala, 2014-03-20 Presents a fresh perspective that explores the development of psychology as both a human and a natural science Psychobiographies Of Political Leaders From Across The World Claude-Hélène Mayer, Roelf van Niekerk, Moshe Banai, 2025-03-03 The authors explore the life and leadership of extraordinary political leaders in different socio cultural contexts and epochs and present new insights in political psychobiography They investigate the lives personalities politics philosophies careers leadership and leadership styles of leaders from the UK Germany France South Africa China Turkey and Zimbabwe and lead discourses on the advancement of contemporary theories and methodologies A must read to understand leaders and leadership in historical contemporary cultural and intercultural perspectives Self, Community and Psychology Norman Duncan, 2004 A reader for students at the University of South Africa studying

community psychology It addresses ideologies of race gender and sexuality that together create particular South African post colonial realities which legitimise oppression and cultural dispossession Trauma, Survival and Resilience in War Zones David Winter, Rachel Brown, Stephanie Goins, Clare Mason, 2015-10-16 This book based upon a series of psychological research studies examines Sierra Leone as a case study of a constructivist and narrative perspective on psychological responses to warfare telling the stories of a range of survivors of the civil war The authors explore previous research on psychological responses to warfare while providing background information on the Sierra Leone civil war and its context Chapters consider particular groups of survivors including former child soldiers as well as amputee footballers mental health service users and providers and refugees Implications of the themes emerging from this research are considered with respect to how new understandings can inform current models of trauma and work with its survivors Amongst the issues concerned will be post traumatic stress and post traumatic growth resilience mental health service provision perpetration of atrocities and forgiveness The book also provides a critical consideration of the appropriateness of the use of Western concepts and methods in an African context Drawing upon psychological theory and rich narrative research Trauma Survival and Resilience in War Zones will appeal to researchers and academics in the field of clinical psychology as well as those studying post war conflict zones Why Psychology Needs Theology Dueck, Cameron Lee, 2005-05-09 Why Psychology Needs Theology shows how Christian insights into human nature can be integrated with psychological theory and suggests ways that a basic understanding of faith might positively impact the therapeutic process In the first part of the book Nancey Murphy explores the core assumptions of psychology from the vantage point of her expertise in the philosophy of science Psychology needs theology and ethics she argues to help it address the question of what constitutes a good life Taking an Anabaptist or Radical Reformation perspective that emphasizes Jesus vulnerable love for his enemies and renunciation of power Murphy challenges psychology to take seriously the goodness of self renunciation In the second part of the book other scholars extend and challenge Murphy s model discussing such topics as gender and culture All those who work at the intersection of religion and psychology teachers pastors specialists and professional care providers will find this exchange fruitful and valuable Contributors Mari L Clements Alvin Dueck Cynthia Neal Kimball Cameron Lee J Derek McNeil Alexandra E Mitchell Nancey Murphy Kevin Reimer Frank C Richardson Brent D Slife *Poverty and Psychology* Stuart C. Carr, Tod S. Sloan, 2012-12-06 Although poverty is a global issue profoundly affecting millions of human beings the psychology literature rarely focuses on this problem Poverty and Psychology From Global Perspective to Local Practice seeks to remedy that by bringing together academics community practitioners and clinicians who are actively involved in studying the ramifications of poverty in groups and individuals as well as outlining successful methods of participant intervention With a focus on positive and critical psychology and the resilience of the human spirit the book brings the psychology of poverty up to date with current thinking and scientific approaches and will inspire and encourage those working in the field Covering

a wide range of settings from the shanty towns of Brazil and Venezuela to the inner cities of England and Scotland to indigenous communities of the Australian outback noted contributors share their direct experiences and a positive message for working toward progressive solutions The Contested Idea of South Africa Sabelo J. Ndlovu-Gatsheni, Busani Ngcaweni, 2021-11-29 This book reflects on the complex and contested idea of South Africa drawing on a wide range of disciplinary perspectives Ever since the delineation of South Africa as a country the many diverse groups of people contained within its borders have struggled to translate a mere geographical description into the identity of a people Today the new struggles for South Africa and to become South African are inextricably intertwined with complex challenges of transformation xenophobia claims of reverse racism social justice economic justice service delivery and the resurgent decolonization struggles reverberating inside the universities This book covers the genealogy of the idea of South Africa exploring how the country has been conceived of by a broad group of actors including the British Afrikaners diverse African nationalist traditions and new formations such as the Economic Freedom Fighters EFF Black First Land First BLF and student formations Rhodes Must Fall Fees Must Fall Over the course of the book a broad range of themes are covered including identity formation modernity race ethnicity indigeneity autochthony land gender intellectual traditions poetics of South Africanness language popular culture truth and reconciliation and national development planning Concluding with important reflections on how a colonial imaginary can be changed into a free and inclusive postcolonial nation state this book will be an important read for Africanist researchers from across the humanities and social sciences

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#### **Table of Contents Re Examining Psychology Critical Perspectives And African Insights**

- 1. Understanding the eBook Re Examining Psychology Critical Perspectives And African Insights
  - The Rise of Digital Reading Re Examining Psychology Critical Perspectives And African Insights
  - Advantages of eBooks Over Traditional Books
- 2. Identifying Re Examining Psychology Critical Perspectives And African Insights
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
- 3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Re Examining Psychology Critical Perspectives And African Insights
  - User-Friendly Interface
- 4. Exploring eBook Recommendations from Re Examining Psychology Critical Perspectives And African Insights

- Personalized Recommendations
- Re Examining Psychology Critical Perspectives And African Insights User Reviews and Ratings
- Re Examining Psychology Critical Perspectives And African Insights and Bestseller Lists
- 5. Accessing Re Examining Psychology Critical Perspectives And African Insights Free and Paid eBooks
  - Re Examining Psychology Critical Perspectives And African Insights Public Domain eBooks
  - Re Examining Psychology Critical Perspectives And African Insights eBook Subscription Services
  - Re Examining Psychology Critical Perspectives And African Insights Budget-Friendly Options
- 6. Navigating Re Examining Psychology Critical Perspectives And African Insights eBook Formats
  - o ePub, PDF, MOBI, and More
  - Re Examining Psychology Critical Perspectives And African Insights Compatibility with Devices
  - Re Examining Psychology Critical Perspectives And African Insights Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Re Examining Psychology Critical Perspectives And African Insights
  - Highlighting and Note-Taking Re Examining Psychology Critical Perspectives And African Insights
  - Interactive Elements Re Examining Psychology Critical Perspectives And African Insights
- 8. Staying Engaged with Re Examining Psychology Critical Perspectives And African Insights
  - o Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Re Examining Psychology Critical Perspectives And African Insights
- 9. Balancing eBooks and Physical Books Re Examining Psychology Critical Perspectives And African Insights
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Re Examining Psychology Critical Perspectives And African Insights
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Re Examining Psychology Critical Perspectives And African Insights
  - Setting Reading Goals Re Examining Psychology Critical Perspectives And African Insights
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Re Examining Psychology Critical Perspectives And African Insights

- Fact-Checking eBook Content of Re Examining Psychology Critical Perspectives And African Insights
- Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
- 14. Embracing eBook Trends
  - Integration of Multimedia Elements
  - Interactive and Gamified eBooks

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