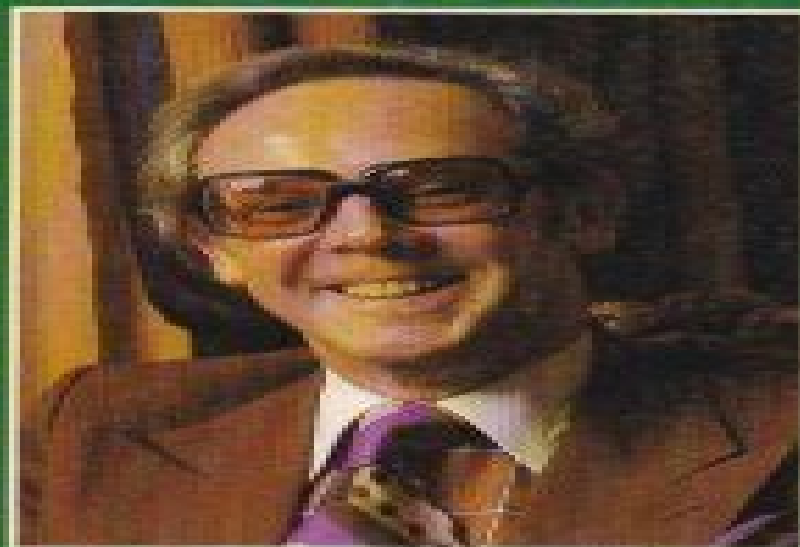


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Michael Smith's Posh Nosh Book Michael Smith, 1979 *The British Library General Catalogue of Printed Books 1976 to 1982* British Library, 1983 Home Economics and Domestic Subjects Review , 1979 *Whitaker's Cumulative Book List* , 1979 **You Aren't What You Eat** Steven Poole, 2012-10-18 We have become obsessed by food where it comes from where to buy it how to cook it and most absurdly of all how to eat it Our televisions and newspapers are filled with celebrity chefs latter day priests whose authority and ambition range from the small scale what we should have for supper to large scale public schemes designed to improve our communal eating habits When did the basic human imperative to feed ourselves mutate into such a multitude of anxieties about provenance ethics health lifestyle and class status And since when did the likes of Jamie Oliver and Nigella Lawson gain the power to transform our kitchens and dining tables into places where we expect to be spiritually sustained In this subtle and erudite polemic Steven Poole argues that we re trying to fill more than just our bellies when we pick up our knives and forks and that we might be a lot happier if we realised that sometimes we should throw away the colour supplements and open a tin of beans **Panic on a Plate** Rob Lyons, 2011-10-07 Food in Britain today is more plentiful more nutritious more varied and much more affordable than ever in our history This is something to celebrate and Rob Lyons does exactly that In a series of short up beat chapters he challenges head on the fashionable critics of so called junk food and the wacky world of organic and locally sourced food campaigners They have created needless panic and made our cheap and tasty food an object of shame and blame when it should be a cause for rejoicing Panic on a Plate draws on history science and official reports to show the fearmongers are wrong the changing face of food is full of hope **Country Life** , 1979-03 The Times Index , 1979 Indexes the Times Sunday times and magazine Times literary supplement Times educational supplement Times educational supplement Scotland and the Times higher education supplement Annual Report United States. Small Business Administration, 1981 **The Bookseller** , 1979

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