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# **Reducing Benzodiazepine Consumption**

*Psychological Contributions  
to General Practice*



**Springer-Verlag**

# Reducing Benzodiazepine Consumption Psychological Contribution To General Practice Recent Research In Psychology

**Margaret A. Cormack, R. Glynn  
Owens, Michael E. Dewey**



## **Reducing Benzodiazepine Consumption Psychological Contribution To General Practice Recent Research In Psychology:**

**Reducing Benzodiazepine Consumption** Margaret A. Cormack,R. Glynn Owens,Michael E. Dewey,2012-12-06 Spurred by reports in 1980 detailing the ineffectiveness of long term treatment with benzodiazepines the authors of this volume began a study to investigate the reasons behind the addiction quickly adopting a psychological approach to treatment In testing the efficacy of anxiety management techniques as an alternative to benzodiazepine use Drs Cormack Owen and Dewey strongly emphasize the importance of the working relationship between the general practitioner and the psychologist Reducing Benzodiazepine Consumption offers management solutions for the clinician in treating patients suffering from addiction to these drugs

**Reducing Benzodiazepine Consumption** Margaret A. Cormack,Richard Glynn Owens,Michael Dewey,2012-01-21 Spurred by reports in 1980 detailing the ineffectiveness of long term treatment with benzodiazepines the authors of this volume began a study to investigate the reasons behind the addiction quickly adopting a psychological approach to treatment In testing the efficacy of anxiety management techniques as an alternative to benzodiazepine use Drs Cormack Owen and Dewey strongly emphasize the importance of the working relationship between the general practitioner and the psychologist Reducing Benzodiazepine Consumption offers management solutions for the clinician in treating patients suffering from addiction to these drugs

**The Handbook of Clinical Adult Psychology** S. J. E. Lindsay,1994 The Handbook of Clinical Adult Psychology provides a comprehensive and thorough practical guide to modern clinical psychology Clinical psychology is no longer devoted just to the traditional areas of neuropsychology and mental health but is now contributing to many other areas such as health promotion behavioural medicine issues of professional management and the presentation and management of forensic evidence The Handbook covers all these areas which are of critical concern to clinical psychologists and related professions Clinical psychologists are called upon not only to treat mental illness and problems associated with medical afflictions but are also required to investigate screen and advice on the treatment of clients referred to them by medical practitioners social workers nurses and others In addition one of the strengths of clinical psychology has been that careful investigation contributes to successful treatment Therefore investigation and treatment are clearly differentiated in separate chapters for most topics in this book with each chapter written by a specialist in the area Many of the practices developed by clinical psychologists are now conducted by other professions in the course of their work The Handbook of Clinical Adult Psychology will be immensely valuable for all professionals in training such as clinical psychologists nurses psychiatrists counsellors and social workers It will also be a valuable reference work for members of those professions in practice

**National Library of Medicine Current Catalog** National Library of Medicine (U.S.),1990 **Current Catalog** National Library of Medicine (U.S.), First multi year cumulation covers six years 1965 70 **Adolescent Gambling** Mark Griffiths,1995 Mark Griffiths has carried out extensive research into why some adolescents get hooked on

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**International Books in Print** ,1990 **Research Awards Index** ,1987 *Dissertation Abstracts International* ,1990 Journal of the Royal Society of Medicine Royal Society of Medicine (Great Britain),1992 Includes selected papers from meetings of the Society and of its sections Seminars in General Adult Psychiatry David Kingdon,Paul Rowlands,George Stein,2024-04-18 This long awaited third edition of *Seminars in General Adult Psychiatry* provides a highly readable and comprehensive account of modern general adult psychiatry The text has been fully updated throughout by leading figures in modern psychiatry This new edition covers developments in the understanding of mental disorders service delivery changes to risk assessment and management collaborate care plans and trauma informed care Coverage will also be given to the implementation of the ICD 11 and DSM 5 classification systems and the impact on diagnosis and treatment Key features of the previous edition that have been updated include the detailed clinical descriptions of psychiatric disorders and historical sections with access to the classic studies of psychiatry Additional topics include autism ADHD and physical health This is a key text for psychiatric trainees studying for their MRCPsych exams and a source of continuing professional development for psychiatrists and other mental health professionals **Clinical Psychology, Research and Practice: an Introductory Text, 4e** Paul Bennett,2021-03-17 This book provides an excellent introduction to clinical psychology Written in an accessible style the text effectively combines theory and research with practice examples and case studies Jason Davies Professor of Forensic and Clinical Psychology Swansea University Comprehensive on key areas theories and models Jessica Fielding Lecturer in Psychology University of Bristol Case formulations bring to life the various disorders presented here A scholarly discussion of developments in clinical practice including third wave cognitive behavioural therapies is another unique strength I highly recommend this as a key text for practitioner psychology trainees and health care professionals working in medical settings Christina Liossi Chair in Paediatric Psychology University of Southampton and Honorary Consultant in

Paediatric Psychology Great Ormond Street Hospital for Children NHS Foundation Trust Extensively updated this popular and accessibly written textbook outlines the latest research and therapeutic approaches within clinical psychology alongside important developments in clinical practice The book introduces and evaluates the conceptual models of mental health problems and their treatment including second and third wave therapies Each disorder is considered from a psychological social and biological perspective and different intervention types are thoroughly investigated Key updates to this edition include The development of case formulations for conditions within each chapter An articulation and use of modern theories of psychopathology including sections on the transdiagnostic approach meta cognitive therapy and acceptance and commitment therapy An introduction to emerging mental health issues such as internet gaming disorder Challenging stop and think boxes that encourage readers to address topical issues raised in each chapter such as societal responses to topics as varied as psychopathy paedophilia and the Black Lives Matter movement New vocabulary collated into key terms boxes for easy reference Paul Bennett is Professor of Clinical and Health Psychology at the University of Swansea He has previously worked as a clinical psychologist as well as an academic at Cardiff and Bristol universities He has published over 125 academic papers in addition to a number of highly regarded student focused books Praise for the previous edition This book provided an invaluable orientation to the grounding theoretical principles of clinical health psychology how this knowledge can be applied by psychologists in healthcare settings particular assessment and intervention approaches and issues associated with working with patients in healthcare settings I would highly recommend this as a key text for clinical psychology trainees and postgraduates working or researching in medical settings across the lifespan both as a general orientation tool and a resource to refer to with reference to specific presenting issues Fleur Michelle Coiffait Doctoral student University of Edinburgh UK The tone of this volume is well pitched it is written in clear English yet without being over simplified New vocabulary is collated into key terms boxes for easy reference at the end of the chapter a useful device for the new student Also proffered at chapter end are For Discussion boxes encouraging the reader to critically assess and compare the contents of the chapter along with useful suggestions for further reading With a good level of detail without swamping the reader this volume is an excellent introduction to students of abnormal psychology Hayley Burgess Psychology Graduate

**Handbook of Integrative Clinical Psychology, Psychiatry, and Behavioral Medicine** Roland A.

Carlstedt, 2009-12-14 This is the long awaited text on interdisciplinary treatment and assessment of among other clinical topics brain derived behavioral cognitive and neurological disorders Niels Birbaumer PhD University of Tübingen Germany Member of the German Academy of Sciences Leopoldina Gone is the unidimensional approach of the expert summarizing a topic from a single vantage point Instead the content shifts laterally embracing not only interdisciplinary expertise but an integrative way of thinking that transcends each discipline What makes the Handbook so refreshing is that this cross pollination of ideas and approaches is more than novel theorizing It offers clinicians a new way forward Anthony Feinstein

MD MPhil PhD FRCP University of Toronto To maintain the highest standards allied health care practitioners must keep pace with evolving trends in diagnostics interventions and methodologies This book supports clinicians by disseminating important perspectives research and procedures It provides an integrative roadmap that fosters interdisciplinary cooperation Key Features Presents reviews of research on a broad selection of clinical disorders Includes a wide range of established and emerging diagnostic and intervention approaches Discusses viable evidence based alternative treatment methods Critiques certain approaches paradigms and practices that may need to be revised Includes contributions from renowned psychologists psychiatrists and researchers Clinicians researchers and students will find this book a valuable source for interdisciplinary practice and research It facilitates a sorely needed move toward integrative practice in an era in which specialization pervades **Encyclopedia of Sleep** ,2013-01-17

In a world of 24 hour media saturation sleep has become an increasingly fraught enterprise The award winning four volume Encyclopedia of Sleep Four Volume Set is the largest reference either online or in print on the subject of sleep Written to be useful for the novice and the established researcher and clinician Topic areas will include sleep across the life cycle and in other species sleep and women sleep and the elderly pediatric sleep sleep deprivation and loss sleep mechanisms sleep physiology and pathophysiology sleep disorders neurobiology chronobiology pharmacology and impact of other disorders on sleep Recognizing the many fields that are connected to sleep science the editorial team has been carefully chosen to do justice to this highly interdisciplinary field of study The steady growth of researchers and clinicians in the sleep field attests to the continued interest in the scientific study of sleep and the management of patients with sleep disorders and anyone involved in this exciting field should find this work to be an invaluable reference 2013 PROSE Award winner for Multivolume Reference in Science from the Association of American Publishers Thoroughly interdisciplinary looks at sleep throughout the life cycle with exceptional coverage of basic sleep concepts the physiology of sleep as well as sleep disorders of all descriptions Excellent coverage of sleep and special populations covering the lifespan as well as gender and ethnic differences among others Chapters focusing on sleep disorders are grouped under the broad categories classified in the ICD 10 for clear organization so that the reader can effectively access the steps involved in diagnosing and treating these disorders Online version is linked both within the encyclopedia to related content and to external sources such as primary journal content so that users have easy access to more detailed information if needed **Cumulated Index Medicus** ,1965

**Anxiety and the Anxiety Disorders** A. H. Tuma,J. D. Maser,2019-01-22 The 1980s have been called the decade of anxiety Not only is this true of the popular press but students of behavior and psychopathology have contributed to the rather sudden reemergence of anxiety as a respectable and fascinating field of investigation This volume is a culmination of more than two years of planning literature reviews writing conference discussions revising of original papers and integrating the material for final publication It is a series of interrelated statements about research on anxiety and the anxiety disorders written by many of the leading investigators

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