# NEW DIRECTIONS IN HEALTH PSYCHOLOGY

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New Directions in Health Psychology critically explores the psychological dimensions of health and well-being in the Indian cultural context.

Beginning with an analysis of the notion of health and well-being, the book goes on to explore the strategies

and identify the possible interventions that can be made to promote and facilitate health and well-being in India. The discussion incorporates diverse domains, ranging from physical to spiritual, within which health is conceptualized. It also attends to the issue of health needs of disadvantaged sections in the society, women in particular, and emphasizes on indigenous knowledge in the area of health.

Bringing together articles which are not easily available and providing an entirely new perspective, this book will attract a wide readership in the areas of social psychology, applied psychology, sociology, human development, anthropology, health psychology, clinical psychology and community development.

New Directions in Health Psychology

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# **New Directions In Health Psychology**

Harold E. Schroeder

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