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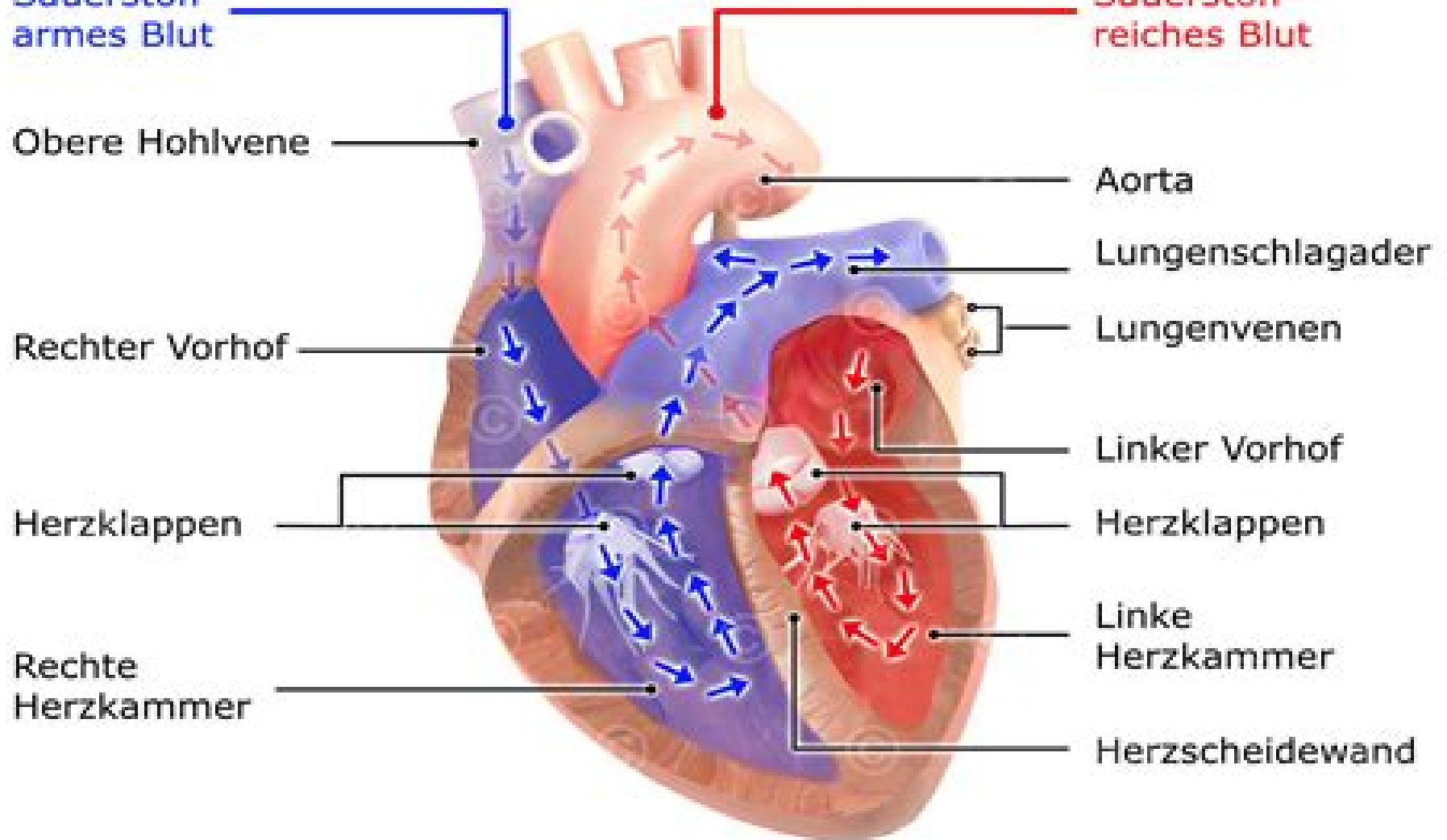
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Michel,2020-04-13 Vadim Tschenze arbeitet seit Jahren mit feinstofflichen Energiefeldern und hat zahlreiche Techniken entwickelt um positiv auf die energetischen Körper des Menschen einzuwirken Katarina Michel ist Aura Soma und Bachblüten Therapeutin und forscht seit Jahren über die geistigen Hintergründe von Krankheit und Gesundheit Mit dem vorliegenden

Buch liegt erstmals eine Synthese der feinstofflichen Medizin aus verschiedenen therapeutischen Blickwinkeln vor Der menschliche Körper wird unter spezieller Ausrichtung auf die Haut als Ganzheit betrachtet Nur in der Zusammenschau von Geist Seele und Körper kann ein vollständiges Bild des Menschen und seines möglichen Krankheitsbildes gewonnen werden Dieser ganzheitliche Ansatz bietet zahlreiche Möglichkeiten um Hautkrankheiten neu zu deuten und zu behandeln Ein an der Praxis ausgerichtetes Buch zur Energiemedizin das auf einfache Weise hilft belastende Hautprobleme nachhaltig auszuheilen

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














































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web description use this exercise log spreadsheet to track your daily fitness and strength training progress as well as your daily weight hours of sleep and daily calorie intake the file contains 3 separate worksheets a 2 day 3 day or 5 day exercise log choose the one you need based on the number of different exercises you perform each day

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web oct 10 2023 creating an exercise log template is totally up to the user on how they want it to work the user can also change the spreadsheet s complexity level so they can have a straightforward workout tracker or one filled with a bunch of formulas as a bonus you don t need any programming skills to use google sheets get weight tracker template