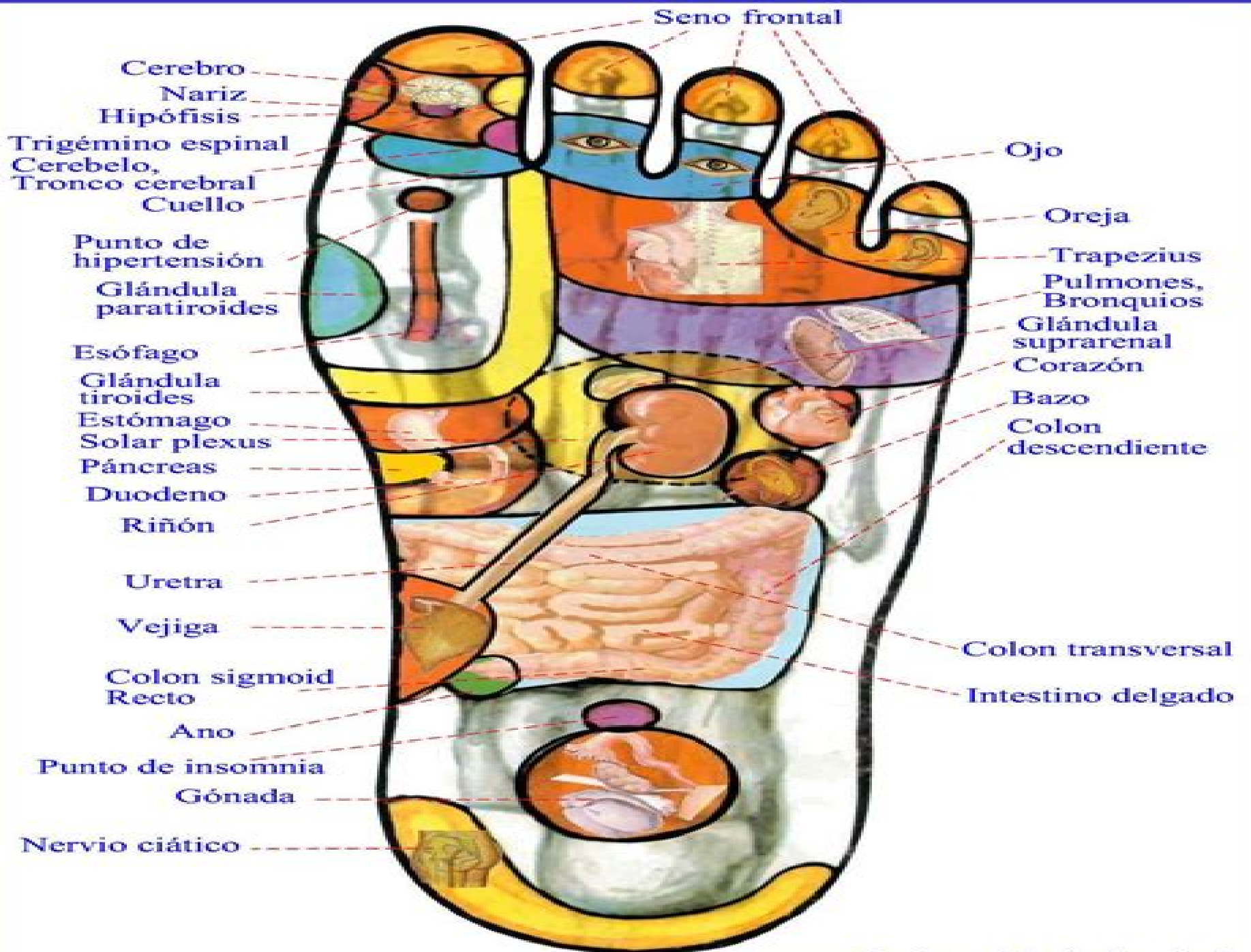




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Manual de Reflexología Alicia López Blanco, 2001-03 En este libro Alicia Lopez Blanco nos transmite su método completo de enseñanza de esta terapia. Bajo un sólido marco teórico esta obra expone una exhaustiva y detallada descripción práctica de las formas de aplicación de las técnicas manuales verbales y diagnósticas. También propone como desarrollar sesiones generales y específicas para tratar problemas puntuales así como precisas indicaciones para realizar la lectura de los pies y una interpretación holística de los síntomas corporales que facilite la decodificación de los mensajes que emite el cuerpo a través de los desequilibrios. **Reflexología y Digitopuntura** Janet Wright, 2002-02 Las raíces de la reflexología y de la digitopuntura se hallan en las antiguas civilizaciones egipcia, hindu y china. Ambas terapias son ramas de la ciencia de los puntos de presión. Sus practicantes creen que trabajando sobre un punto concreto se estimula la energía por medio de su acción refleja en un músculo, órgano o viscera asociado a aquel y de este modo se potencia la circulación. Además de revisar su historia y de examinar su relevancia actual, esta guía ilustrada aporta resultados de recientes estudios científicos que demuestran la eficacia de las terapias basadas en el desplazamiento de energía. Este libro ofrece un tratamiento completo de reflexología y le aportará suficiente información sobre digitopuntura para tratar toda suerte de problemas cotidianos. Además de las explicaciones con fotografías paso a paso, Reflexología y digitopuntura incluye una valiosa selección de remedios de autoayuda para aliviar las dolencias comunes. **Tabla de digitopuntura** Franz Wagner, 2011 Ayuda suave y eficaz de autotratamiento para dolencias y trastornos cotidianos. **Reflexología (+DVD)** Víctor Viñas, 2015-12 El masaje de las zonas reflejas del pie y manos es una terapia alternativa para el tratamiento de problemas de salud y afecciones cotidianas. **Cuadernos de Digitopuntura** Editorial Kier, **REFLEXOLOGÍA PODAL** Chris Stormer, 2005-02-16 1 Una explicación de la reflexología 2 El papel de la reflexología 3 Mirando de cerca la reflexología 4 Preparando un masaje reflexológico 5 La técnica 6 El masaje reflexológico 7 Los dedos 8 El dedo gordo y las bases de los dedos 9 El antepié 10 La bóveda plantar 11 Los talones 12 El final del masaje. Conclusión Dolencias generales Trastornos generales que se benefician de la reflexología Conclusión La reflexología hoy y en el futuro Apéndices Otros estudios Potenciación terapéutica mediante el empleo de aceites de aromaterapia La vitalidad de los colores para la armonía interior Música para relajar el cuerpo, la mente y el alma Contactos, centros de reflexología y aprendizaje Índice alfabético **Aprenda Reflexología** Lucio A. Bosch, 2006-07 **Digitopuntura** Fermín Cabal, 1979 **Digitopuntura - Auriculoterapia** Ana María Carballo, 2005 **Masajes: Salud Y Belleza** Candela L. Bressi, 2007

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