

Rediscovering Birth

Sarah Buckley

Rediscovering Birth:

Rediscovering Birth Sheila Kitzinger,2011 For thousands of years women have given birth among people they know in a place they know well Knowledge is shared between the participants and birth is a social event In this new revised edition of her classic book Sheila Kitzinger explores the universal experience of pregnancy and birth She looks closely at the place of birth what is done to help women in childbirth and examines the bond traditionally formed between mothers and midwives

The Complete Book of Pregnancy & Childbirth Sheila Kitzinger, 2003-12-30 A complete manual of physical and emotional preparation for childbirth Gentle Birth, Gentle Mothering Sarah Buckley, 2013-02-20 An authoritative guide to natural childbirth and postpartum parenting options from an MD who home birthed her own four children Sarah Buckley might be called a third wave natural birth advocate A doctor and a mother she approaches the question of how a woman and baby might have the most fulfilling birth experience with respect for the wisdom of both medical science and the human body Using current medical and epidemiological research plus women s experiences including her own she demonstrates that what she calls undisturbed birth is almost always healthier and safer than high technology approaches to birth Her wise counsel on issues like breastfeeding and sleeping during postpartum helps extend the gentle birth experience into a gentle parenting relationship Evidence-based Care for Normal Labour and Birth Denis Walsh, 2007-04-19 Evidence based care is a well established principle in contemporary healthcare and a world wide health care movement However despite the emphasis on promoting evidence based or effective care without the unnecessary use of technologies and drugs intervention rates in childbirth are rising rapidly Evidence based Care for Normal Labour and Birth brings to light much of the evidence around what works best for normal birth which has until now remained largely hidden and ignored by maternity care professionals Beginning with the decision about where to have a baby through all the phases of labour to the immediate post birth period it systematically details research and other evidence sources that endorse a low intervention approach The book highlights where the evidence is compelling discusses its application where women question its relevance to them and where the practitioner's expertise leads them to challenge it gives background and context before discussing the research to date includes questions for reflection and practice recommendations generated from the evidence Using research data Evidence based Care for Normal Labour and Birth critiques institutionalised scientifically managed birth and endorses a more humane midwifery led model Packed with up to date and relevant information this controversial book will help all students practising midwives and doulas keep abreast of the evidence surrounding normal birth and ensure their practice takes full advantage of Sacred Inception Marianne Delaporte, Morag Martin, 2018-06-21 This edited volume explores the intersection of it spirituality with childbirth from 1800 to the present day from a comparative perspective It illustrates how over this time period in much of the world traditional practices home births and midwives have been overshadowed and undermined by male dominated obstetrics hospitalization and ultimately the medicalization of the birthing process itself Normal

Childbirth Susan Downe, 2008-05-30 This new edition builds on the strengths of the popular first edition with updated national and international data and the most recent debate around the controversial area of childbirth With the increasing risk of litigation there can be a tendency to classify women as at risk if they present with even a hint of a problem This is a contentious area and midwives need to be aware of the wide parameters of normal in order to practise autonomously effectively and safely This book provides an evidence based source for all midwives and other health professionals with an interest normal birth Explores the wider range of normal childbirth that is unique to individual mothers and babies Challenges the assumptions underpinning current beliefs and attitudes Updated statistics both national and international Latest research and debate Evidence Based Midwifery Helen Spiby, Jane Munro, 2009-10-13 Evidence based practice is now widely accepted as a fundamental tenet of midwifery The importance of evidence in defining midwifery policy and practice in the UK health system and others is acknowledged and enduring While the development and evaluation of research in midwifery is well charted the question of how such evidence is incorporated into practice has to date received less attention and discussion in the midwifery profession Answering this need Evidence Based Midwifery focuses on the dissemination and use of evidence for midwifery practice and explores midwives experiences in using the evidence base to inform policy and enhance clinical practice Written by a highly regarded and diverse group from the UK and international midwifery community Evidence Based Midwifery addresses issues of relevance to all midwives whether clinical practitioners or educators students or supervisors researchers or managers Issues that influence evidence based midwifery are discussed and topics covered include problem based learning implementation of evidence based guidelines and the involvement of service users Edited by founder members of the Evidence Based Midwifery Network International collaboration with contributions from the UK Greece Canada and the Netherlands Primary focus on the incorporation of evidence into midwifery **The Birth Partner** Penny Simkin, 2001 Definitive guide for preparing to help a practice Real life examples throughout woman through childbirth and the essential manual to have at hand during the event **Spirituality and Childbirth** Susan Crowther, Jenny Hall, 2017-09-13 Highlighting aspects of birth often taken for granted ignored or left silenced this book questions the art and meaning of childbirth Addressing spirituality in and around the start of life from a variety of thought provoking perspectives it examines the apparent paradox of impersonal biomedical technocratic systems operating alongside the meaningful experiences encountered by those involved Themes covered include Notions of holism and spirituality culture religion and spirituality Childbirth significance at societal level Spiritual care in maternity care provision Birth environment mood space and place Spiritual experience of all those involved including health professionals Spiritual experience when birth is complex and challenging When birth and death are juxtaposed Although there is considerable literature on spirituality at the end of life this is the only book that draws together a global and multidisciplinary selection of academic researchers and practitioners to reflect on spirituality at the start of life Each chapter explores the relevant theoretical

background and makes links to practice using case studies from research and practice The chapters conclude by discussing how spiritual care is and should be provided in this context what practice approaches are beneficial cross cultural perspectives and future directions for research It is an important read for all those interested in childbirth maternity care social science perspectives on health and illness and spirituality *Nurturing Massage for Pregnancy: A Practical Guide to Bodywork for the Perinatal Cycle Enhanced Edition* Leslie Stager,2020-06-30 urturing Massage for Pregnancy is one of the most comprehensive books available for massage students and licensed massage therapists who treat pregnant laboring and postpartum clients The author is a highly skilled perinatal massage instructor who is also a registered nurse childbirth educator and doula

Unveiling the Magic of Words: A Report on "Rediscovering Birth"

In a world defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their power to kindle emotions, provoke contemplation, and ignite transformative change is truly awe-inspiring. Enter the realm of "**Rediscovering Birth**," a mesmerizing literary masterpiece penned by a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve in to the book is central themes, examine its distinctive writing style, and assess its profound effect on the souls of its readers.

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Rediscovering Birth Introduction

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