

National Survey Of Worksite Health Promotion Activities

American College of Sports Medicine

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National Survey Of Worksite Health Promotion Activities:

National Survey of Worksite Health Promotion Activities, 1987 **National Survey of Worksite Health Promotion Activities** United States. Public Health Service, 1987 **National Survey of Worksite Health Promotion Activities, 1992** Lisa Kanner, 1995-02 Examines worksite health promotion and disease prevention activities in 1 507 private worksites in the U S Assesses the policies practices services and facilities information and activities sponsored by employers to improve the health of their employees dependents and retirees Covers high blood pressure cholesterol cancer HIV infection smoking control physical activity nutrition education weight control prenatal educ medical self care mental health and stress mgmt alcohol and other drugs workplace safety and health back care and more **1992 National Survey of Worksite Health Promotion Activities**, 1993 This survey was conducted to measure the growth of worksite health promotion activities since the first national survey in 1985 A major focus of the survey was to assess progress toward achievement of the worksite objectives in Healthy people 2000 national health promotion and disease prevention objectives The survey results demonstrate an increase in worksite health promotion activities since 1985 as well as substantial progress toward achievement of many worksite related health objectives but also indicate that there is still a great deal of work to be done **National Survey of Worksite Health Promotion Activities**, 1993 **1992 National Survey of Worksite Health Promotion Activities**, 1992 **Survey of Employee Health Promotion Programs in Public Research and Doctorate-granting Institutions in the United States with Comparisons to the National Survey of Worksite Health Promotion Activities** Otha A. Belcher, 1990 **1992 National Survey of Worksite Health Promotion Activities**, 1992

ACSM's Worksite Health Handbook American College of Sports Medicine, 2009-02-27 Encouraging and maintaining a healthy workforce have become key components in the challenge to reduce health care expenditures and health related productivity losses As companies more fully realize the impact of healthy workers on the financial health of their organization health promotion professionals seek support to design and implement interventions that generate improvements in workers health and business performance The second edition of ACSM s *Worksite Health Handbook A Guide to Building Healthy and Productive Companies* connects worksite health research and practice to offer health promotion professionals the information ideas and approaches to provide affordable scalable and sustainable solutions for the organizations they serve Thoroughly updated with the latest research and expanded to better support the business case for worksite programs the second edition of ACSM s *Worksite Health Handbook* includes the contributions of nearly 100 of the top researchers and practitioners in the field from Canada Europe and the United States The book s mix of research evidence and practice makes it a definitive and comprehensive resource on worksite health promotion productivity management disease prevention and chronic disease management ACSM s *Worksite Health Handbook Second Edition* has the following features An overview of contextual issues including a history of the field the current state of the field legal perspectives and the role of health policy

in worksite programs A review of the effectiveness of strategies in worksite settings including economic impact best practices and the health productivity relationship Information on assessment measurement and evaluation including health and productivity assessment tools the economic returns of health improvement programs and appropriate use of claims based analysis and planning A thorough discussion of program design and implementation including the application of behavior change theory new ways of using data to engage participants use of technology and social networks to improve effectiveness and key features of best practice programs An examination of various strategies for encouraging employee involvement such as incorporating online communities and e health providing incentives using medical self care programs making changes to the built environment and tying in wellness with health and safety The book includes a chapter that covers the implementation process step by step so that you can see how all of the components fit together in the creation of a complete program You ll also find four in depth case studies that offer innovative perspectives on implementing programs in a variety of work settings Each case study includes a profile of the company a description of the program and the program goals information on the population being served the results of the program and a summary or discussion of the program Throughout the book you ll find practical ideas approaches and solutions for implementation as well as examples of best practices and successful programs that will support your efforts in creating interventions that improve both workers health and business performance The book is endorsed by the International Association for Worksite Health Promotion a new ACSM affiliate society Deepen your understanding of the key issues and challenges within worksite health promotion and find the most current research and practice based information and approaches inside ACSM s Worksite Health Handbook A Guide to Building Healthy and Productive Companies Second Edition The e book for ACSM s Worksite Health Handbook Second Edition is available at a reduced price It allows you to highlight take notes and easily use all the material in the book in seconds The e book is delivered through Adobe Digital Editions and when purchased through the Human Kinetics site access to the content is immediately granted when your order is received Adobe Digital Editions System Requirements Windows Microsoft Windows 2000 with Service Pack 4 Windows XP with Service Pack 2 or Windows Vista Home Basic 32 bit and Business 64 bit editions supported Intel Pentium 500MHz processor 128MB of RAM 800x600 monitor resolution Mac PowerPC Mac OS X v10 4 10 or v10 5 PowerPC G4 or G5 500MHz processor 128MB of RAM Intel Mac OS X v10 4 10 or v10 5 500MHz processor 128MB of RAM Supported browsers and Adobe Flash versions Windows Microsoft Internet Explorer 6 or 7 Mozilla Firefox 2 Adobe Flash Player 7 8 or 9 Windows Vista requires Flash 9 0 28 to address a known bug Mac Apple Safari 2 0 4 Mozilla Firefox 2 Adobe Flash Player 8 or 9 Supported devices Sony Reader PRS 505 Language versions English French German *Report to Congress* United States. Public Health Service,1984 Health Care Reform United States. Congress. House. Committee on Ways and Means. Subcommittee on Health,1994 **Prevention Report** ,1994 **Focus on Federal Employee Health and Assistance Programs** ,1990 **Prevention** , **Healthy People 2000 Review** ,1994

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