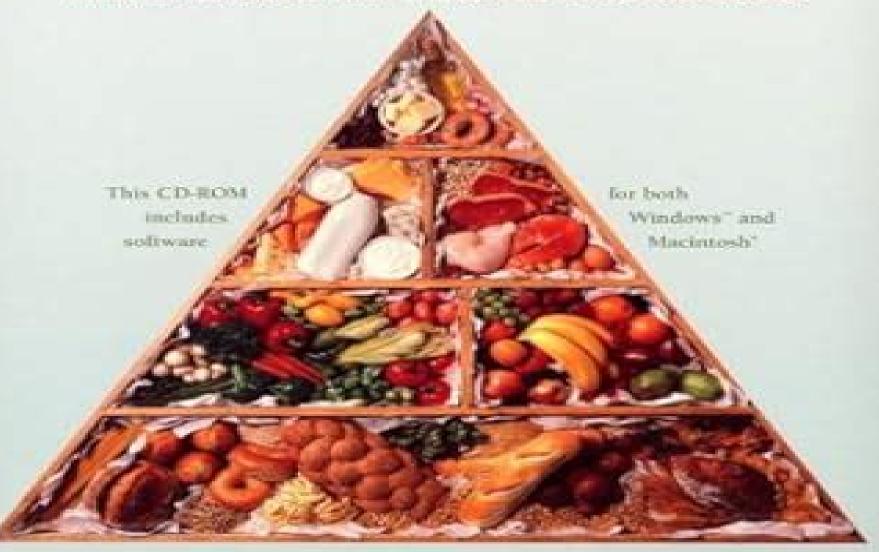
# TOTAL DIET ASSESSMENT

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# **Nutrition 4e With Total Dietary Assessment Cd Rom Set**

**Isobel R. Contento** 

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energy malnutrition and micronutrient deficiencies play roles in more than half of all childhood deaths Effects of malnutrition include mortality decreased economic productivity morbidities such as blindness and stunting and development of chronic diseases With a unique focus on Global Health this book is a comprehensive introduction to Public Health Nutrition Designed for MPH programs this book will prepare students to become successful global public health professionals with a clear understanding of the critical need for public health nutrition programs around the globe Unlike other texts of its kind Public Health Nutrition Principles and Practice for Community and Global Health offers a unique focus on nutrients Readers will come away with a solid understanding of the specific roles of nutrients including macronutrients and the most relevant micronutrients enabling them to be more effective in improving public health nutrition With 19 chapters divided into 6 parts this book covers Nutrition around the World Policy and Public Health Nutrition Hunger and Malnutrition Maternal and Child Nutrition Nutritional Scenes in Developing Nations Nutrition and the Environment Cardiovascular Nutrition P. M. Kris-Etherton, Julie H. Burns, 1997 Describes evaluation of cardiovascular risk factors and how the health care team and patient establish treatment goals outlines strategies for achieving the National Cholesterol Education Program s treatment goals and summarizes the concepts concerning the development of atherosclerotic lesions and focuses on the role of lipids and lipoproteins in this process Discusses dietary assessment for cardiovascular disease risk determination and treatment treatment algorithms for patients with cardiovascular disease medical nutrition therapy for cardiovascular disease and associated risk factors weight management and cardiovascular disease promoting a healthful lifestyle through exercise exercise in a cardiac rehabilitation setting children and cholesterol management of cardiovascular patients in a hospital setting functional foods and their application in the prevention of cardiovascular disease promoting dietary adherence making healthful food choices to achieve a Step I diet teaching classes about the nutrition heart health link intervention strategies for special groups risk factor management programs etc **USDA Human Nutrition Research and Education** United States. Department of Agriculture, 1995

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