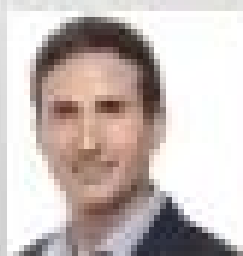


Holistic Approach to Stress Reduction



Nutrition Stress And Aging An Holistic Approach Stress In Modern Society Ser No 17

John J. Sullivan, Joyce Cameron Foster



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Nutrition, Stress, and Aging Donald R. Morse, Robert L. Pollack, 1988 *A Holistic Conceptualization of Stress and Disease* Benjamin H. Newberry, Janet E. Jaikins-Madden, Thomas J. Gerstenberger, 1991 **The Stress-free, Anti-aging Diet** Donald R. Morse, Robert L. Pollack, 1989 Disasters and Disaster Stress Antony James William Taylor, 1989 Books in Print, 1991 **Meditation as an Intervention in Stress Reactivity** Amarjit Singh Sethi, 1989 **Medical and Health Care Books and Serials in Print**, 1997 **Stress and Pregnancy** John J. Sullivan, Joyce Cameron Foster, 1989 This work includes coverage of the following areas the theory and development of the pipas scales applications of stress scales to a childbearing year programme and the Utah test for the childbearing year **Books in Series, 1876-1949** R.R. Bowker Company, 1982 **Subject Guide to Books in Print**, 2001

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