

## MY GRANDMOTHER'S TABLE

### ENTRÉES

#### Polish STUFFED CABBAGE

\$18

Hearty cabbage rolls wrapped around a succulent mix of beef, pork, carrots, peppers and onions and slow cooked in a fresh tomato sauce. Includes Mashed Potatoes, Vegetable and Cucumber Salad.

#### Italian RAVIOLI & MEATBALLS

\$18

Fresh pasta pockets filled with three types of cheese, spinach and seasonings. Includes Dinner Salad and Sausage or Meatballs.

#### Native American THREE SISTERS STEW (V)

\$16

This dish has it all: Squash, sweet corn, beans, tomatoes, and peppers among other seasonal vegetables, all married in a hearty tomato base. Includes Wild & Brown Rice and Winter Fruit Salad.

#### Russian KOTLETI

\$18

Tender and juicy breaded meat patties made of seasoned chicken and beef and baked. Served with Mashed Potatoes, Gravy, Vegetable and Cucumber Salad.

#### French LENTIL & SAUSAGE STEW

\$18

This classic French dish highlights its two star ingredients with both bolstered by a supporting cast of vegetables and spices. Includes Dinner Salad and Carrot Slaw.

#### Italian GNOCCHI & SAUSAGE

\$16

Light and airy dumplings in a slow-cooked San Marzano Tomato Sauce. Includes Dinner Salad and Sausage or Meatballs.

#### Polish PIEROGI & KIELBASA

\$18

Pillowry dumplings filled with potatoes, cheeses and authentic seasonings along with caramelized onions. Includes Cucumber Salad.

#### Thai ORANGE PEANUT CHICKEN

\$18

Chunks of chicken breast marinated in an orange peanut sauce and cooked just right with water chestnuts, colored peppers and seasonal vegetables. Served on a bed of Jasmine Rice. Includes Asian Sesame Dinner Salad.

#### Ecuadorian LENTIL TACOS (V)

\$16

Roasted cauliflower, seasoned lentils and a sweet & tangy slaw combine to create this plant-based taco. Served with Carrot Slaw and Winter Fruit Salad.

menupix

# My Grandmothers Table Simple Lowfat Family Cooking

**RS Peters**



## **My Grandmothers Table Simple Lowfat Family Cooking:**

## Enjoying the Melody of Appearance: An Emotional Symphony within **My Grandmothers Table Simple Lowfat Family Cooking**

In a world consumed by displays and the ceaseless chatter of immediate interaction, the melodic splendor and psychological symphony created by the written term usually fade into the background, eclipsed by the persistent sound and distractions that permeate our lives. Nevertheless, situated within the pages of **My Grandmothers Table Simple Lowfat Family Cooking** a marvelous literary value full of fresh emotions, lies an immersive symphony waiting to be embraced. Constructed by a wonderful composer of language, that fascinating masterpiece conducts visitors on a psychological trip, skillfully unraveling the concealed songs and profound affect resonating within each cautiously crafted phrase. Within the depths with this poignant review, we shall explore the book's central harmonies, analyze its enthralling writing model, and submit ourselves to the profound resonance that echoes in the depths of readers' souls.

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