

# SAFE PATIENT LIFTING AND HANDLING



# Safer Lifting For Patient Care

**Kathleen Motacki, Kathleen Burke**

A red circular graphic with a gradient, appearing as a partial circle or a stylized arrow pointing to the right, located to the right of the authors' names.

## **Safer Lifting For Patient Care:**

Safer Lifting for Patient Care Margaret Hollis,1991-09-02 This is the third edition of this successful compendium of patient handling techniques both manual and mechanical The text is designed for individuals or teams of lifters in caring for the sick and disabled Fully illustrated methods of lifting follow a preliminary explanation of the basic rules and biomechanics The aim is to ensure safer more comfortable lifting of patients and to avoid back injuries to the lifters *Handbook of Modern Hospital Safety* William Charney,2009-07-28 It is ironic that those whose job it is to save lives often find themselves injured in the course of performing their duties In fact according to the Bureau of Labor Statistics healthcare workers have higher injury rates than agriculture workers miners and construction workers The Handbook of Modern Hospital Safety Second Edition covers expo **Safer Lifting for Patient Care - Epz Edition** Hollis, **Pierson and Fairchild's Principles & Techniques of Patient Care - E-Book** Sheryl L. Fairchild,Roberta O'Shea,2022-03-05 Before you can master your role in physical therapy you must first master the basics of patient care Pierson and Fairchild s Principles Techniques of Patient Care 7th Edition provides a solid foundation in the knowledge and skills needed for effective patient care Clear step by step instructions show how to safely perform common procedures and tasks such as assessment of vital signs positioning and draping range of motion exercises and patient transfer activities Rationales make it easy to understand why specific techniques are used Written by physical therapy experts Sheryl Fairchild and Roberta O Shea this book includes an enhanced eBook free with each new print purchase with video clips demonstrating procedures and techniques Content based on the World Health Organization s ICF model International Classification of Functioning Disability and Health the model currently endorsed by the APTA and AOTA ensures you are referencing the most current theories and practice guidelines of physical and occupational therapy More than 800 full color photographs illustrate the concepts and techniques used in the assessment and management of patients in the rehabilitation setting Procedure boxes include clear guidelines for performing each step of patient care tasks such as proper lifting techniques patient transfers basic wound care and assessment of vital signs Insights into physiological principles and rationales explain why specific techniques and procedures are used Guidelines principles and precautions boxes offer additional tips for optimal assessment and management of patients in the rehabilitation setting Self study and problem solving activities include case studies at the end of each chapter to help you understand important concepts and practice your decision making and problem solving skills Coverage of professionalism professional values and ethics discusses workplace guidelines and describes how to apply those guidelines to your patient interactions NEW Revised content provides the current information you need to be an effective practitioner in physical therapy and occupational therapy and includes input from clinical experts NEW Content on COVID 19 includes instructions on donning and doffing PPE and is aligned with the latest CDC guidelines NEW Updated patient questions and documentation guidelines on wound care are included NEW Coverage of preventive patient positioning and objectively

assessing patient pain is updated and expanded NEW sections address early mobilization and exercise in the ICU NEW Enhanced eBook version included with print purchase allows you to access all of the text figures and references from the book on a variety of devices NEW Video clips are included in the enhanced eBook version included with print purchase demonstrating techniques and procedures

**Safe Patient Handling and Movement** Audrey L. Nelson, PhD, RN, FAAN, 2005-12-02 Did you know that an estimated 12% of nurses leave the profession annually because of back injuries and that over half of RNs complain of chronic back pain This book presents best practices in safe patient handling and movement Nurse and hospital administrators clinicians clinical managers risk managers and those involved in procurement and implementation of patient handling technologies in the health care environment will find this a practical resource for improving care and protecting staff from unnecessary injury You will come away from reading this book with information that you can employ in a variety of work environments hospitals nursing homes home care and other health care organizations whatever your practice setting may be Caregiver safety approaches include Evidence based standards for safe patient movement and prevention of musculoskeletal injuries An overview of available equipment and technology Architectural designs for ergonomically safe patient care space Institutional policies such as use of lift teams

*The Illustrated Guide to Safe Patient Handling and Movement* Audrey L. Nelson, Kathleen Motacki, Nancy Menzel, 2009-03-27 Named a 2013 Doody's Core Title This is a good reference for the varied healthcare professionals who must move and transfer patients The book is clear and well written with illustrations to strengthen the narrative Doody's The evidence based methods suggested in these pages protect nurses from injury and ultimately improve patient care M Elaine Tagliareni EdD RN President National League for Nursing Ancillary materials include new DVD and Instructor's Guide Please note DVD contains digital videos only no audio track Qualified instructors may email [textbook.springerpub.com](mailto:textbook.springerpub.com) to request instructor's guide As a nurse you are all too familiar with heavy lifting sustained awkward positioning excessive reaching and static posturing With this comprehensive volume Nelson Motacki and Menzel show you that there is another way Learn about the new techniques and technologies specifically designed to reduce caregiver and patient injuries The authors present the Evidence Based Safe Patient Handling Program a practical system of guidelines to be used in numerous clinical settings Each chapter explains how to apply the program to specific clinical settings such as medical and surgical critical care orthopaedics pediatrics labor and delivery rehabilitation settings the perioperative suite and nursing homes Implement the components of the program to multiple clinical settings Assessment Learn to evaluate the patient's body strength and about other conditions that affect the patient handling task Care Plan Outline the safest way to accomplish the required task based on the assessment Algorithms Learn the step by step problem solving procedures for carrying out patient handling activities safely Photos and videos illustrate the techniques The included DVD and photographs illustrate how to use the technology as well as how each task movement and position should be completed These tasks include Lateral transferring to and from beds using sliders Rescuing fallen patients

off the floor with a floor based lift Bariatric patient lifting and dressing Transferring patients with lower limb amputations And many more *Nursing Delegation and Management of Patient Care - E-Book* Kathleen Motacki, Kathleen Burke, 2016-03-25 With a strong focus on the key areas included on the NCLEX RN Exam s management of care section Nursing Delegation and Management of Patient Care 2nd Edition prepares you to successfully prioritize assign and delegate nursing care to other members of the health care team It provides the latest information on the roles and responsibilities of the staff nurse related to the management of patient care the core competencies required of the nurse caring for patients as well as a wide range of leadership and management concepts nurses need to confidently manage patients within a hospital unit This new edition is organized according to the new 2014 Magnet Standards of Practice to help you learn the skills and competencies magnet status hospitals require when hiring nurses Learning objectives key terms critical thinking case scenarios and application exercises in each chapter provide you with plenty of opportunities for review A trusted author team with years of teaching experience in nursing leadership and management introduce current content related to the management of patient care in today s health care setting NEW A new table of contents reorganized according to the 2014 Magnet Standards NEW Addresses the competencies of the nurse s role with respect to the 2014 Magnet Standards Coverage includes the latest information on the roles and responsibilities of the manager of patient care position core competencies required of nurses caring for patients and a wide range of management concepts new nurses need to know before entering practice Emphasis on the NCLEX Exam management of care areas that you will be tested on such as prioritization delegation and assignment Clinical Corner and Evidence Based Practice boxes within most chapters include real world tips and advice on patient and client management plus the latest research on practices relevant to chapter topics NEW End of chapter and Evolve NCLEX questions include analysis and application level questions NEW The latest RN design gives this edition a fresh new feel that is easier to follow *The Illustrated Guide to Safe Patient Handling and Movement* Audrey Nelson (PhD.), Ms. Kathleen Motacki, Nancy Nivison Menzel, 2009-03-27 Print CourseSmart **When Chicken Soup Isn't Enough** Suzanne Gordon, 2011-04-15 The reassuring bromides of chicken soup for the soul provide little solace for nurses and the people they serve in real life hospitals nursing homes schools of nursing and other settings In the minefield of modern health care there are myriad obstacles to quality patient care including work overload inadequate funds for nursing education and research and poor communication between and within the professions to name only a few The seventy RNs whose stories are collected here by the award winning journalist Suzanne Gordon know that effective advocacy isn t easy It takes nurses willing to stand up for themselves their coworkers their patients and the public When Chicken Soup Isn t Enough brings together compelling personal narratives from a wide range of nurses from across the globe The assembled profiles in professional courage provide new insight into the daily challenges that RNs face in North America and abroad and how they overcome them with skill ingenuity persistence and individual and collective advocacy at work and in the

community In this collection we meet RNs working at the bedside providing home care managing hospital departments teaching and doing research lobbying for quality patient care and campaigning for health care reform Their stories are funny sad deeply moving inspiring and always revealing of the different ways that nurses make their voices heard in the service of their profession The risks and rewards joys and sorrows of nursing have rarely been captured in such vivid first person accounts Gordon and the authors of the essays contained in this book have much to say about the strengths and shortcomings of health care today and the role that nurses play as irreplaceable agents of change

**Alexander's Care of the Patient in Surgery - E-Book** Jane C. Rothrock,2014-03-01 NEW and UNIQUE Patient Centered Care boxes feature simplified conversations that you can have with patients to help them better understand their surgical procedure NEW A Critical Thinking Question at the end of every chapter tests your understanding of chapter content NEW Key Points at the end of every chapter help you retain important concepts from the text NEW Laboratory Values appendix contains all laboratory value information in one convenient location

**Foundations of Nursing E-Book** Kim Cooper,Kelly Gosnell,2018-10-23 NEW Expanded and updated art program enhances content with original photos and line art NEW NCLEX PN Review questions at the end of each chapter include alternate item formats and cover all chapter objectives NEW Reorganized chapters make it easier for you to follow and understand the material

*Perry & Potter's Canadian Clinical Nursing Skills and Techniques- E-Book* Shelley Cobbett,2023-11-10 Perry Potter s Canadian Clinical Nursing Skills and Techniques 2nd Edition helps equip you with the skills you need to successfully care for patients within the Canadian social and institutional context Offering comprehensive coverage of more than 200 basic intermediate and advanced skills this textbook features nearly 1 000 full colour photographs and illustrations a nursing process framework step by step instructions with rationales and a focus on critical thinking and evidence informed practice New to this edition are unit openers safety alerts documentation examples COVID 19 precautions and protocols and case studies and questions for the Next Generation NCLEX

**Essentials of Perioperative Nursing** Cynthia Spry,2005 Essentials of Perioperative Nursing gives any new perioperative nurse a head start on achieving perioperative competency as well as serving as an excellent refresher for the experienced nurse to test his or her knowledge of fundamental OR practice Unique for its self learning format this text includes objectives course outlines testing tools competency check off lists The tests at the end of each chapter identify additional learning needs Essentials of Perioperative Nursing is user friendly and allows the reader to progress at their own pace in order to function safely and appropriately during any procedure Includes a free CD ROM with over 125 test questions A great evaluation tool for a variety of subjects

**Fundamentals of Nursing - E-Book** Patricia A. Potter,Anne G. Perry,Patricia A. Stockert,Amy Hall,2021-12-22 Selected for Doody s Core Titles 2024 with Essential Purchase designation in Fundamentals Learn the concepts and skills and develop the clinical judgment you need to provide excellent nursing care Fundamentals of Nursing 11th Edition prepares you to succeed as a nurse by providing a solid foundation in

critical thinking clinical judgment nursing theory evidence based practice and patient centered care in all settings With illustrated step by step guidelines this book makes it easy to learn important skills and procedures Care plans are presented within a nursing process framework that is coordinated with clinical judgement and case studies show how to apply concepts to nursing practice From an expert author team led by Patricia Potter and Anne Perry this bestselling nursing textbook helps you develop the understanding and clinical judgment you need to succeed in the classroom and in your career **Clinical Nursing Skills and Techniques - E-Book** Anne G. Perry,Patricia A. Potter,Wendy R. Ostendorf,Nancy Laplante,2024-01-16 Learn the clinical nursing skills you will use every day and prepare for success on the Next Generation NCLEX Examination Clinical Nursing Skills Techniques 11th Edition provides clear step by step guidelines to more than 200 basic intermediate and advanced skills With more than 1 200 full color illustrations a nursing process framework and a focus on evidence based practice this manual helps you learn to think critically ask the right questions at the right time and make timely decisions Written by a respected team of experts this trusted text is the bestselling nursing skills book on the market Comprehensive coverage includes more than 200 basic intermediate and advanced nursing skills and procedures Rationales for each step within skills explain the why as well as the how of each skill and include citations from the current literature Clinical Judgments alert you to key steps that affect patient outcomes and help you modify care as needed to meet individual patient needs UNIQUE Unexpected Outcomes and Related Interventions sections highlight what might go wrong and how to appropriately intervene Clinical Review Questions at the end of each chapter provides case based review questions that focus on issues such as managing conflict care prioritization patient safety and decision making More than 1 200 full color photos and drawings help you visualize concepts and procedures Nursing process format provides a consistent presentation that helps you apply the process while learning each skill NEW All new Clinical Judgment in Nursing Practice chapter incorporates concepts of the NCSBN clinical judgment model Updated evidence based literature is incorporated throughout the skills NEW End of chapter questions and end of unit unfolding case studies provide optimal preparation for the Next Generation NCLEX NGN *Nursing Interventions & Clinical Skills E-Book* Anne G. Perry,Patricia A. Potter,Wendy R. Ostendorf,2019-01-08 Master nursing skills with this guide from the respected Perry Potter Ostendorf author team The concise coverage in Nursing Interventions Clinical Skills 7th Edition makes it easy to learn the skills most commonly used in everyday nursing practice Clear step by step instructions cover more than 160 basic intermediate and advanced skills from measuring body temperature to insertion of a peripheral intravenous device using evidence based concepts to improve patient safety and outcomes A streamlined visual approach makes the book easy to read and an Evolve companion website enhances learning with review questions and handy checklists for each clinical skill Coverage of more than 160 skills and interventions addresses the basic intermediate and advanced skills you ll use every day in practice Safe Patient Care Alerts highlight risks or other key information to know in performing skills so you can plan ahead at each step of nursing care

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**Mobility in Context** Charity Johansson, Susan A. Chinworth, Crystal Ramsey, 2022-02-11 Maximize patient care skills Rely on this state of the art multimedia resource to help you navigate confidently in both common and complex clinical situations Mastering patient care skills will ground you in fundamental rehabilitation principles help you establish a culture of patient centered care and develop essential your clinical problem solving and critical thinking skills You ll also learn how to help your patients progress toward greater mobility and independence Over 750 full color photographs and illustrations make every concept crystal clear See the techniques in action An access code in new printed texts unlocks 55 full color narrated video clips online at FADavis.com that show you clinicians and patients performing key techniques described in the text UPDATED EXPANDED Incorporating current research and today s best evidence based practices NEW Levels of assistance as defined by the Comprehensive Assessment Reporting Evaluation CARE tool edema assessment methods and expanded application of biomechanics principles to body mechanics for patients and clinicians NEW Intervention boxes EXPANDED More emphasis on clinical reasoning with a new decision making algorithm to guide the clinician s choice of mechanical and manual transfer methods EXPANDED More emphasis on diversity and distinguishing between recovery and compensation EXPANDED More information on neurological conditions such as Parkinson s disease dementia and spinal cord injury and how they relate to



mobility concepts as well as the use of a wheelchair as a primary means of locomotion Narrated video clips with closed captioning online at FADavis.com demonstrate must know techniques A focus on developing the foundational knowledge clinical expertise and problem solving skills required to work safely and effectively in both common and unexpected patient situations Organizational structure parallels the progression of patient intervention Icons throughout the text highlight important concepts and care skills Watch Out Keeping Current and Clinical Tips boxes cover important safety reminders recent research and pointers for effectiveness and efficiency in the clinic Try This Clinical Reality Check Thinking It Through and Pathophysiology boxes provide additional learning enhancements A wealth of clinical examples mirror today's patient populations

**Introduction to Radiologic and Imaging Sciences and Patient Care E-Book** Arlene M. Adler, Richard R. Carlton, 2018-10-15 Using a clear and concise format Introduction to Radiologic and Imaging Sciences and Patient Care 7th Edition delivers the latest radiologic imaging science and patient care skills you need to prepare for certification and practice This new edition includes updates on current digital imaging and instrumentation providing you with the essential information and tools needed to master any introduction to radiologic sciences class Chapter review questions and lab activities available online and on tear sheets in the text give you easy access to on the go learning This text not only helps to prepare you for parts of the certification exam but the content provides useful and practical information that is needed for professional practice and clinical success Step by step procedures presented in boxed lists throughout the text supply you with easy to follow steps so you are well prepared for clinical success Back of book review questions provide you with an opportunity for review and greater challenge More than 300 photos and line drawings help you understand and visualize patient care procedures Strong pedagogy including chapter objectives key terms outline and summaries helps you organize information and ensure that you understand what is most important in every chapter NEW and UPDATED Updates on current digital imaging and instrumentation provide you with the important information you need for clinical success NEW The latest technical terminology incorporated throughout text keeps you up to date with industry verbiage NEW and UPDATED Appendices containing practice standards professional organizations state licensing agencies the ARRT code of ethics and patient care partnership offer you additional information about professional opportunities and obligations and prepare you for what you will encounter in the practice environment

**Patient Safety and Quality: section 6, Tools for improvement**, 2008 Nurses play a vital role in improving the safety and quality of patient care not only in the hospital or ambulatory treatment facility but also of community based care and the care performed by family members Nurses need to know what proven techniques and interventions they can use to enhance patient outcomes To address this need the Agency for Healthcare Research and Quality AHRQ with additional funding from the Robert Wood Johnson Foundation has prepared this comprehensive 1 400 page handbook for nurses on patient safety and quality Patient Safety and Quality An Evidence Based Handbook for Nurses AHRQ Publication No 08 0043 Online AHRQ blurb <http://www.ahrq.gov/qual/nursesdbk>

**Essentials for Nursing Practice - E-Book** Patricia A. Potter, Anne G. Perry, Patricia A. Stockert, Amy Hall, 2014-02-28  
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