

## Local/Global Encounters

# Promoting Safer Sex Through Pleasure: Lessons from 15 countries

WENDY KNERR AND  
ANNE PHILPOTT

**ABSTRACT** *The pursuit of pleasure is one of the primary reasons people have sex; and sex is the most common way people contract HIV worldwide. Yet information about how to have (or deliver) pleasurable sex and stay healthy are largely missing from health resources and HIV prevention campaigns. Wendy Knerr and Anne Philpott explore how 'erotophobia' in the health and development sectors is hindering effective safer sex promotion, and highlight best practices from *The Global Mapping of Pleasure, 2nd Edition*, a collection of case studies on pleasure and safer sex communication from countries and contexts around the world.*

**KEYWORDS** *erotophobia; eroticization; sex; empowerment; condom; HIV prevention*

### Introduction

People have sex for many reasons, for example: love and affection, conformity, recognition, power, stress reduction (Browning *et al.*, 2000), for reproduction, as part of a social contract such as marriage, or to earn a living. However, sexual pleasure remains a highly significant, if not primary, motivating factor for sexual behaviour (Pinkerton *et al.*, 2003; Rye and Meaney, 2007; WAS, 2008). Since HIV is spread mainly through sexual transmission (Over and Piot, 1993; WHO, 2003; Boyce *et al.*, 2007),<sup>1</sup> efforts to prevent HIV need to consider the role that sexual pleasure and desire play in sexual behaviour (WAS, 2008).

In the past, pleasure and eroticization<sup>2</sup> have been elements of grass-roots-level HIV interventions – for example at the beginning of the HIV epidemic in programmes designed by and aimed at men who have sex with men in some high-income countries (Patton, 1989). But this has rarely been the case among other risk groups, in large-scale or state-sponsored programmes, or in the context of international development. Safer sex promotion campaigns and research have been and continue to be overwhelmingly negative, focusing on fear, risk, disease and the negative outcomes of sex (Singhal, 2003; Ingham, 2005; Philpott *et al.*, 2006).

The result is a gap between people's sexual desires and behaviours, and accessible information about how to act on those desires in a healthy way. The health and HIV prevention sectors have an opportunity to fill the gap with information about safer sex

# Safer Sex A New Look At Sexual Pleasure

**Michal Rosen-Zvi**



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