# VR AND MENTAL ILLNESS TREATMENT

SCIENTISTS ARE TESTING

VR PROGRAMS TO HELP-WITH

A BROADENING

LIST OF CHALLENGES

# TECHNOLOGIES HELP PATIENTS GET OVER PHOBIAS BY CREATING REAL-WORLD SCENARIOS THROUGH VR



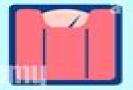
#### DEPRESSION

LEARN TO PRACTICE SELF-COMPASSION



#### ADDICTION

REDUCE CRAVINGS FOR PEOPLE IN RECOVERY



# EATING DISORDERS

IMPROVE BODY IMAGE

#### MEDICAL PROCEDURES

DISTRACT DURING PAINFUL PROCEDURES



#### STROKE

HELP SURVIVORS RELEARN MOTOR SKILLS



# WHEELCHAIR USERS

PRACTICE GETTING AROUND





HARVARD RESEARCHERS FOUND THAT WEB-BASED INTERVENTION METHODS COULD BE VERY EFFECTIVE AT DECREASING DEPRESSIVE SYMPTOMS

#### VR THERAPY EASES ANXIETY

AMONG PATIENTS WITH SOCIAL ANXIETY, THOSE TREATED WITH VR THERAPY DROPPED AN AVERAGE OF 33 POINTS ON AN ANXIETY SCALE OF 0 TO 144



# **Reality Of Mental Illness**

**Xiang Xie** 



Unveiling the Magic of Words: A Review of "Reality Of Mental Illness"

In a world defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their ability to kindle emotions, provoke contemplation, and ignite transformative change is actually aweinspiring. Enter the realm of "**Reality Of Mental Illness**," a mesmerizing literary masterpiece penned by a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve into the book is central themes, examine its distinctive writing style, and assess its profound impact on the souls of its readers.

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