HELENE LOHMAN . RENÉ L. PADILLA . SUE BYERS CONNON

# OCCUPATIONAL THERAPY WITH ELDERS

STRATEGIES FOR THE COTA



# Occupational Therapy With Elders Strategies For The Cota

Helene Lohman, Sue Byers-Connon, Rene Padilla

# **Occupational Therapy With Elders Strategies For The Cota:**

Occupational Therapy with Elders - E-Book Rene Padilla, Sue Byers-Connon, Helene Lohman, 2011-03-18 The only comprehensive book on geriatric occupational therapy designed specifically for the COTA Occupational Therapy with Elders Strategies for the COTA 3rd Edition provides in depth coverage of each aspect of geriatric practice from wellness and prevention to death and dying A discussion of foundational concepts includes aging trends and strategies for elder care and coverage of emerging areas includes low vision rehabilitation mobility issues including driving and Alzheimer's disease and other forms of dementia Expert authors Ren Padilla Sue Byers Connon and Helene Lohman offer an unmatched discussion of diverse populations and the latest on geriatric policies and procedures in this fast growing area of practice Unique A focus on the occupational therapy assistant highlights the importance of COTAs to the care of elder clients Case studies illustrate principles and help you apply what you ve learned to actual situations Key terms chapter objectives and review questions highlight important content in each chapter Use of the term elder reduces the stereotypical role of dependent patients and helps to dispel myths about aging A multidisciplinary approach demonstrates how the OT and the COTA can collaborate effectively Unique Attention to diverse populations and cultures prepares you to respect and care for clients of different backgrounds Unique The companion Evolve website makes review easier with more learning activities references linked to MEDLINE abstracts and links to related OT sites Unique A discussion of elder abuse battered women and literacy includes information on how the COTA can address these often overlooked issues New information on alternative treatment settings for elders reflects new trends in OT care Updated information on Medicare Medicaid and HIPAA regulations discusses the latest policies and how to incorporate the newest procedures into practice Significant additions are made to the chapters on public policy dementia and oncology Occupational Therapy with Elders Rene L. Padilla, Sue Byers-Connon, Helene Lohman, 2011-03-18 This is a Pageburst digital textbook The only comprehensive book on geriatric occupational therapy designed specifically for the COTA Occupational Therapy with Elders Strategies for the COTA 3rd Edition provides in depth coverage of each aspect of geriatric practice from wellness and prevention to death and dying A discussion of foundational concepts includes aging trends and strategies for elder care and coverage of emerging areas includes low vision rehabilitation mobility issues including driving and Alzheimer's disease and other forms of dementia Expert authors Ren Padilla Sue Byers Connon and Helene Lohman offer an unmatched discussion of diverse populations and the latest on geriatric policies and procedures in this fast growing area of practice Unique A focus on the occupational therapy assistant highlights the importance of COTAs to the care of elder clients Case studies illustrate principles and help you apply what you ve learned to actual situations Key terms chapter objectives and review questions highlight important content in each chapter Use of the term elder reduces the stereotypical role of dependent patients and helps to dispel myths about aging A multidisciplinary approach demonstrates how the OT and the COTA can collaborate effectively Unique Attention to diverse

populations and cultures prepares you to respect and care for clients of different backgrounds Unique The companion Evolve website makes review easier with more learning activities references linked to MEDLINE abstracts and links to related OT sites Unique A discussion of elder abuse battered women and literacy includes information on how the COTA can address these often overlooked issues New information on alternative treatment settings for elders reflects new trends in OT care Updated information on Medicare Medicaid and HIPAA regulations discusses the latest policies and how to incorporate the newest procedures into practice Significant additions are made to the chapters on public policy dementia and oncology

Occupational Therapy with Elders - eBook Helene Lohman, Sue Byers-Connon, Rene Padilla, 2017-12-26 Get the focused foundation you need to successfully work with older adults Occupational Therapy with Elders Strategies for the COTA 4th Edition is the only comprehensive book on geriatric occupational therapy designed specifically for the certified occupational therapy assistant It provides in depth coverage of each aspect of geriatric practice from wellness and prevention to death and dying Expert authors Helene Lohman Sue Byers Connon and Ren Padilla offer an unmatched discussion of diverse populations and the latest on geriatric policies and procedures in this fast growing area of practice You will come away with a strong foundation in aging trends and strategies for elder care in addition to having a deep understanding of emerging areas such as low vision rehabilitation driving and mobility issues Alzheimer s disease and other forms of dementia new technological advancements health literacy public policy dignity therapy and more Plus you will benefit from 20 additional evidence briefs and numerous case studies to help apply all the information you learn to real life practice It s the focused evidence based and client centered approach that every occupational therapy assistant needs to effectively care for today s elder patients UNIQUE Focus on the occupational therapy assistant highlights the importance of COTAs to the care of elder clients Unique Attention to diverse populations and cultures demonstrates how to respect and care for clients of different backgrounds UNIQUE Discussion of elder abuse battered women and literacy includes information on how the OTA can address these issues that are often overlooked User resources on Evolve feature learning activities to help you review what you have learned and assess your comprehension Case studies at the end of certain chapters illustrate principles and help you understand content as it relates to real life situations Multidisciplinary approach demonstrates the importance of collaboration between the OT and OTA by highlighting the OTA s role in caring for the elderly and how they work in conjunction with occupational therapists Key terms chapter objectives and review questions are found in each chapter to help identify what information is most important NEW 20 Additional evidence briefs have been added to reinforce this book s evidence based client centered approach NEW Incorporation of EMR prevalence and telehealth as a diagnostic and monitoring tool have been added throughout this new edition NEW Expanded content on mild cognitive impairment health literacy and chronic conditions have been incorporated throughout the book to reflect topical issues commonly faced by OTs and OTAs today NEW Coverage of technological advancements has been incorporated in the chapter on sensory impairments

NEW Other updated content spans public policy HIPAA power of attorney advanced directives alternative treatment settings dignity therapy and validation of the end of life NEW Merged chapters on vision and hearing impairments create one sensory chapter that offers a thorough background in both areas Occupational Therapy With Elders Sue Byers-Connon, Helene Lohman, Rene Padilla, 2004-05 Occupational Therapy with Elders Helene Lohman, Sue Byers-Connon, Rene Padilla, 2018-01-25 The is a textbook on geriatric occupational therapy designed specifically for the COTA It provides in depth coverage of each aspect of geriatric practice from wellness and prevention to death and dying A discussion of foundational concepts includes aging trends and strategies for elder care and coverage of emerging areas includes low vision rehabilitation mobility issues including driving and Alzheimer's disease and other forms of dementia The authors offer a discussion of diverse populations and the latest on geriatric policies and procedures in this fast growing area of practice

Occupational Therapy with Elders Sue Byers-Connon, Helene Lohman, 2004 This unique resource clearly presents a comprehensive range of elder care strategies and insights for the COTA Coverage includes important trends concepts and theories related to aging as well as professional issues for occupational therapy professionals A multi disciplinary approach demonstrates the importance of the collaboration between the Occupational Therapist Registered OTR and COTA Highlights the importance of COTAs to the care of elder patients Key terms chapter objectives and review questions highlight key chapter content Case Studies illustrate important principles and help readers apply what they ve learned to actual situations Reduces the stereotypical role of dependent patients and dispels myths about aging Reflects the recently adopted Occupational Therapy Practice Framework and its interpretation when caring for elder patients AARP statistics and AOTA documents have been updated to reflect current information New photos have been added to enhance the material presented The appendix on web resources is now divided by chapter and includes a brief description of each website Features a new Evolve site with review questions and answers web links and much more New cases studies and review questions are included in each chapter Practice settings coverage has been expanded to cover traditional non traditional and assisted living facilities The hospice chapter features new guidelines on effective communication with elders The Aging Trends and Concepts chapter includes a discussion of the growing number of elder Americans living over the age of one hundred The principle of thriving is introduced and discussed in the Social and Biological Theories of Aging chapter In the chapter on Psychological Aspects of Aging the need for elder social support is introduced and discussed as is the principle of physical illness in relation to coping with a chronic disease or serious illness Features an extended and updated discussion of Medicare Federal Public Policies and other public sources of funding and how they relate to COTA practice Other rehabilitation services and coverage concepts are discussed in relation to Federal Health Care Policy The Occupational Theories with Elders chapter introduces the Occupational Therapy Practice Framework and presents several new scenarios that illustrate the framework in use The chapter on sexuality in elders was expanded to include a specific discussion of elder

homosexuals A new section on wheelchair seating and positioning was added to the mobility chapter Discusses decreased acuity and oculomotor dysfunction and includes an in depth presentation of the settings in which visual impairments are addressed Features the latest information on arthritis therapy and total knee replacement Occupational Therapy with Aging Adults - E-Book Karen Frank Barney, Margaret Perkinson, 2024-06-21 Get all the information you need to work holistically creatively and collaboratively when providing services for older adults with Karen Frank Barney Margaret A Perkinson and Debbie Laliberte Rudman's Occupational Therapy with Aging Adults 2nd Edition Emphasizing evidence based occupation based practice and a collaborative interdisciplinary approach this text walks students and practitioners through the full range of gerontological occupational therapy practice inclusive of working with individual clients to working at systems and societal levels Over 80 leaders in their respective topical areas contributed to the book s 33 chapters including the conceptual foundations and principles of gerontological occupational therapy bio psychosocial age related changes environmental forces shaping occupational participation for older adults the continuum of health care as well as implications for communities and the attributes ethical responsibilities and roles involved in gerontological occupational therapy This edition also covers topical OT issues that are crucially important to an aging population such as diversity and inclusion disability and aging sexuality technology telehealth and virtual environments intergenerational connections updates on dementia research and caring for someone with dementia occupational justice and aging age inclusive communities and an expanded section on hearing to ensure your students are well versed in every aspect of this key practice area UNIQUE Intraprofessional and interprofessional approach to intervention emphasizes working holistically and collaboratively in serving older adults UNIQUE Chapter on the wide range of physiological musculoskeletal and neurological changes among the aging patient population highlights related occupational performance issues Case examples help you learn to apply new information to actual client and community situations Chapter on evidence based practice discusses how to incorporate evidence into clinical or community settings Questions at the end of each chapter can be used for discussion or other learning applications UNIQUE Chapters on nutrition food insecurity and oral health explore related challenges faced by older adults Chapter on ethics provides a deeper understanding of how to address challenging ethical dilemmas **Developing** Clinical Competence Marie Morreale, 2024-06-01 A newly updated user friendly resource for occupational therapy assistant students and new practitioners Developing Clinical Competence A Workbook for the OTA Second Edition assists readers in developing practical problem solving and real life skills essential for fieldwork and clinical practice Maintaining the easy to read workbook format from the First Edition this book is filled with learning activities worksheets and detailed answer explanations as well as expanded chapter content and revised references Marie J Morreale breaks down competencies into step by step units to allow for independent study With multiple choice matching true false and fill in the blanks questions case studies vignettes and experiential activities this Second Edition presents helpful tips in their most useful format Guiding

the reader through occupational therapy clinical decision making professional conduct and meeting standards of care for various practice areas each chapter is fully independent and can be read in the order most conducive to the reader s individual learning needs This text can help readers measure attainment of knowledge and skills when preparing for fieldwork the national certification exam or transitioning to entry level practice New for the Second Edition Fundamental topics including effective communication assessment of client function safety supervision documentation group process and department management Additional questions regarding behavioral health and pediatric practice Expanded content for professionalism ethics cultural sensitivity and interventions to support occupations Topics such as wheeled mobility hand function development infection control feeding eating wound care basics quality improvement and more Added content regarding the American Occupational Therapy Association documents evidence informed practice advocacy chronic conditions and new trends Incorporated concepts and principles from the Occupational Therapy Practice Framework Domain and Process Fourth Edition Included with the text are online supplemental materials for faculty use in the classroom Addressing fundamental areas of occupational therapy practice for a wide variety of conditions situations and practice settings Developing Clinical Competence A Workbook for the OTA Second Edition includes helpful hints and practical clinical tips to help the OTA implement appropriate interventions and communicate more effectively **Crafts and Creative Media** in Therapy Carol Tubbs, Margaret Drake, 2024-06-01 For more than 20 years Crafts and Creative Media in Therapy Fifth Edition has been an illuminating reference for the use of creative approaches in helping clients achieve their therapeutic goals Carol Crellin Tubbs has included a range of craft and creative activity categories from paper crafts to cooking to the use of recycled materials and everything in between Each chapter includes a brief history of the craft several projects along with suggestions for grading or adapting examples of related documentation and a short case study. The text also features chapters on activity analysis general strategies for implementation of creative activities and documentation as well as a chapter describing the relevance of this media from both historical and current occupation based perspectives In this updated Fifth Edition the craft projects have been updated and numerous resources and links for more ideas have been added There are new chapters on making therapy tools and crafting with a purpose and the recycled and found materials chapter has been expanded in keeping with cultural trends A flow chart has been added to each case study to help students better understand the process and rationale for tailoring activities for individual client needs and project suggestions for working on specific performance skills or client factors are scattered throughout the chapters Other additions include a behavioral observation checklist as an aid in evaluation and documentation and several illustrations to help students distinguish between the use of occupation as means and occupation as end This Fifth Edition also includes an updated instructors manual with additional resources and suggestions for lesson planning Crafts and Creative Media in Therapy Fifth Edition not only provides a wide assortment of craft ideas and instructions but also provides multiple suggestions for

therapeutic uses for activities in each category It includes ways to grade activities to best achieve therapy objectives and examples of documentation for reimbursement For each craft category there is discussion on precautions for use with certain populations contextual limitations and safety considerations Information is presented in several different formats such as examples tables illustrations and other formats to promote student understanding Included with the text are online supplemental materials for faculty use in the classroom Crafts and Creative Media in Therapy Fifth Edition is the foremost resource for using creative approaches in helping clients achieve their therapeutic goals and should be used by all occupational therapists occupational therapy assistants and recreational therapists **Nursing Home Federal Requirements** James E. Allen, 2010-11-24 The book lists all the federal requirements that are evaluated by state surveyors during the annual survey visit to nursing homes and for complaint visits The exhibit section contains forms used by surveyors to gather data during the survey visit Visually the format makes the regulations easy to read If nursing home staff used the book to prepare for a survey they would be well prepared Marcia Flesner PhD RN MHCA University of Missouri Columbia From Doody's Review The Federal government together with more than 50 advocacy groups has spent the past 40 years writing and refining the rules and guidelines in this manual This book presents the latest federal guidelines and protocols used by federal surveyors in certifying facilities for participation in Medicare and Medicaid funding It is an essential resource for long term care facilities to have on hand to be ready for a survey at any time It provides information straight from CMS s Internet Only Manual in print and at your fingertips for easy access Divided into four accessible and user friendly parts this manual includes Federal requirements and interpretive guidelines Rules for conducting the survey Summary of the requirements for long term care facilities and surveyors CMS forms commonly used by surveyors This newly updated and revised edition spans every aspect and service of a nursing home and represents the latest requirements to ensure that outstanding quality assurance and risk management programs are in place New to This Edition Section on how to use manual Summarization of federal requirements Updated definitions of Medicare and Medicaid Compliance requirements with Title VI of the Civil Rights Act of 1964 SNF Hospice requirements when SNF serves hospice patients SNF based home health agencies Life safety code requirements Changes in SNF provider status Surveyor qualifications standards Management of complaints and incidents New medical director guidelines Pedretti's Occupational Therapy - E-Book Heidi McHugh Pendleton, Winifred Schultz-Krohn, 2011-12-20 Chapter on polytrauma post traumatic stress disorder and injuries related to the War on Terror teaches you how to provide OT services to this unique population Content covers new advances in prosthetics and assistive technologies and provides more up to date assessment and interventions for TBI problems related to cognitive and visual perception Full color design visually clarifies important concepts Video clips on the companion Evolve website vividly demonstrate a variety of OT interventions The Occupational Therapist's Workbook for Ensuring Clinical Competence Marie Morreale, Debbie Amini, 2024-06-01 The Occupational Therapist's Workbook for Ensuring

Clinical Competence is designed to help occupational therapy students and new practitioners demonstrate the practical problem solving and real life clinical reasoning skills essential for fieldwork and clinical practice This user friendly resource helps the reader apply occupational therapy concepts improve narrative and pragmatic reasoning skills and measure attainment of knowledge and skills needed for successful transition to fieldwork and entry level practice Inside The Occupational Therapist's Workbook for Ensuring Clinical Competence a wide variety of client conditions situations and intervention options are presented for different practice areas Knowledge and skills are assessed for fundamental aspects of occupational therapy such as professionalism ethical decision making evidence based practice evaluation and intervention planning occupation based interventions effective communication supervision role delineation activity analysis cultural competence interprofessional collaboration group process emerging practice areas department management safety documentation billing and reimbursement and more Marie Morreale and Debbie Amini have incorporated numerous worksheets learning activities and worksheet answers in an easy to read format The variety of assessment methods and learning activities used throughout the text stem from the authors combined decades of teaching experience and include case studies vignettes multiple choice matching and true false questions fill in the blanks experiential activities and more Topics are broken down into smaller units and explained step by step to allow for easy independent study Thoroughly explained answers are provided so that readers can check their responses with suggested best practice These worksheets and learning activities are also useful as role playing exercises studying in small groups and can aid in preparing for fieldwork or the national certification exam Included with the text are online supplemental materials for faculty use in the classroom The Occupational Therapist s Workbook for Ensuring Clinical Competence is the go to text for occupational therapy students and faculty as well as new occupational therapy practitioners who require the practical problem solving skills and the clinical decision making skills essential for fieldwork and clinical practice Functional Performance in **Older Adults** Bette R Bonder, Vanina Dal Bello-Haas, 2017-12-04 Support the very best health well being and guality of life for older adults Here's the ideal resource for rehabilitation professionals who are working with or preparing to work with older adults You ll find descriptions of the normal aging process discussions of how health and social factors can impede your clients ability to participate in regular activities and step by step guidance on how to develop strategies for maximizing their OTA Exam Review Manual Karen Sladyk, 2005 Are you a student preparing for the NBCOT exam Looking for well being only one study guide to help you prepare for this important day Wondering what thousands of your peers and fellow students have relied on for their studying needs The answer is the OTA Exam Review Manual now available in a completely updated and revised second edition with over 550 questions This invaluable study tool is designed to guide students through the studying process from start to finish With a redesigned question format to match the NBCOT exam more questions and an on line testing component this second edition is a study guide that inspires critical thinking Karen Sladyk and her co authors

incorporate domain task and knowledge style questions as a way to prepare students for the pace of the NBCOT exam This collection of questions enables students to think logically for the answers not just practice for the exam The OTA Exam Review Manual Second Edition also includes an on line testing component With 250 questions 50 more than the previous edition this feature assists students with integrated learning and the ability to maximize their computer testing skills Covering topics such as study techniques content outlines fieldwork and life after the exam the OTA Exam Review Manual Second Edition is the most current and extensive review on the market for OTA students Features Contains 550 questions 50 more than the previous edition divided into 11 one hour test period simulations Redesigned guestion format to match new NBCOT exam Includes a new user friendly on line testing component incorporating domain style questions from the book Worksheets time organizers and appendix resources **Nursing Home Federal Requirements, 8th Edition** James E. Allen, 2014-07-09 The book lists all the federal requirements that are evaluated by state surveyors during the annual survey visit to nursing homes and for complaint visits The exhibit section contains forms used by surveyors to gather data during the survey visit Visually the format makes the regulations easy to read If nursing home staff used the book to prepare for a survey they would be well prepared Marcia Flesner PhD RN MHCA University of Missouri Columbia From Doody's Review Nursing homes are now the most highly regulated environments in the United States in the service of maximizing the quality of each resident's life This user friendly guide has been updated to provide all of the reguisite information needed by nursing home staff to prepare for a visit from federal surveyors It provides the most current federal guidelines and the procedures used by federal surveyors in certifying facilities for participation in Medicare and Medicaid funding It describes every aspect and service of a nursing home that is subject to inspection and includes the nearly 20% of new requirements established during the past three years with an emphasis on the new Minimum Data Set 3 0 The guide not only presents federal requirements and explanatory guidelines but also explains how to best interpret these guidelines so nursing home staff can be optimally prepared for a survey visit It reflects changes in regulations regarding end of life care nasogastric tube regulations and rights to establish advance directives The guide also provides information straight from CMS s Internet Only Manual New Features of Eighth Edition Describes how to best use the updated manual Focuses on Minimum Data Set 3 0 Explains clearly how to interpret the new requirements 20% of which have been updated Presents new quality measures Includes new CMS forms Reflects changes in regulations regarding end of life care nasogastric tube regulations and rights to establish advance directives Introduction to Radiologic Technology - E-Book William J. Callaway, 2024-04-16 NAME Nursing Home Federal Requirements James E. Allen MSPH, PhD, CNHA, 2010-11-24 The book lists all the federal

Nursing Home Federal Requirements James E. Allen MSPH, PhD, CNHA,2010-11-24 The book lists all the federal requirements that are evaluated by state surveyors during the annual survey visit to nursing homes and for complaint visits. The exhibit section contains forms used by surveyors to gather data during the survey visit Visually the format makes the regulations easy to read If nursing home staff used the book to prepare for a survey they would be well prepared Marcia

Flesner PhD RN MHCA University of Missouri Columbia From Doody's Review The Federal government together with more than 50 advocacy groups has spent the past 40 years writing and refining the rules and guidelines in this manual This book presents the latest federal guidelines and protocols used by federal surveyors in certifying facilities for participation in Medicare and Medicaid funding It is an essential resource for long term care facilities to have on hand to be ready for a survey at any time It provides information straight from CMS's Internet Only Manual in print and at your fingertips for easy access Divided into four accessible and user friendly parts this manual includes Federal requirements and interpretive guidelines Rules for conducting the survey Summary of the requirements for long term care facilities and surveyors CMS forms commonly used by surveyors This newly updated and revised edition spans every aspect and service of a nursing home and represents the latest requirements to ensure that outstanding quality assurance and risk management programs are in place New to This Edition Section on how to use manual Summarization of federal requirements Updated definitions of Medicare and Medicaid Compliance requirements with Title VI of the Civil Rights Act of 1964 SNF Hospice requirements when SNF serves hospice patients SNF based home health agencies Life safety code requirements Changes in SNF provider status Surveyor qualifications standards Management of complaints and incidents New medical director guidelines

Occupational Therapy with Older Adults - E-Book Helene Lohman, Amy L. Shaffer, Patricia J. Watford, 2022-11-18 Gain the focused foundation needed to successfully work with older adults Occupational Therapy with Older Adults Strategies for the OTA 5th Edition is the only comprehensive book on occupational therapy with older adults designed specifically for the occupational therapy assistant It provides in depth coverage of each aspect of geriatric practice from wellness and prevention to managing chronic conditions Expert authors Helene Lohman Amy Shaffer and Patricia Watford offer an unmatched discussion of diverse populations and the latest on geriatric policies and procedures in this fast growing area of practice UNIQUE Focused coverage emphasizes the importance of the role of an OTA in providing care for older adults UNIQUE Coverage of diverse populations including cultural and gender diversity prepares OTAs to work with older adults using cultural sensitivity UNIQUE Critical topic discussions examine concepts such as telehealth wellness and health literacy Interdisciplinary approach highlights the importance of collaboration between the OT and the OTA specifically demonstrating how an OTA should work with an OT in caring for older adults Case studies at the end of chapters help to prepare for situations encountered in practice NEW An ebook version is included with print purchase and allows access to all the text figures and references with the ability to search customize content make notes and highlights and have content read aloud NEW Evidence Nuggets sections highlight the latest research to inform practice NEW Tech Talk feature in many chapters examines the latest technology resources Revised content throughout provides the most current information needed to be an effective practitioner Updated references ensure the content is current and applicable for today s practice

Nutrition Management & Restorative Dining for Older Adults Gretchen Robinson, Betty Leif, 2001 Pulmonary

Rehabilitation - E-Book John E. Hodgkin, Bartolome R. Celli, Gerilynn A. Connors, 2023-06-02 Approx 592 pages Approx 592 pages New chapters covering new advances and discoveries in respiratory care Systemic Effects of Chronic Obstructive Pulmonary Disorders Complementary Alternative Medicine for Patients with Chronic Lung Disease Pulmonary Rehabilitation and Lung Volume Reduction Surgery Management of and Reimbursement for Pulmonary Rehabilitation Services Exercise and Pulmonary Hypertension New and revised illustrations and photographs Expanded coverage of patients with respiratory diseases other than COPD as well as pediatric pulmonary patients New and revised pedagogy including chapter outlines and updated objectives Enhanced chapters Addresses the latest research and reports including The Global Initiative for Chronic Obstructive Lung Disease GOLD report recommending pulmonary rehabilitation

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# Occupational Therapy With Elders Strategies For The Cota Introduction

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