

# Relationships and Well-Being Over the Life Stages

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Pat M. Keith & Robert B. Schafer

# Relationships And Well Being Over The Life Stages

**Susan A. David, Ilona Boniwell, Amanda  
Conley Ayers**



## **Relationships And Well Being Over The Life Stages:**

Relationships and Well-Being Over the Life Stages Pat Keith, Robert B. Schafer, 1991-09-30 Recent social trends including the increased employment of women the dramatic growth in single parent households heightened attention to the aging of the population and to older families and changing attitudes toward gender roles guide the focus of this study that considers personal characteristics and family relationships and how they are linked with well being over the life course Pat Keith and Robert Schafer discuss how these trends have profoundly affected work family relationships and how the far reaching social demographic and economic implications of these changes inform some of the vital concerns of particular groups including one and two job families single parent women and their married counterparts older and younger couples and modern and traditional spouses Throughout the focus is on variation in well being self concept role strain and mental health over the adult life course and the factors that may foster it at various life stages and in different family situations The study offers observations on persons in different circumstances across the life course that are not often included in the same research but that have produced and will continue to produce lasting changes in the structure of American society Following two early chapters that set forth the study's guiding concepts goals and methodology Chapters Three through Five assess work and well being in one and two job families and equity in the marriage relationship and examine gender roles in the family focusing on older families in particular Typologies of marriages and the self concept in an intimate relationship are investigated in the next two chapters The final chapters study gender role attitudes characteristics of employment and well being of single and married employed mothers food behavior and diet over the life stages and families over the life stages Scholars students and researchers in sociology of the family sex roles and aging as well as demographers interested in the consequences of the marital status will find the insights of this important new study timely and valuable to their work

Families and Retirement Maximiliane Szinovacz, David J. Ekerdt, Barbara H. Vinick, 1992-03-10 What are the long term effects of retirement on family relationships Do personality characteristics or attitudes of one spouse impinge on the other spouse's retirement plans and adjustment What differences exist in the ways males and females adapt to retirement Leading researchers in the fields of family studies and gerontology present enlightening information on the impact of retirement on family relations Original essays focus on gender and ethnic differences the role of children siblings and significant others and the multiple changes retirement creates in marriage In addition a variety of theoretical models existing research and methodological problems in studying retired families are explored Families and Retirement is essential reading for graduate students researchers and professionals in gerontology sociology social work family psychology and policy studies This is a well written book The editors have done a great job in selecting chapter authors whose research is important and directly related to the focus of the book The book will be an excellent text for sociology classes focusing mainly on retirement It will also serve well as a supplemental text in gerontology family studies economics and other college and university courses

wherein retirement is studied Journal of Marriage and the Family Just when it seems too complex a task to produce a text that addresses retirement from the perspective of the family a new work appears that does just that The editors have successfully expanded the traditional concern with the individual by choosing studies showing relationships and issues on aspects of retirement and family Family Relations

**Health and Well-Being Across the Life Course** Mary Larkin, 2013-01-11 Using a life course approach the main chapters in this truly original and enlightening text focus on health and well being during each of our life stages A wide range of contemporary literature from disciplines such as public health sociology epidemiology and social policy are drawn upon to examine key health and well being issues in these stages and to illustrate how health effects can accumulate across the life course Interactive activities based on the text and on extracts from primary sources are used to encourage critical reflection and debate Mary Larkin's book will be essential reading for students on the many courses that need an understanding of health and well being across all age groups It will also be an invaluable resource for those in the health and social care sector as well as practitioners working in the field

**Multiple Paths of Midlife Development** Margie E. Lachman, Jacquelyn Boone James, 1997-05-15 In this collection of fifteen papers leading researchers analyze the middle years of the lifespan paying close attention to the many different facets of adult development They study the various changes involving the self and others that middle aged adults experience in the realms of work family and health This book explains how the different experiences interrelate and how a better understanding of them can foster successful midlife development

*Intersections with Attachment* Jacob L. Gewirtz, William M. Kurtines, 1991 First Published in 1991 Routledge is an imprint of Taylor Francis an informa company

**Adult Development and Aging** Julie Hicks Patrick, Bert Hayslip, Jr., Lisa Hollis-Sawyer, 2025-06-14 Topically organized Adult Development and Aging Growth Longevity and Challenges provides students with a comprehensive understanding of the aging process in adulthood from multiple perspectives In this Second Edition Julie Hicks Patrick Bert Hayslip and Lisa Hollis Sawyer use principles of lifespan development to show readers the directionality of changes in early middle and late adulthood Within its framework of scientific literacy the text charts four key themes to guide learners a focus on aging as development a global perspective on contexts a vibrant integrated approach to diverse coverage and psychological science that translates into real life experiences A final chapter focuses on ways to improve the experience of aging for all adults

Positive Psychology William C. Compton, Edward Hoffman, 2019-01-29 Topically organized Positive Psychology The Science of Happiness and Flourishing presents a highly engaging up to date introduction to positive psychology Authors William C Compton and Edward Hoffman invite students to apply practices to their own lives contexts and experiences to ensure understanding The text examines how positive psychology applies to stressors and health within such traditional research areas as developmental clinical personality motivational social and behavioral psychology Furthermore the text offers perspectives on positive emotional states research and theory on positive traits coverage of positive institutions and a look at the future of positive psychology

The Third Edition reflects significant growth in field with hundreds of new references and expanded content on topics including mindfulness money and subjective well being and romantic love

**Close Relationships and Happiness across Cultures** Melikşah Demir, Nebi Sümer, 2018-08-10 This volume focuses explicitly on close relationships as a reliable source for individual happiness and well being across cultures The work in this volume addresses theoretical issues and presents new cross cultural data in the study of close relationships and happiness Experts from different parts of the world provide in depth authoritative reviews and new findings on the relationship between various types of close bonds e g intimate marital friendship grandparent and happiness in a variety of cultures An ideal resource for researchers and students of relationship science and positive psychology this rich clear and up to date book serves as an important reference for academicians in related fields of psychology such as cross cultural social and developmental

**Handbook of Psychology, Developmental Psychology** Irving B. Weiner, Donald K. Freedheim, 2003-01-03 This work provides an overview of cognitive intellectual personality and social development across the lifespan with attention to infancy early childhood middle childhood adolescence and early middle late adulthood Chapters cover a broad range of core topics including language acquisition identity formation and the role of family peers school and workplace influences on continuity and change over time

**The Oxford Handbook of Happiness** Susan A. David, Ilona Boniwell, Amanda Conley Ayers, 2014 A text for researchers and practitioners interested in human happiness Its editors and chapter contributors are world leaders in the investigation of happiness across the fields of psychology education philosophy social policy and economics

**Well-Being, Positive Peer Relations and Bullying in School Settings** Phillip T. Slee, Grace Skrzypiec, 2016-09-15 This book focuses on well being at school in association with positive peer relationships and bullying Taking an integrative and community based approach the book outlines the significance of student school relationships for well being and emphasizes the importance of school and classroom climate for promoting well being Embedded in research and theory the book reflects the belief that all of our dealings with children and young people in whatever role whether as parent or teacher or in some other capacity are bounded by theory either implicit or explicit The book highlights the role of partnerships and linkages in addressing school based well being and anti bullying programs It pays special attention to the barriers and facilitators that schools must address in engaging with external agencies to deliver strong evidence based initiatives The international concern with school bullying is given particular consideration in relation to its impact on the well being of all involved A feature of the text is the focus given to the implementation of programs into the busy and complex world of schools and classrooms recognizing that the effectiveness and impact of any school based program is strongly related to the quality of its implementation The text reflects a commitment of the authors to a broad based systemic view of development taking into account family school community and culture as influential factors The text incorporates a number of pedagogical features e g classroom based activities and discussion starters reflections on points raised in the text and case studies This book is of special interest to

teachers school counselors educational psychologists and mental health professionals working in school settings

*Handbook of Personality Development* Dan P. McAdams, Rebecca L. Shiner, Jennifer L. Tackett, 2019-02-27 Bringing together prominent scholars this authoritative volume considers the development of personality at multiple levels from the neuroscience of dispositional traits to the cultural shaping of life stories Illustrated with case studies and concrete examples the Handbook integrates areas of research that have often remained disparate It offers a lifespan perspective on the many factors that influence each individual's psychological makeup and examines the interface of personality development with health psychopathology relationships and the family Contributors provide broad based up to date reviews of theories empirical findings methodological innovations and emerging trends See also the authored volume *The Art and Science of Personality Development* by Dan P McAdams

**Foundations of Couples, Marriage, and Family Counseling** David Capuzzi, Mark D. Stauffer, 2015-01-07 A comprehensive and practical approach to the world of marriage couples and family counseling Esteemed academics David Capuzzi and Mark D Stauffer present the theory research and real life practice of today's counselors and therapists in family therapy settings Aligned with the Council for Accreditation of Counseling and Related Educational Programs CACREP and Commission on Accreditation for Marriage and Family Therapy Education COAMFTE this useful text covers foundational teaching important to readers but also critical modern topics not included in other texts such as sexuality trauma divorce domestic violence and addictions filial play therapy and using community genograms to position culture and context in family therapy With a unique focus on practical applications the book discusses the major family therapy theories and provides graduate students and post graduate learners in counseling mental health and behavioral health fields the skills and techniques they need to help couples and families as part of their work in a variety of helping environments Each chapter contains case studies and anecdotes that help readers think critically about the issues they are likely to deal with as clinicians Written by recognized and respected contributors this book helps readers see the connection between what they know and what happens in couples and family counseling sessions Readers will Learn the knowledge and skills essential to family therapy Understand the history concepts and techniques associated with major theories Examine the key issues specific to couples work with relevant intervention Explore solutions to the complexities generated by special issues Discusses the modern realities of family diversity and culture and systemic contexts Family and couples counseling presents a complex interplay of various factors inherent to each individual the dynamic interplay between each person's issues and the outside influences that shape behavior *Foundations of Couples Marriage and Family Counseling* helps readers sort out the complexity and guide clients toward lasting resolution

**Enduring Questions in Gerontology** Debra J. Sheets, Dana Burr Bradley, Jon Hendricks, 2005-11-10 *Enduring Questions in Gerontology* provides a comprehensive perspective on the abiding issues in gerontology Both current and future gerontologists will find this book useful in examining emerging dilemmas and creating a context for further progress in the field of aging The most creative thinkers

contributing to the gerontological literature reflect on their disciplines consider how key questions have emerged review how they have changed in the decades since gerontology entered the fray and speculate what may lie ahead The resulting collection of essays offers a comprehensive perspective on the enduring questions in gerontology and how they have shaped our understanding of differences in the experience of old age Key contributors to this volume include George L Maddox Christine L Fry Steven Austad Kenneth Brummel Smith Manfred Diehl Martha Holstein W Andrew Achenbaum James E Birren As an emerging or seasoned scholar you will find insights into the ways in which each disciplinary focus grapples with societal transitions identifies emerging issues and lays out strategies and salient perspectives for what should come next

Women's Health and Wellness Across the Lifespan Ellen Olshansky,2014-10-07 Women s Health and Wellness Across the Lifespan offers the innovative approach to care that today s patients often demand combining traditional medicine and alternative approaches It covers women s wellness care and specific issues during puberty through young adulthood midlife and old age In addition it provides information essential to enabling your patients to achieve their full health potential covering wellness for special populations physical activity and nutrition oral health herbal medicine and pharmacologic approaches methods to promote healing healthy sleep and peaceful dying

**Helping Relationships With Older Adults** Adelle M. Williams,2016-06-29 Helping Relationships with Older Adults From Theory to Practice examines the fundamental theoretical perspectives of the aging process with an emphasis on the healthy aspects of aging Taking a comprehensive approach author Adele Williams addresses various therapeutic methods as she highlights the strengths and resiliency of the older population Exercises and case studies demonstrate key concepts and promote skill development by allowing students to experience the various challenges in the lives of older clients

**Social Psychiatry** Rakesh K Chadda,Vinay Kumar,Siddharth Sarkar,2023-12-29

**Biomedical Index to PHS-supported Research** ,1990

Everyone Wins - 3rd Edition Ba Luvmour,Josette Luvmour,2019-04-23 Over 25 000 copies sold promote optimal well being and social justice through 170 games and activities for all ages At this critical point of human evolution we want our children to have the ability to resolve conflict communicate positively build social skills and increase self esteem so that they may actualize their potential and live in well being The highly sought after 3rd edition of the best selling Parent Choice Award winning book Everyone Wins Cooperative Games and Activities for All Ages features over 170 well designed cooperative games and activities Developmentally appropriate and indexed according to age level group size activity level and location Everyone Wins offers great value through evaluating interpersonal dynamics teaching social justice and assessing development capacities By popular request new features include Information on development and learning in children and youth New and updated games and activities An overview of Natural Learning Relationships for whole child development Everyone Wins is an easy to use quick reference guide for everyone who cares for and about children education and the actualization of social well being in a diverse range of environments

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