

ERASE PAIN IN MINUTES WITHOUT DRUGS!

# Pain Erasure

## THE BONNIE PRUDDEN WAY

THE  
NATIONAL  
BEST  
SELLER

DISCOVER  
THE WONDERS OF  
"TRIGGER POINT"  
THERAPY

Bonnie Prudden

FOREWORD BY  
DR. DESMOND TIVY



# Pain Erasure The Bonnie Prudden Way

**Mike Jess**



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