



10 Ways To Overcome The Ending Of

A LONG TERM MARRIAGE

MINDJOURNAL

Long Term Marriage

Susan K. Whitbourne



Long Term Marriage:

Together Through Thick and Thin Florence Kaslow, Shlomo A Sharlin, 2022-03-01 Discover what factors beliefs and attitudes build a successful marriage In the enormous social political and technological upheavals since World War I the long and happy marriage has begun to seem like an endangered species In the desperate hunt for reasons that marriages fail most researchers have ignored the factors that help marriages succeed Together Through Thick and Thin A Multinational Picture of Long Term Marriage reports a landmark study of long term satisfaction in marriage Instead of relying on conjecture or unproven clinical hunches the authors studied the happily married around the world The respondents early experiences included the Great Depression World War II and the Holocaust as well as the Roaring Twenties In the years since they married technological change and the women s movement have made the world almost unrecognizable Yet these people have managed to maintain both stability and quality in their marriages The scope of Together Through Thick and Thin is sweeping eight countries more than 400 couples who had been happily married for between 25 and 45 years Factors analyzed include degree of satisfaction gender differences socioeconomic level family history shared values religious belief and practice attitudes toward children physical health and problem solving styles among many others Moreover the book builds on existing documented literature on marriage This solid background helps put its wealth of practical data into context an ideal synthesis of theory and practice This study delves into the reasons couples stay together and stay satisfied What qualities and attitudes do happily married couples share Can the factors that keep a Chilean couple together for life also apply in the very different cultures of Sweden Israel South Africa the United States What keeps a marriage together in times of crisis How important is love Together Through Thick and Thin helps you understand the diverse factors that affect marital quality and stability by offering a broad range of information a comprehensive review of the literature of happy marriage cross cultural comparisons that kindle fresh insights discussions of factors ranging from gender and economic status to family history and shared attitudes specific behaviors and attitudes that illuminate what matters most in marriage from mutual respect to shared fun the reasons couples stick together during crises which problem solving behaviors actually work Together Through Thick and Thin provides psychologists family therapists and couples counselors with the solid data they need to guide couples in crisis toward greater intimacy commitment and joy together

For Keeps Finnegan Alford-Cooper, 1998 Derived from the author s own survey the Long island Long Term Marriage Survey this book unveils the most important factors contributing to the longevity of marriages It s based on completed questionnaires from 576 couples and in depth follow up interviews with sixty of these couples making this the largest survey to date of couples married fifty years or more The interviews allowed the spouses to tell their life stories excerpted in the book and to contrast their marriages to those of younger generations adding an intergenerational comparative perspective The author organizes the book around the major life events experienced by her respondents meeting courtship and marriage having children conflicts and their resolution

sharing household chores working spouses retirement Throughout Alford Cooper has included longer vignettes in which couples tell the stories of their lives together giving the book a freshness that only first hand narrative can communicate

The Experience of the Long-term Marriage Relationship Gayle R. Beck, 1983 Abstract A phenomenological inquiry of the question What is the experience of the long term marriage relationship was explored in this study The theoretical foundation for the investigation incorporated concepts of existentialism phenomenology and humanistic psychology Review of the literature yielded a few studies of longterm marriage and an abundance of quantitative research examining factors necessary to achieve marital satisfaction This study is a qualitative examination of sustained marriage relationships that offers a comprehensive phenomenological descriptive analysis of the themes involved therein The data was collected by means of an in depth interview with a population of fifteen couples married for over twenty years living in the northern suburbs of metropolitan Detroit Michigan The analysis of data through the process of phenomenological reduction yielded major components and basic themes of the experience of the long term marriage relationship Couples interviewed described their relationship as one which commitment to one another resulted in satisfaction personal needs which in turn deepened commitment to the sustained relationship Changes in the experience of the relationship over time led to the gradual development of oneness of being and intermittent distancing from one another during the natural ebb and flow of life s crises Additionally the long term marriage relationship involved both verbal and non verbal sharing through self disclosing communication of varying degrees and intensity A desire to remain in the marriage and work toward its enhancement and enrichment was increased by the sharing of self The building of mutual life memories was another significant aspect of a sustained marriage relationship revealed by this study These memories both joyous and painful deepened the connecting links between couples Finally the experience of long term marriage relationship involved the branching outward to create develop or touch the lives of others and to affirm and further sustain the marriage This study concluded that couples engaged in long term relationships can and do experience marital satisfaction over long periods of time contrary to results of previous empirical and qualitative research It further suggested that the experience of the long term marriage relationship warranted additional study and research

Long-term Marriages Timothy H. Brubaker, 1984 **Lasting Marriages** Richard Mackey, Bernard O'Brien, 1995-06-30 Based on in depth interviews by skilled clinicians with husbands and wives who have been married more than 20 years Mackey and O'Brien explore how spouses adapt to each other from the early years of marriage through the parenting years and into the post parenting or empty nest years Purposively selected for inclusion were spouses representing religious ethnic racial and educational diversity Given increased life expectancies couples who stay together will remain together for longer periods of time As longevity extends into the seventies eighties and beyond it is critical to identify the significant dynamics which contribute to satisfaction among couples in stable marriages This book responds to this need Each chapter focuses on an important theme in these long term marital relationships Mackey and O

Brien first explore the beginnings of the relationships and the recollections of how respondents were attracted initially The next chapters focus on dimensions of marriage as they evolve over time Collective themes emerging from the interviews are explored in relationship to gender ethnicity religion and education In view of increased life expectancies couples who stay together will remain together for longer periods of time As longevity extends into the seventies eighties and beyond it is critical to identify the significant dynamics which contribute to satisfaction among couples in stable marriages This book responds to this need among sociologists psychologists social workers marriage and family counselors and general adult readers interested in gender cultural differences and interpersonal relationships **Family Ties and Aging** Ingrid Arnet Connidis,2010 This advanced textbook covers issues of family ties and aging broadly the goal being to provide an integrated and thorough representation of what we know from the current research Whereas books on families and aging have traditionally focused on ties to a spouse and to children and grandchildren Family Ties Aging is more extensive and more reflective of contemporary society The text includes groups and relationships that typically receive short shrift exploring such neglected populations as single divorced and childless older people and their family relationships as well as sibling relationships among the elderly live in partnerships not formalized by marriage and the kinds of family ties forged by gay and lesbian persons over the life course The book weaves the vast range of information we now have about the many facets of family relationships and aging into a critical comprehensive and integrated whole *'Til Death Do Us Part* Jeanette C. Lauer,Robert H. Lauer,1986 A Study and Guide to Long Term Marriage Long-Term Marriage in Maldives: A Cross-Sectional Study Dr. Aishath Naila,2022-07-13 This book is about the outcome of a study that assessed factors that affect long term marriages 10 or more years spouses age 30 59 years in the Maldives Marriage is an evolving institution that contributes to diversifying the human race In Islam marriage is a sacred bond that shapes a better society Recent research on marriage observed that the rate of marriage is declining and the rate of divorce is increasing For example in the Maldives for every 2 3 marriages one marriage ended in divorce There is no study to date conducted in the Maldives about the factors that may be associated with retaining long term marriages Thus this book aims to explore factors of long term marriage which could be applied during marital therapy counseling to aid in couple therapy intervention and future research The book describes the association between long term marital factors such as religiosity spirituality self awareness perception of a long term marriage and demographics The book provides tips for researchers counselors and psychologists when handling clients with marital conflicts For Keeps: Marriages That Last a Lifetime Finnegan Alford-Cooper,2016-12-05 Derived from the author s own survey called the Long Island Long Term Marriage Survey this text examines couples married 50 years or more The survey comprising of questionnaires and interviews was conducted to learn what factors contributed to the longevity of marriages *Staying Together* William Glasser,1995 Much human misery has its origin in poverty neglect abuse and ignorance But perhaps the most common human misery is that which occurs in an unsuccessful marital relationship

Countless men and women are competent productive caring intelligent happy and successful except with their partners Despite the fact that many of the social problems affecting us have their origins in unhappy marriages there is little tangible information on how to maintain a successful union Dr William Glasser one of the world s noted psychiatrists and authors began to think about this subject when his wife told him shortly before cancer claimed her life in 1992 You won t do well by yourself I hope you can find someone with whom you will be happy She was right After forty six years of marriage he wasn t happy by himself but it was not easy to find someone else As he began his quest for a new love Glasser was forced to consider why some marriages succeed and others fail Staying Together his deeply personal guide to maintaining a fulfilling marriage describes how he and his fiancée Carleen Floyd have built their relationship Glasser advises readers on how to create loving and lasting marriages by applying control theory his theory of how we function psychologically as each of us attempts to control our life to relationships The result is a wealth of new information about who would make a compatible partner and how to improve any relationship

Building Long-Term Relationships John W. Loeff, 2007-06 Long term relationships require many building blocks to make it work Which ones need some work in your relationship If you refuse to work on them divorce could be next Your choice

Handbook of Contemporary Families Marilyn Coleman, Lawrence H Ganong, 2004 Coleman and Ganong recruited an outstanding group of scholars to contribute to the Handbook of Contemporary Families Authors represent a wide array of disciplines and the topics touch on every aspect of family life The organization of the book is excellent and the writing of high quality Scholars and students alike will find the book a valuable resource Alan Booth Penn State University Marilyn Coleman and Larry Ganong have produced a comprehensive handbook exploring the changes and challenges confronting contemporary families The chapters written by some of the most distinguished social scientists studying families give a balanced research based analysis of some of the most contentious issues of our time E Mavis Hetherington University of Virginia This useful handbook brings together many of the most important new findings and provocative ideas about America s diverse and changing families An excellent resource Stephanie Coontz author of The Way We Really Are Coming to Terms with America s Changing Families What has happened to marriage and families What is the current state of families Where are families headed Where is family scholarship headed As families face challenges today brought on by events that have changed their perception of the world there is a need for a clear assessment of what has happened to families in the past and an examination of some data based theories about what is likely to happen in the future The Handbook of Contemporary Families explores how families have changed in the last 30 years and speculates about future trends Editors Marilyn Coleman and Lawrence H Ganong along with a multidisciplinary group of contributors critique the approaches used to study relationships and families while suggesting modern approaches for the new millennium The Handbook looks at how changes within the contemporary family have been reflected in family law family education and family therapy Features of this Handbook Examines a diverse array of families and relationships in which people live

including chapters on alternative lifestyles gay and lesbian relationships economically distressed families religion and families racial and ethnic diversity a feminist vision for families older families and the effect of computers and other technology on family relationships Includes both a historical review and future speculation on the subjects covered in each chapter Interdisciplinary contributors representing a variety of fields such as history family studies sociology law therapy social work psychology nursing and human development The Handbook of Contemporary Families is an excellent resource for advanced undergraduate and graduate students researchers educators and practitioners who study and work with families in several disciplines including Family Science Human Development and Family Studies Sociology Marriage Family Therapy and Social Work

The Everything Guide to a Happy Marriage Stephen Martin,Victoria Costello,2009-06-18 Every newly married couple wants to beat the odds and make their marriage work Unfortunately 50 percent of first marriages and 65 percent of second marriages fail Clearly couples need guidance and support to keep their partnerships strong In this guide married couple Stephen Martin and Victoria Costello offer information tips and advice to help readers Recognize danger signs in a marriage Communicate effectively Handle discussions about money sex kids and other tough topics Keep the passion alive Maintain a sense of identity within a partnership Navigate special situations such as stepfamilies and cultural differences With the help of this concise book couples can address problems before they become dealbreakers From the stress of combining finances and raising kids to dealing with in laws and blending families there s a lot of pressure in a marriage But all it takes is a little information and determination to make it work and to make it last

10 Great Dates to Energize Your Marriage David and Claudia Arp,2016-02-16 Small groups of couples can learn important skills and revitalize their marriages with this fun and unique approach You will love growing together while going out together John Gray Author of Men Are from Mars Women Are from Venus Remember back to your dating days the excitement you felt Now you can reclaim that same spark connection and creativity in your marriage through ten intentional memory making dates This proven approach to relationship growth is low key purposeful effective easy and fun and will help you Communicate better Put the sizzle back in sex Process anger and resolve conflicts Develop spiritual intimacy Appreciate your differences Balance busy lifestyles And much more Enjoy your dates alone as a couple or start your own 10 Great Dates group in your church or community You probably already know 5 6 couples who could benefit from time out to build their marriage and enrich their relationship with 10 Great Dates See 10 Great Dates DVD Curriculum for everything you need to lead this effective husband friendly and fun program

The Encyclopedia of Adulthood and Aging, 3 Volume Set Susan K. Whitbourne,2016-01-19 This authoritative reference work contains more than 300 entries covering all aspects of the multi disciplinary field of adult development and aging Brings together concise accurate summaries of classic topics as well as the most recent thinking and research in new areas Covers a broad range of issues from biological and physiological changes in the body to changes in cognition personality and social roles to applied areas such as psychotherapy long term care and end

of life issues Includes contributions from major researchers in the academic and clinical realms 3 Volumes www.encyclopediaadulthoodandaging.com

Long-term Marriages Transitioning Into Retirement, 2015 Research proves the positive impact of marriage support services on premarital and married couples This research is relevant to nearly all adults since most will marry in their lifetime While statistics predict the population of older adults to grow to an unprecedented amount only a modest amount of research examines long term marriages Change and loss are plentiful for older adults which has an effect on marriage This study explores three questions 1 what are the issues and concerns long term married couples face as one or both partners transition into retirement 2 to what extent are professionals clergy counselors researchers working with older adult couples and 3 what resources would professionals utilize to create more efficient and successful work with older couples This study was a mixed method approach including a couple satisfaction survey given to six couples and compared to a sample of 1 500 couples from PREPARE ENRICH and interviews completed with couples and professionals Couples appreciate adjustment within the marriage leadership distribution and look forward to growing old with each other Communication specifically regarding leisure time and scheduling household tasks and aging concerns became apparent themes Professionals indicated a need for resources to enhance their work with older adult couples Initiatives need to be taken by clergy counselors researchers and other professionals to engage older adults in marriage support services in an attempt to create more successful aging In particular Life Innovations Inc needs to create additional resources to help professionals become more effective when working with older adult couples leaf 5

Lifespan Development Michele Hoffnung, Robert J. Hoffnung, Kelvin L. Seifert, Alison Hine, Lynn Ward, Cat Pause, Karen Swabey, Karen Yates, Rosanne Burton Smith, 2015-09-28 Lifespan Development Third Australasian edition explores human physical cognitive and social development within an Australian and New Zealand context Building on the successful first and second editions the resource s comprehensive theory coverage includes the latest local and international research in this ever evolving field and is perfectly complemented by numerous physical and mental health applications within local psychological allied health and educational settings This edition includes enhanced coverage of developmental theories and increased integrated coverage of cross cultural and Indigenous issues unique to the multicultural societies of Australia and New Zealand It is an ideal resource offering for undergraduate students in both countries in order to enhance understanding of human development from conception through to the end of life

The Developing Person Through the Life Span Kathleen Stassen Berger, 2005 The Developing Person Through the Life Span Sixth Edition presents theory research practical examples and policy issues in a way that inspires students to think about human development and about the individual s role in the community and the world Review the new edition and you ll find Berger s signature strengths on display the perceptive analysis of current research the lively and personal writing style and the unmistakable commitment to students You ll also find a wealth of new topics plus a video based Media Tool Kit that takes the teaching and learning of human development to a

new level **Forever and Always** Lord Stephen KNIGHT, Sunday Angel KNIGHT, 2023-12-12 This book an author Lord Stephen Sunday Angel k n i g h t Is Call Forever and Always Cultivating Long term Marriage relationships this book inspires the understanding of marriage cultivation long distance relationship challenges that long term marriages bit of long term marriage a strong foundation Establish effective Communications Nurturing and honesty Developing emotional intimacy Balancing independence and togetherness Long term distance relationship overcoming the distant barrier Communication strategy long term distance couple Maintaining emotional connection in long term distance relationship Second marriage relationship exploring the dynamics of second marriage Families blending families and creating relationship harmony relationship addressing past baggage trust issues Interracial marriage relationships and racing and celebrating cultural difference Overcoming challenges Racial relationship Intel relationship Navigate in difference aspect Chapter 6 military marriage relationship Open with development and separation Supporting each other through the challenges of military life Reconciling and building after deployment Chapter 7 Arrange marriage relationship Understanding the cultural complex marriage Building love and connection in arrange marriage Thriving for mutual understanding and Growth Emptiness marriage relationship rediscovering each other after the kids leave Embracing new rules and hobbies Revitalizing the relationship and intimacy blended family relationships navigating complex and blended families Creating undefiled parenting approach Foster in love and connection between all family members High profile marriage relationship Managing Serenity and pressure Preserving privacy and intimacy in a high profile marriage Building a strong Foundation in the midst of media attention Substaining long term marriages Prioritizing time together and date nights Rekindling passion and romance Seeking professional help when needed Conclusion forever and always cultivating lasting and for feeling marriage relationship Aging and the Family Patricia Neff Claster, Sampson Lee Blair, 2021-02-25 This collection makes a crucial contribution by collating research on aging and the family from an international perspective Providing this wide scope of quality research the volume equips readers to better assess how aging and its related issues are affecting families from multiple backgrounds

Uncover the mysteries within Crafted by is enigmatic creation, Discover the Intrigue in **Long Term Marriage** . This downloadable ebook, shrouded in suspense, is available in a PDF format (Download in PDF: *). Dive into a world of uncertainty and anticipation. Download now to unravel the secrets hidden within the pages.

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