

Psychiatric Nursing Skills

A patient-centred
approach

GRAHAM DEXTER
AND MICHAEL WASH

SECOND EDITION

SPRINGER-SCIENCE+BUSINESS MEDIA, B.V.



Psychiatric Nursing Skills A Patient Centered Approach

Linda Anne Silvestri



Psychiatric Nursing Skills A Patient Centered Approach:

Psychiatric Nursing Skills Graham Dexter, Michael Wash, 2013-12-01 In this book we have attempted to identify skills which are needed by the psychiatric nurse and in doing so to identify a body of knowledge unique to the professional psychiatric nurse. The book has been written to demonstrate the basis of a skills approach for both the experienced and the inexperienced nurse to build upon for we believe that psychiatric nurses due to both their training and their particular mixture of interests are well equipped to be in the forefront of psychiatry as a developing art and science. We hope that this book in some small way helps this development. Some of the more recent advances in psychiatric nursing have been reinforced by the publication of a training syllabus for mental nurses English and Welsh National Boards 1982. This document highlights the need for a change from a medical model to a social model and from a task oriented learning experience to a skills approach. We have attempted to reflect this change in emphasis by including such aspects as personal development and self awareness, human sexuality, the nursing process and counselling skills. Manual of Psychiatric Nursing Skills Sudha Patel, Kim Jakopac, 2011-02-11 Manual of Psychiatric Nursing Skills guides nursing students and practicing nurses towards enhancing fundamental psychiatric nursing skills competency in specific assessment and interventions for the selected psychiatric disorders. A nursing skill book in a manual format, this text is handy at the clinical site and encourages readers to translate their theoretical knowledge and psychiatric nursing skills into clinical practice. Topics include therapeutic communication techniques, assessment and interventions for depression, bipolar disorder, schizophrenia and suicide attempts and crisis management skills for psychiatric emergencies. Included in the appendices are essential insights into ego defense mechanisms, Erickson's Psychosocial Developmental Stages, Freud's Stages of Psychosexual Development and Piaget's Stages of Cognitive Development. **Client-Centered Practice in Occupational Therapy** Thelma Sumsion, 2006-05-10 This title is directed primarily towards health care professionals outside of the United States. For this second edition, all chapters have been updated and new concepts incorporated. It also contains a new chapter on paediatrics. The book continues to be the only one that provides the reader with both the theoretical underpinnings of client centred practice as well as guidance on the practical application of this approach. New chapter on paediatrics providing valuable guidance in how to apply this approach. New authors writing the mental health chapter giving a different focus that will challenge therapists working with this client group. All chapters have been updated to include current literature and current views on the application of a client centred approach. Chapter on paediatric issues. Section on the application of the Canadian Occupational Performance Measure. A History of Mental Health Nursing Peter Nolan, 1998 Peter Nolan presents a history of psychiatric nursing which contrasts the distress of those who have experienced mental illness with the pioneering efforts of psychiatrists and psychiatric nurses. Psychiatric Nursing Mary Ann Boyd, Rebecca Luebbert, 2021-08-27 Psychiatric Nursing Contemporary Practice 7th Edition simplifies your students path to success in psychiatric mental health nursing providing a comprehensive recovery

framework approach that emphasizes interventions and wellness promotion to ensure positive patient outcomes This trusted up to date text makes complex concepts easy to understand and incorporates a wealth of examples case studies clinical vignettes and patient experience videos to help students confidently apply what they ve learned in the clinical setting

Manual of Psychiatric Nursing Care Planning - E-Book Margaret Jordan Halter,2018-02-20 A thoughtful portable clinical companion Varcarolis Manual of Psychiatric Nursing Care Planning An Interprofessional Approach 6th Edition provides you with the latest diagnostic information available including the DSM 5 and patient problems for accurate assessment and diagnosis of patients This clinically based guide offers quick and easy access to the latest psychiatric nursing care planning guidelines for a range of settings including the inpatient unit home care or community mental health setting Designed to accompany Foundations of Psychiatric Mental Health Nursing the refreshed and updated edition is a perfect reference for learning to create psychiatric nursing care plans A thoroughly revised patient centered assessment including the DSM 5 supplies you with the latest diagnostic information available for accurate assessment and diagnosis of patients The latest patient problems assessment and treatment strategies and psychotropic drug information keep you up to date with the most current information Care plans containing patient problems etiology assessment findings diagnostic cues outcome criteria and interventions and rationales provide guidance for supporting patients with a wide range of psychiatric alterations Talk based therapies covered and referred to in a dedicated chapter on psychotherapeutic models Promising brain stimulation therapies are addressed in a separate chapter NEW A separate sleep disorder chapter addresses alterations present in all psychiatric disorders NEW Updated medications equip you with the latest information on medications used with psychiatric patients NEW Updated refreshed and refined Manual improves overall design and reduces extraneous content to focus on essential clinical information

Essentials of Psychiatric Nursing Mary Ann Boyd,Rebecca Luebbert,2019-09-09 Master Need to Know Psychiatric Nursing Information with Ease Gain the basic knowledge and patient interaction skills you need to confidently prepare for psychiatric nursing practice with this concise engaging text Essentials of Psychiatric Nursing is easy to understand and rich with clinical examples and explanations that clarify challenging concepts and help you build the unique therapeutic communication capabilities necessary to excel in the care of patients with common mental health disorders New Unfolding Patient Stories written by the National League for Nursing immerse you in commonly encountered clinical scenarios and equip you for successful patient interactions Concept Mastery Alerts drawn from the Lippincott PrepU adaptive learning system clarify the most challenging mental health nursing concepts NCLEX Notes keep you focused on important application areas for success on the NCLEX Case Studies interwoven in the mental health disorder chapters help you apply theory to nursing care for specific disorders supported by online videos that reveal symptoms and procedures in greater detail Emergency Care Alerts help you recognize situations that may require immediate or specialized care Nursing Management of Selected Disorders sections familiarize you with the most common major psychiatric disorders Research for

Best Practice boxes reinforce the latest evidence and implications from relevant studies to guide and validate interventions
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Drug Profile boxes reinforce your understanding of commonly prescribed medications for patients with mental health problems
Key Diagnostic Characteristics summaries provide fast access to diagnostic criteria target symptoms and associated findings for select disorders as described in the DSM 5 by the American Psychiatric Association Available on the book's companion website
Nursing Care Plans based on case scenarios guide you through the diagnostic stages and plan of care for patients with a particular diagnosis

Person Centered Approach to Recovery in Medicine Luigi

Grassi,Michelle B. Riba,Thomas Wise,2018-12-07 This book offers a resource to aid in implementing psychosocial screening assessment and consequently integrating prevention care and treatment i e pharmacological psychosocial rehabilitation and psychotherapeutic in medicine It is becoming increasingly recognized that one method of combating spiraling health care costs in developed nations is to integrate psychiatric care into medicine including primary care settings This volume reviews the main issues relative to the paradigm of a person centered and recovery oriented approach that should imbue all medical areas and specialties It proposes integration methods in screening and assessment clinimetric approach dignity conserving care cross cultural and ethical aspects treatment and training as a basic and mandatory need of a whole psychosomatic approach bridging the several specialties in medicine As such the book addresses a topic that all physicians including primary care and psychiatric professionals in a wide variety of mental health settings are currently discussing planning and preoccupied with namely the task of integrating mental health into all the medical fields including primary care cardiology psychiatry oncology and so on

Handbook of Person-Centered Mental Health Care Nosheen Akhtar,Cheryl

Forchuk,Katherine McKay,Sandra Fisman,Abraham Rudnick,2020-10-26 Practical tools for putting people at the center of mental health care Person centered mental health care is essential for keeping service users at the center of care This handbook uses practical examples across health care research education and leadership to illustrate how to implement person centered approaches for and with the growing population of service users who have mental health challenges Looking at the different service user encounters enables service providers to envision the effective comprehensive implementation of person centered care Each chapter follows a concrete example exploring different techniques tools and resources that can be used with service users who have mental health challenges An appendix provides the handouts in online printable form Written by experts in person centered care who have diverse experiences with mental health related practices policies research and education this comprehensive handbook is a valuable resource for psychiatrists and other mental health practitioners researchers educators and policy makers who work with people who have mental health challenges as well as

for service users and their families **Varcarolis' Foundations of Psychiatric-Mental Health Nursing - E-Book** Margaret Jordan Halter,2017-07-11 NEW Full page illustrated explanations about the neurobiology of disorders and associated medications NEW DSM 5 guidelines from the American Psychiatric Association s Diagnostic and Statistical Manual of Mental Disorders are fully incorporated in the text and include updated NANDA content NEW Completely revised Evidence Based Practice boxes NEW Revised chapter on Dying Death and Grieving gives you all the vital information you need NEW Ten NCLEX style questions and answers at the end of each chapter **Varcarolis' Manual of Psychiatric Nursing Care - E-Book** Margaret Jordan Halter,Christina A. Fraten,2021-11-13 Selected for Doody s Core Titles 2024 in Psychiatric Get easy to use guidelines to psychiatric nursing care in this quick clinical reference Varcarolis Manual of Psychiatric Nursing Care 7th Edition provides an interprofessional approach to care based on patient problems and the latest DSM 5 criteria It helps you plan evidence based individualized nursing care for a range of settings including the inpatient unit home care or community care Clear concise coverage focuses on the nursing process summarizing topics from disorders and psychiatric crises to psychopharmacology From noted educators Margaret Jordan Halter and Christina A Fraten this manual is a perfect clinical reference companion for creating psychiatric nursing care plans DSM 5 based psychiatric diagnoses criteria and organization help you with accurate assessment and diagnosis of patients Clinical coverage of major psychiatric disorders simplifies often complex material to the essentials Prioritized care plans for psychiatric nursing diagnoses include assessment findings diagnostic cues nursing diagnosis etiology outcome criteria and interventions with rationales Chapters on psychopharmacology provide essential information on drugs such as antipsychotics and antidepressants Coverage of brain stimulation therapies includes electroconvulsive therapy and vagus nerve stimulation Assessment guides include tables charts and questionnaires to help with patient diagnosis and care NEW International Classification for Nursing Practice ICNP nursing diagnoses from the International Council of Nurses include straightforward evidence based terminology that is easily translatable across settings and disciplines NEW Updated guidelines promote evidence based practice for psychiatric nursing care NEW Current FDA approved medications and biological treatments include brain stimulation therapies for psychiatric disorders and conditions NEW Additional information is provided on opioids the opioid overdose crisis and implications for psychiatric nursing care NEW Updated coverage of the role of technology in psychiatric care includes telepsychiatry social media and websites NEW appendix outlines up to date complementary and alternative approaches to patient care **Essentials of Psychiatric Mental Health Nursing - E-Book** Elizabeth M. Varcarolis,Chyllia D Fosbre,2020-07-16 A 2017 AJN Book of the Year Award winner Essentials of Psychiatric Mental Health Nursing A Communication Approach to Evidence Based Care 4th Edition offers the perfect balance of essential nursing interventions and clinical content It incorporates a reader friendly style and an emphasis on therapeutic communication and evidence based practice Perfect for shorter psychiatric nursing courses this streamlined psychiatric text

includes need to know information and key DSM 5 content you need to pass your course and prepare for the NCLEX A neurobiology of the brain teaching tool provides a visual depiction of how the disorder affects brain function and what drugs are used to treat it Additionally this new edition includes Giddens Concept boxes Integrative Care boxes updated clinical disorders chapters and new use of nursing diagnosis language International Classification for Nursing Practice ICNP which smooths your transition into practice as this is a common language shared with many electronic health record documentation systems Neurobiology of the brain feature provides a visual depiction on how the disorder affects brain function and what drugs are used to treat the disorder Applying Evidence Based Practice boxes throughout the clinical chapters pose a question walk you through the process of gathering evidence based data from a variety of sources and present a plan of care based on the evidence Vignettes describing psychiatric patients and their disorders add more practical application to the chapter material DSM 5 diagnostic criteria identify medical diagnostic criteria for most major disorders Applying Critical Judgment introduces clinical situations in psychiatric nursing at the end of all chapters with thought provoking questions that engage critical thinking NEW Integrative Care boxes address alternative therapies to treat psychiatric illnesses NEW Giddens Concept boxes at the beginning of each chapter tie to the topics discussed in that chapter UPDATED Clinical disorders chapters such as Schizophrenia Bipolar Disorders and Somatoform Disorders and many others reflect the latest evidence based research and practice NEW ICNP nursing diagnosis language smooths your transition into practice as this is a common language shared with many electronic health record documentation systems UPDATED Cultural Considerations sections include more updated and relevant material whenever possible in the clinical chapters and address cultural considerations with various patients and appropriate care

Psychiatric Mental Health Nursing Case Studies Alma Aradia Peterson, Transform your psychiatric nursing practice with the most comprehensive collection of real world clinical scenarios designed for both nursing students and practicing professionals This evidence based guide provides 100 detailed case studies spanning every major psychiatric condition and care setting Master Complex Psychiatric Nursing Through Practical Application From acute psychosis in emergency departments to community based recovery programs each scenario mirrors actual clinical situations you ll encounter in practice Every case study includes Complete patient presentations with detailed mental status examinations Step by step assessment protocols using standardized tools PHQ 9 GAD 7 MMSE NANDA I nursing diagnoses with evidence based interventions Medication management with nursing implications and monitoring Cultural competency considerations for diverse populations Legal and ethical decision making frameworks Crisis intervention and de escalation techniques Bridge Theory to Practice with Confidence Perfect for psychiatric nursing rotations NCLEX preparation and continuing education this comprehensive guide covers Inpatient psychiatric units and emergency mental health crises Outpatient and community mental health settings Specialized populations geriatric pediatric forensic Technology enhanced care and telehealth scenarios Quality improvement and evidence based practice implementation Stay Current with DSM 5 TR

Standards All case studies align with the latest diagnostic criteria while incorporating trauma informed care principles and multicultural mental health perspectives Special focus on emerging challenges including climate anxiety social media impacts and post pandemic healthcare worker burnout Features That Set This Guide Apart Progressive complexity approach Start with foundational cases advance to multi system scenarios Interactive workbook elements Self assessment tools documentation templates and reflection prompts Quick reference guides Medication charts crisis algorithms and legal procedures Cultural considerations handbook LGBTQ terminology religious perspectives and language access resources Professional development pathways Career planning and certification preparation guidance Ideal for BSN and ADN nursing students in psychiatric rotations New graduate nurses entering mental health settings Experienced nurses seeking specialty certification Nursing educators developing curriculum Healthcare facilities implementing evidence based protocols Master the art and science of psychiatric nursing through realistic scenarios that prepare you for every challenge you ll face in clinical practice Build confidence develop critical thinking skills and provide compassionate culturally competent care to patients experiencing mental health crises Start your journey to psychiatric nursing excellence today

Psychiatric Mental Health Nursing: An Interpersonal Approach with Navigate Advantage Access Jeffrey Schwab Jones, Dr. Jeffrey S Jones, 2022-02-02 Preceded by *Psychiatric mental health nursing* edited by Jeffrey S Jones Joyce J Fitzpatrick Vickie L Rogers Second edition 2017 *Varcarolis' Foundations of Psychiatric Mental Health Nursing* Margaret Jordan Halter, 2014 Rev ed of *Foundations of psychiatric mental health nursing* edited by Elizabeth M Varcarolis Margaret Jordan Halter 6th ed c2010

Varcarolis Essentials of Psychiatric Mental Health Nursing - E-Book Chyllia D Fosbre, 2022-04-26 Selected for Doody's Core Titles 2024 in Psychiatric Gain the essential knowledge and skills you need to succeed as a psychiatric nurse Varcarolis *Essentials of Psychiatric Mental Health Nursing A Communication Approach to Evidence Based Care* 5th Edition provides a concise easy to understand guide to today's leading psychiatric theories and therapeutic modalities Emphasizing evidence based care the book balances coverage of scientifically based treatment approaches with insights into effective communication skills so you will be prepared to offer the best possible care when you enter practice Written by nursing expert Chyllia D Fosbre this edition adds new Next Generation NCLEX NGN examination style case studies to help you develop critical thinking skills and prepare for the NGN exam Applying Critical Judgment questions introduce clinical situations in psychiatric nursing and encourage critical thinking Neurobiology of the Brain feature includes illustrations depicting how a disorder affects brain function and how drugs help to mitigate the symptoms Applying Evidence Based Practice boxes in the clinical chapters pose a question walk you through the process of gathering evidence based data from a variety of sources and present a plan of care based on the evidence Vignettes describe real world psychiatric patients and their disorders Assessment Guidelines boxes summarize the steps of patient assessment for various disorders Applying the Art boxes offer clinical scenarios demonstrating the interaction between a nurse and a patient the nurse's perception of the

interaction and the mental health nursing concepts in play Potential Nursing Diagnoses tables list possible nursing diagnoses for a particular disorder based on ICNP terminology along with the associated signs and symptoms Nursing Interventions tables list interventions for a given disorder or clinical situation along with rationales for each intervention DSM 5 Criteria boxes identify the diagnostic criteria for most major disorders Integrative Care boxes highlight the different types of therapy may be used to enhance treatment Giddens Concept boxes at the beginning of each chapter tie concepts to the topics to be discussed NEW Next Generation NCLEX NGN examination style case studies are included in the clinical disorders chapters to promote critical thinking and help to prepare you for the NGN exam

Saunders Comprehensive Review for the NCLEX-RN® Examination - E-Book Linda Anne Silvestri, 2013-12-07 Often called the the best NCLEX exam review book ever Saunders Comprehensive Review for the NCLEX RN Examination provides everything you need to prepare for the NCLEX exam complete content review and over 5 100 NCLEX examination style questions in the book and online Don t make the mistake of assuming the quality of the questions is the same in all NCLEX exam review books because only this book includes the kind of questions that consistently test the critical thinking skills necessary to pass today s NCLEX exam Even better all answers include detailed rationales to help you learn from your answer choices as well as test taking strategies with tips on how to best approach each question Written by the most trusted name in NCLEX review Linda Anne Silvestri and updated to reflect the most current NCLEX test plan Comprehensive Review for the NCLEX RN Examination 6th Edition is THE book of choice for NCLEX examination review But don t just take our word for it read any customer review or ask your classmates to see why there s nothing else like it UNIQUE A detailed test taking strategy and rationale is included for each question offering clues for analyzing and uncovering the correct answer option and guiding you to remediation in Saunders Strategies for Test Success Passing Nursing School and the NCLEX Exam and Saunders Comprehensive Review for the NCLEX RN Exam UNIQUE Priority Nursing Action boxes list actions for clinical emergent situations requiring immediate action including a detailed rationale and textbook reference All alternate item format questions are included with multiple response prioritizing fill in the blank figure illustration chart exhibit video and audio questions to provide practice with prioritizing decision making and critical thinking skills UNIQUE Pyramid Alert boxes spotlight important nursing concepts and procedures and include tips and shortcuts for remembering key information Exam preparation chapters include test taking strategies the CAT format transitional issues for the foreign educated nurse and the NCLEX RN exam from a new graduate s perspective A comprehensive exam consists of 85 questions that cover all content areas in the book and mirror the percentages identified in the NCLEX RN examination test plan NEW and UNIQUE A summary of key changes to the 2013 NCLEX RN test plan is included in the front of the book New More practice questions have been added to the book and online bringing the total to 5 172 questions New Tracking of practice results on the Evolve companion website makes it easy to check your progress

Saunders Comprehensive Review for the NCLEX-RN Examination Linda Anne Silvestri, 2011

Accompanying CD ROM includes more than 4500 NCLEX examination style review questions in quiz study or exam mode a diagnostic pre test audio and video questions and audio review summaries

Case Study Approach to Psychotherapy for Advanced Practice Psychiatric Nurses Candice Knight, Kathleen Wheeler, 2020-09-24 A case study companion to the leading textbook on psychotherapy for advanced practice psychiatric nurses Case Study Approach to Psychotherapy for Advanced Practice Psychiatric Nurses is a case study companion to the groundbreaking and award winning textbook Psychotherapy for the Advanced Practice Psychiatric Nurse edited by Kathleen Wheeler Designed for both the novice and experienced advanced practice psychiatric nurse it provides complementary content and activities to help students and professionals master the art and science of conducting psychotherapy The case studies address a wide range of diverse theoretical approaches and varied client problems and psychiatric diagnoses Each chapter follows a consistent format to allow for comparison beginning with the author's personal experience providing the reader with the understanding of how various theoretical orientations were chosen This is followed by background on philosophy and key concepts as well as mental health and psychopathology therapeutic goals assessment perspectives and therapeutic interventions The chapter then presents background on the client and a selection of verbatim transcript segments from the beginning middle and final phase of therapy The therapeutic process is illustrated by client therapist dialogues which are supplemented with process commentaries that explain the rationale for the interventions A final commentary on the case is presented to enhance the reader's clinical reasoning skills

Key Features Augments the groundbreaking Psychotherapy for the Advanced Practice Psychiatric Nurse Features case studies that address a range of theoretical approaches and varied client problems and psychiatric diagnoses Offers comprehensive coverage of the approach psychopathology therapeutic goals assessment perspectives therapeutic interventions and verbatim transcripts from the beginning middle and final phases of therapy Includes reflection questions to help the reader apply the material to their personal lives and offer guidelines for continuing to work with the theoretical orientation

Patient Centered Care in Medical Imaging and Radiotherapy Aarthi Ramlaul, Martin Vosper, 2013-03-26 Health investigation and treatment have moved from a clinician centred approach to a patient centred approach during the past few decades Patients are now rightly regarded as empowered and informed users of health services not passive recipients Motivated by this philosophical shift this new book identifies the key issues underpinning the complete delivery of good patient care and considers their application in the medical radiation sciences Taking a UK European perspective the authors examine how a holistic approach is related to legislation human rights and perceived patient needs Medical imaging and radiotherapy are front line services experienced by vast numbers of patients with acute and chronic medical conditions including trauma and cancer The book includes coverage of behavioural science and health psychology together with practical applications such as safe manual handling infection control and radiation safety This provides the reader with a comprehensive understanding of what contributes to the patient's experience in

diagnostic imaging and radiotherapy It also considers other aspects of the patient experience such as inter professional team working disability communication clinical procedures and practice Identifies the key issues underpinning the complete delivery of good patient care and considers their application in the medical radiation sciences Takes a UK European perspective Covers behavioural science and health psychology together with practical applications such as safe manual handling infection control and radiation safety Considers all aspects of the patient experience including communication clinical procedures and practice

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