

# Health Disparities: African American and Black Community



African American/Black adults are at **higher risk** for physical and mental illness



Heart  
disease



Stroke



Cancer



Asthma



Diabetes



HIV/AIDS

**60%**

more likely to  
be diagnosed with  
diabetes

**2x**

more likely to be  
suffering from  
heart disease



50% more likely to have  
high blood pressure

**2x**

higher mortality  
rate for  
Black infants

**3x**

more likely to die  
of pregnancy-  
related causes

... compared to non-Hispanic whites

# Natural Health For African American

**K Payea**



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