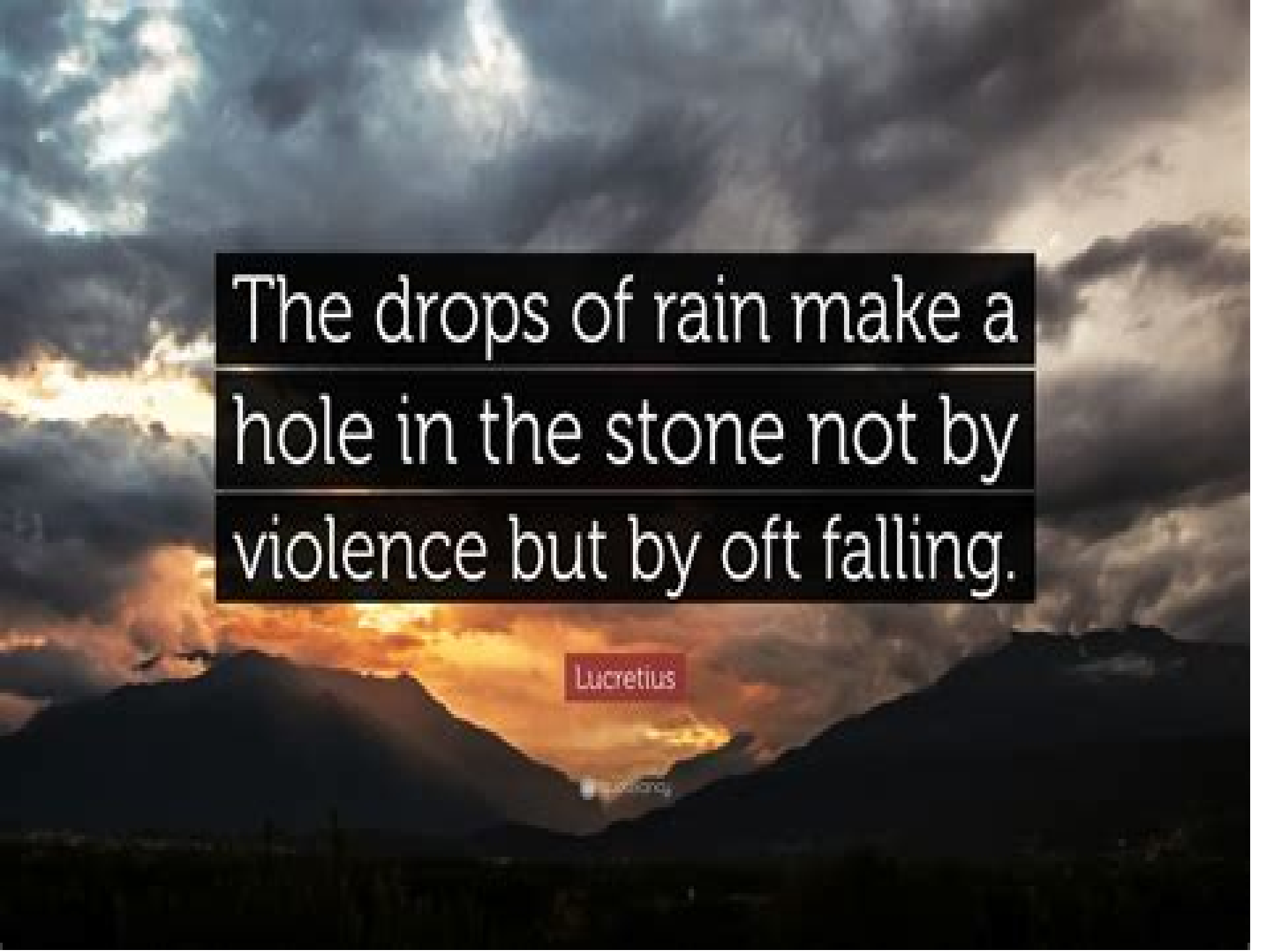




The drops of rain make a
hole in the stone not by
violence but by oft falling.

Lucretius

[@lucretius](#)

Rain With Violence

Meteorological Society (Great Britain)



Rain With Violence:

Sanctity and Self-Inflicted Violence in Chinese Religions, 1500-1700 Jimmy Yu, 2012-04-27 In this illuminating study of a vital but long overlooked aspect of Chinese religious life Jimmy Yu reveals that in the sixteenth and seventeenth centuries self inflicted violence was an essential and sanctioned part of Chinese culture He examines a wide range of practices including blood writing filial body slicing chastity mutilations and suicides ritual exposure and self immolation arguing that each practice was public scripted and a signal of cultural expectations Individuals engaged in acts of self inflicted violence to exercise power and to affect society by articulating moral values reinstituting order forging new social relations and protecting against the threat of moral ambiguity Self inflicted violence was intelligible both to the person doing the act and to those who viewed and interpreted it regardless of the various religions of the period Buddhism Daoism Confucianism and other religions This book is a groundbreaking contribution to scholarship on bodily practices in late imperial China challenging preconceived ideas about analytic categories of religion culture and ritual in the study of Chinese religions

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web jul 30 2018 das moderne wort meditation hat seinen ursprung in der lateinischen wurzel med zu messen zu begrenzen zu betrachten zu raten geeignete maßnahmen zu treffen es bezieht sich weiter auf die worte meditatio oder meditari nachdenken nachsinnen überlegen

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web nov 4 2022 meditation ist eine gedankenübung die dazu dient den geist zu sammeln und zu beruhigen der zustand der tiefen entspannung der dabei eintritt hilft beim stressabbau und einschlafen erfahren sie wie meditieren funktioniert und warum sich das erlernen lohnt

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oder einen zustand entspannter aufmerksamkeit einzunehmen das ziel besteht darin sich von den reizen der außenwelt und dem trubel des alltags in sich selbst zurückzuziehen und anzunehmen was gerade da ist

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web sep 23 2018 bei der meditation übst du dich darin im gegenwärtigen moment zu sein und wahrzunehmen was geschieht das heißt mit liebevoller offenheit alles zu empfangen was da ist was aufkommt und alles sein zu lassen wie es ist du bist der reine beobachter von allem was um dich herum und in dir geschieht