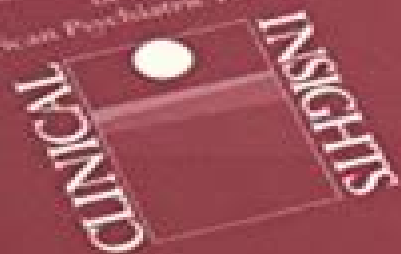


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NEW FINDINGS IN
**Obsessive-Compulsive
Disorder**

Edited by
THOMAS R. INSEL, MD

New Findings In Obsessive Compulsive Disorder Clinical Insights

Speedy Publishing



New Findings In Obsessive Compulsive Disorder Clinical Insights:

Obsessive-Compulsive Disorders: New Insights for the Healthcare Professional: 2012 Edition ,2012-12-10

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Obsessive Compulsive Disorder Research B. E. Ling,2005 People with Obsessive Compulsive Disorder OCD an anxiety disorder suffer intensely from recurrent unwanted thoughts obsessions and or repetitive behaviours compulsions that they feel they cannot control Repetitive behaviours such as hand washing counting checking or cleaning are often performed with the hope of preventing obsessive thoughts or making them go away Performing these so called rituals however provides only temporary relief and not performing them markedly increases anxiety Left untreated obsessions and the need to carry out rituals can take over a person s life OCD is often a chronic relapsing illness The first symptoms of OCD often begin during childhood or adolescence OCD is equally common in males and females OCD is sometimes accompanied by depression eating disorders substance abuse or other anxiety disorders Symptoms of OCD can also coexist and may even be part of a spectrum of other brain disorders such as Tourette s syndrome Appropriate diagnosis and treatment of other co occurring disorders are important to successful treatment of OCD This new volume offers new research from around the world

National Library of Medicine Current Catalog National Library of Medicine (U.S.), *Obsessive-compulsive Disorder* Christopher Pittenger,2017 Obsessive compulsive disorder OCD affects one person in 40 and can cause great suffering This volume provides the first comprehensive summary of our understanding of this enigmatic condition summarizing current work ranging from genetics and neurobiology through cognitive psychology treatment personal experiences and societal implications

Optimizing Evidence-Based Treatment for Body Dysmorphic Disorder Jennifer L. Greenberg,Hilary Weingarden,2024-12-01 This book provides an understanding of body dysmorphic disorder BDD a psychiatric classification that is characterized by a preoccupation with a perceived or slight imperfection in physical appearance This disorder lowers quality of life due to time consuming compulsions intended to hide fix or check appearance

concerns Although relatively common BDD is often not treated appropriately When untreated BDD is chronic severe and associated with substantial psychosocial impairment and morbidity including unemployment rates of roughly 40 50% suicide attempts in 22 28% and lifetime housebound rates of roughly 30% This book provides an overview of body dysmorphic disorder BDD a psychiatric classification that is characterized by excessively impaired perception of physical attributes that can lead to acute disruption of life activities BDD is a common disorder but few clinicians are trained in its assessment and treatment This volume provides an evidence based review of the literature for a greater understanding of the nature of the disorder Most important it demonstrates how to effectively assess and treat BDD Evidence based psychological and pharmacological treatments are presented and importantly ineffective treatments are also reviewed To optimize CBT for BDD guidelines are provided to address the most common challenges in diagnosis and treatment including common comorbidities differential diagnoses with similar disorders safety management addressing low insight or motivation and modifying treatment for special populations including youth patients from under represented backgrounds and BDD variants Case examples throughout illuminate for practitioners the theoretical and clinical aspects of this complex problem This an essential volume for practitioners and clinicians in training for gaining perspective on the disorder and its efficacious treatment Integrating research and clinical wisdom of some of the world s leading BDD experts this book comprehensively covers the foundational as well as more nuanced approaches to treatment Clinicians from all experience and skill levels who treat BDD will find this book to be a go to guide to delivering high quality evidence based and individually tailored care Jamie Feusner MD Professor of Psychiatry University of Toronto

The Oxford Handbook of Hoarding and Acquiring Randy O. Frost, Gail Steketee, 2014 Hoarding involves the acquisition of and inability to discard large numbers of possessions that clutter the living area of the person collecting them It becomes a disorder when the behavior causes significant distress or interferes with functioning Hoarding can interfere with activities of daily living such as being able to sit in chairs or sleep in a bed work efficiency family relationships as well as health and safety Hoarding behavior can range from mild to life threatening Epidemiological findings suggest that hoarding occurs in 2 6% of the adult population making it two to three times more common than obsessive compulsive disorder The fifth edition of the Diagnostic and Statistical Manual of Mental Disorders DSM 5 now includes Hoarding Disorder as a distinct disorder within the OCD and Related Anxiety Disorders section creating a demand for information about it The Oxford Handbook of Hoarding and Acquiring is the first volume to detail the empirical research on hoarding Including contributions from all of the leading researchers in the field this comprehensive volume is divided into four sections in addition to introductory and concluding chapters by the editors Phenomenology Epidemiology and Diagnosis Etiology Assessment and Intervention and Hoarding in Special Populations The summaries of research and clinical interventions contained here clarify the emotional and behavioral features diagnostic challenges and nature of the treatment interventions for this new disorder This handbook will be a critical resource for both

practitioners and researchers including psychiatrists psychologists neurologists epidemiologists social workers occupational therapists and other health and mental health professionals who encounter clients with hoarding problems in their practice and research

CBT Fundamentals: Theory and Cases Vanessa Skinner, Nick Wrycraft, 2014-10-16 CBT Fundamentals Theory and Cases is an indispensable introductory guide for all mental health practitioners embarking on CBT training Designed to be read with no prior knowledge of CBT the book takes the reader through the essential principles and theory of contemporary CBT in a readable and accessible manner It then outlines the most commonly used models and applies them to a range of mental health problems a novice CBT practitioner will encounter from depression to anxiety disorders and PTSD Wrycraft and Skinner make an excellent use of the case study format and link theory and practice in an instructive and engaging way promoting your learning The cases convey a realistic sense of using CBT and working to both engage and promote therapeutic progress in peoples lives While placing an emphasis upon promoting engagement and implementing therapeutic interventions with clients and patients CBT Fundamentals also addresses the difficulties limitations and dilemmas encountered in practice in a pragmatic and constructive manner This is a useful addition to any CBT reading list A range of reflective components together with exercises and a range of case studies encourages the reader to contribute to their learning experience in a participatory way It will make a welcome addition to students wanting to explore the area of psychosocial interventions Bruce Wallace Visiting Lecturer in Mental Health at University of Bedfordshire UK This new book provides a good authoritative introduction to CBT and how it might be applied to a range of different settings The case study format and style make it easy to read and follow whilst keeping the content fresh I will be encouraging my students to make use of the book as part of their studies in mental health nursing Paul Linsley Principle Lecturer in Health and Social Science at Lincoln University UK

DSM-5 Review of DSM-4 Changes Part II (Speedy Study Guides) Speedy Publishing, 2015-04-29 More of the changes you should need to take notice as DSM shifted from 4 to 5 are outlined in this quick study guide This guide brings straightforward information with the understanding of your probably hectic schedule and limited reading time Perfect for busy professionals and students this will surely keep you updated of the most important changes in your chosen field

The Wiley Handbook of Obsessive Compulsive Disorders Jonathan S. Abramowitz, Dean McKay, Eric A. Storch, 2017-06-13 The Wiley Handbook of Obsessive Compulsive Disorders 2 volume set provides a comprehensive reference on the phenomenology epidemiology assessment and treatment of OCD and OCD related conditions throughout the lifespan and across cultures Provides the most complete and up to date information on the highly diverse spectrum of OCD related issues experienced by individuals through the lifespan and cross culturally Covers OCD related conditions including Tourette s syndrome excoriation disorder trichotillomania hoarding disorder body dysmorphic disorder and many others OCD and related conditions present formidable challenges for both research and practice with few studies having moved beyond the most typical contexts and presentations Includes important material on OCD and related conditions in young people and

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