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The Issue is: Human Occupation for Public Health Promotion: New Directions for Occupational Therapy Practice With Persons With Arthritis

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Keywords

health promotion; occupational therapy; public health-

Health promotion has been described as "the process of enabling people to increase control over, and to improve, their health" ([WIBO], 1986). It is one of the five intervention approaches of the Occupational Therapy Practice Framework (American Occupational Therapy Association [AOTA], 2002, 2008). As early as the 1970s, there were calls for occupational therapy to become active in health promotion (Branyare Weimer, 1972). More recently, the American Occupational Therapy Association (AOTA) articulated a role for occupational therapists in health promotion (AOTA Commission on Practice, 2001), charging practitioners to promote bealth and wellness in both individuals and communities through engagement in human occupation to promote healthy lifestyles. Although occupational therapy practice traditionally focuses on individuals, to evaluate the impact of occupational therapy health promotion programs, the profession will need to assume a greater public health focus.

This article presents the thesis that a public health focus is needed to facilitate wider adoption of health promotion practices in the profession. Occupational therapy for people with arthritis is used to illustrate health promotion, using a public health focus. This population was selected because arthritis is a leading cause of disability in U.S. adults (McNeil & Binette, 2001) and dramatic advances in the unantologic care over the past docade are fundamentally changing the clinical course of arthritis. Today, people with arthritis are diagnosed early and treated

New Directions In Arthritis Therapy

Vibeke Strand, David L. Scot, Lee S. Simon

New Directions In Arthritis Therapy:

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