

THE LIFE EXPECTANCY OF ELITE ATHLETES IN SPORT

	Sport	Life expectancy	Vs. world population life expectancy (72.6 years)*
	Boxing	67.7 	-4.9 years 
	Football (soccer)	74.6 	+2.0 
	Cricket	76.7 	+4.1 
	Basketball	77.3 	+4.7 
	Baseball	77.6 	+5.0 
	Golf	77.8 	+5.2 
	American Football (NFL)	78.6 	+6.0 
	NHL Hockey	78.9 	+6.3 
	Rugby union	79.1 	+6.5 
	Tennis	80.4 	+7.8 



*Our world in data. Life expectancy. Twice as long – life expectancy around the world. 2019. Accessed August 2021

Longevity Of Athletes

J Spring



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