

IV Push Patient Teaching Guide

Preparation

1. Inspect your medication prior to using. If you notice any leaking, cracks, discoloration, or particles in the solution, do not use. Call your pharmacy for instructions.
2. Review your name, medication name, and medication dose, are correct and expiration date or use by date have not passed.

Administering your Medication

1. Scrub the needle-free connector using an alcohol pad for at least 15 seconds and allow it to air dry.
2. Unclamp your catheter (if clamp present).
3. Flush your needle-free connector using a saline flush in the amount ordered.
NOTE: If you have any trouble flushing your line or if you experience pain, STOP, do not continue. Call your nurse or pharmacy for instructions.
4. Remove the protective cap from the end of the medication syringe. Do not touch the tip of the uncapped syringe with your fingers or let it touch any surfaces.
5. Gently tap the syringe to move any air bubbles to the tip.
6. Pull back on the plunger slightly to loosen any air seal.
7. Push down on the plunger to expel any air.
8. Attach to the needle-free connector using a twisting and pushing motion in a clockwise direction until secure.
9. Administer your medication by pushing down on the plunger over the number of minutes instructed on the label.



Completing your Infusion

1. Disconnect the empty syringe from your needle-free connector.
2. Scrub the needle-free connector using an alcohol pad for at least 15 seconds and allow it to air dry.
3. Flush your catheter using a saline flush in the amount ordered.
4. Again, scrub the needle-free connector using an alcohol pad for at least 15 seconds and allow it to air dry.
5. Flush catheter using a heparin flush (if ordered) in the amount ordered.
6. Clamp your catheter (if clamp present) after flushes are complete.
7. Throw away the syringe into the trash unless otherwise instructed.



Patient Teaching Guides

Mosby, Mosby Staff



Patient Teaching Guides:

Patient Teaching Guides Mosby, Incorporated, Mosby-Year Book, 1995-10-01 *Client Teaching Guides for Home Health Care* Donna Meyers, 2005-09 This edition features 66 new teaching guides for a total of 193 all updated references and source material expanded treatment of the integumentary musculoskeletal neurological and respiratory systems all new guides on substance abuse sensory disorders and pediatric disorders expanded coverage of psychiatric disorders six new nursing diagnoses and many new guides for high tech home care procedures such as IV therapy the use of inhalers mini nebulizers and ventilators Client Teaching Guides for Home Health Care Linda Gorman, 2007-12-06 **Effective**

Patient Education Donna Falvo, 2011 Written by a nursing expert and former Chair of patient education for the Society of Teachers of Family Medicine *Effective Patient Education A Guide to Increased Adherence Fourth Edition* gives clinicians the tools they need to become effective patient educators Using a patient centered approach this essential text provides specific strategies for communicating in a way that motivates patients to take action Crucial to this approach is an understanding of the patient as a partner in the patient education process The text uncovers patient concerns and challenges that may interfere with patient adherence to recommendations enabling clinicians to gain insight into their patients and devise communication strategies that can empower patients to overcome obstacles In addition this completely revised and updated edition explores the challenges that clinicians may face in conducting patient education Using case examples to illustrate key points this text moves beyond theory to offer practical application principles for the real world Featuring a clinical approach in examining established patient education theories *Effective Patient Education A Guide to Increased Adherence Fourth Edition* is an invaluable guide for nursing students and professionals **Patient Teaching Guides** Mosby, Mosby

Staff, 1996-11 This supplement provides 20 additional patient teaching guides The supplement is now included in Mosby's *Patient Teaching Guides* or available separately **Effective Patient Education** Donna R. Falvo, 2004 *Effective Patient Education* helps health professionals and students develop the skills and knowledge to conduct effective patient education in a highly efficient way It emphasizes a team approach to patient education recognizing that because of the complexity of health care many health professionals are involved in patient care This book is therefore written for nurses physicians physical therapists dietitians pharmacists and other health care professionals who share responsibility to guide their patients in enhancing and maintaining health and well being *Effective patient education* is a way of communicating that fosters a partnership between the patient and health professional It involves more than giving information and instruction In order to conduct effective patient education health professionals must recognize that individual patient variables influence the degree to which a patient will follow health advice The health professional can assess the patient's preexisting beliefs and attitudes fears and anxieties and individual life and family circumstances in order to communicate health recommendations in accordance with individual patient needs **Effective Patient Education** Donna R. Falvo, 2011 *Effective Patient Education*

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Patient Education in Health and Illness Sally H. Rankin, Karen Duffy Stallings, Fran London, 2005 This practical text reference provides theory based approaches to teaching patients of all ages and their families in a variety of healthcare settings Thorough revision includes a stronger clinical application focus and strong practice examples The text highlights the patient education process and stresses collaboration among health care team members This edition s Strategies for Critical Analysis and Application boxes provide student activities for increased interaction Research boxes throughout enhance the evidence based practice connection Each chapter includes updated URLs and key words to use in search engines

Mosby's Patient Teaching Guides ,1995 The Practice of Patient Education Barbara Klug Redman, 2006-06-30 This is a Pageburst digital textbook the product description may vary from the print textbook With patients leaving the hospital sicker and more care being done in outpatient settings or at home patients need to become active informed participants on their health care team This one of a kind text provides unique advice to help nurses apply their knowledge and skills to teaching patients in the clinical setting with specific diseases including special populations The book is organized into two basic sections the first describes the theories and process of learning and teaching and the second focuses on the major fields of patient education practice in place today The new case study approach also makes it easy for students to understand how to apply teaching strategies to specific patient types resulting in better informed patients and a more positive teaching learning experience Covers a variety of learning theories and concepts as well as strategies for applying them in patient teaching Uses evidence based patient education practice with extensive citations to the research base Presents key issues in patient education such as literacy use of patient decision aids and multiple patient conditions for which organized patient education should be developed Includes study questions with suggested answers Teaching basics streamlined for use as the main text for a course or as a supplement to any clinically oriented course Includes multiple case examples at every stage of the teaching process which students can use as models to guide their own practice New case study approach provides multiple case examples enabling readers to understand how to apply teaching strategies to specific

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