

Report of the Scientific Committee of the Spanish Agency for Food Safety and Nutrition on a request for initial assessment for marketing of the marine microalgae *Tetraselmis chuii* under Regulation (EC) No 258/97 on novel foods and novel food ingredients

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Reference number: AESAN-2013-001

Report approved by the Scientific Committee on plenary session September 24th, 2013

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Revista del Comité Científico de la AESAN

Abstract

The company Fitoplancton Marino S.L. requested authorization to market the microalgae *Tetraselmis chuii* in the European Union as a seafood flavouring agent. This foodstuff has no history of use in any significant quantities in the European Union prior to 1997 and therefore comes within the scope of Regulation (EC) No 258/1997 on novel foods and novel food ingredients.

The Scientific Committee of the Spanish Agency for Food safety and Nutrition (AESAN) takes the view that, according to the information provided, there is no indication that consumption of the species of marine microalgae *Tetraselmis chuii* as a condiment, under the conditions proposed by the applicant, can produce adverse effects on health. The Committee concludes that the novel foodstuff presented for assessment meets the criteria for acceptance laid down by Regulation (EC) No 258/1997 on novel foods and novel food ingredients.

Key words

Microalgae, novel foods, *Tetraselmis chuii*.

Nutrition Recommendations The Report Of The Scientific Review Committee

Joseph J. Gallo, William Reichel



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have been significant advances in the understanding of the relationship between diet and health. In particular, we now have an appreciation of the role of nutrition in the development of cardiovascular diseases.

Dietary Reference Intakes Institute of Medicine, 2006-09-29 Widely regarded as the classic reference work for the nutrition, dietetic, and allied health professions since its introduction in 1943, Recommended Dietary Allowances has been the accepted source in nutrient allowances for healthy people. Responding to the expansion of scientific knowledge about the roles of nutrients in human health, the Food and Nutrition Board of the Institute of Medicine, in partnership with Health Canada, has updated what used to be known as Recommended Dietary Allowances (RDAs) and renamed their new approach to these guidelines Dietary Reference Intakes (DRIs). Since 1998, the Institute of Medicine has issued eight exhaustive volumes of DRIs that offer quantitative estimates of nutrient intakes to be used for planning and assessing diets applicable to healthy individuals in the United States and Canada. Now, for the first time, all eight volumes are summarized in one easy-to-use reference volume, Dietary Reference Intakes: The Essential Reference for Dietary Planning and Assessment. Organized by nutrient for ready use, this popular reference volume reviews the function of each nutrient in the human body, food sources, usual dietary intakes, and effects of deficiencies and excessive intakes. For each nutrient, food component information includes estimated average requirement and its standard deviation by age and gender, recommended dietary allowance based on the estimated average requirement and deviation, adequate intake level where a recommended dietary allowance cannot be based on an estimated average requirement, tolerable upper intake levels above which risk of toxicity would increase. Along with dietary reference values for the intakes of nutrients by Americans and Canadians, this book presents recommendations for health maintenance and the reduction of chronic disease risk. Also included is a Summary Table of Dietary Reference Intakes, an updated practical summary of the recommendations. In addition, Dietary Reference Intakes: The Essential Reference for Dietary Planning and Assessment provides information about guiding principles for nutrition labeling and fortification, applications in dietary planning, proposed definition of dietary fiber, a risk assessment model for establishing upper intake levels for nutrients, proposed definition and plan for review of dietary antioxidants and related compounds. Dietitians, community nutritionists, nutrition educators, nutritionists working in government agencies, and nutrition students at the postsecondary level, as well as other health professionals, will find Dietary Reference Intakes: The Essential Reference for Dietary Planning and Assessment an invaluable resource.

Folate in Health and Disease Lynn B. Bailey, 1994-12-01 *Principles of Nutritional Assessment* Rosalind S. Gibson, 2005 With over 200 newly drafted figures, many new tables drawn from the wealth of data published over the last 15 years, this new edition has been thoroughly revised.

Nutrition and Diet Therapy Reference Dictionary Rosalinda T. Laguna, Virginia S. Claudio, 2012-12-06 This new fourth edition of the Nutrition and Diet Therapy Reference Dictionary covers all aspects of nutrition, including assessment of drug-nutrient interactions, laboratory interpretations, enteral and parenteral nutrition support, community and public health nutrition programs, nutrition

throughout the life cycle and such topics as nutrition and the immune system nutrition labeling chemical dependency AIDS and organ transplantation Special features of the Dictionary are entries on 130 different diets listed under D nutrition therapy for more than 350 disorders including inborn errors of metabolism 145 drugs and their effects on nutrition and more than 150 nutritional products with their main uses and composition Of particular importance are topics of public health concerns for the 1990s and the year 2000 and dietary recommendations for prevention of major degenerative diseases such as obesity coronary heart disease hypertension diabetes mellitus and cancer With more than 3000 carefully selected entries the new Fourth Edition includes 380 new terms and more than 600 revised and expanded definitions In choosing the words to be entered and defined the authors used as their criterion the frequency of use or importance of a term in relation to nutrition Definitions are cross referenced to other word entries and the materials found in the Appendix to provide further details and information All practitioners in the fields of nutrition and dietetics as well as educators students and others interested in nutrition will find this handy desk reference particularly useful It is easy to use and provides instant access to nutrition information

Discovering Nutrition , Sustainable Agriculture Reviews 52 Eric Lichtfouse,2021-08-02 This book presents advanced knowledge and techniques to improve food quality such as organic farming fertilization using waste reducing arsenic in food soil restoration forage production in arid regions and weed control Agriculture is actually facing two major challenges feeding an ever growing population and providing safe food in the context of pollution climate change and the future circular economy

Sports Nutrition Judy A. Driskell,Ira Wolinsky,2007-09-14 Exercise by itself tears down the body To rebuild that body so that it expresses greater strength endurance and speed requires sound nutritional practices based on fact rather than fad Those practices must also recognize that specific needs vary greatly according to age gender and intensity of exercise Sports Nutrition Energy Metabo

Diet Management Guide Rajiv Sharma,2005 Handbook of Nutrition and Food Carolyn D. Berdanier,2001-10-30 With a clear and concise format Handbook of Nutrition and Food presents the quantitative and qualitative data and information needed by nutritionists dieticians and health care professionals It proceeds from human development to body systems and disease to micro macro nutrients and concludes with nutrition counseling and community nutrition See

Reichel's Care of the Elderly Joseph J. Gallo,William Reichel,1999 Geared specifically for the family practitioner this text provides clinical approaches to the whole geriatric patient Topics covered in this fifth edition include behavioural disturbances in dementia driving and the older adult and clinical practice guidelines in the elderly

Gender Differences in Metabolism Mark Tarnopolsky,1998-11-23 Gender Differences in Metabolism Practical and Nutritional Implications is the first book to successfully integrate nutritional science exercise physiology medicine and metabolism This volume explores recent scientific evidence that male and female athletes exhibit different metabolic responses and therefore differ in their nutritional needs and advice Anyone interested in good health exercise and nutrition will find this book a valuable resource

Nutrient Regulation during Pregnancy, Lactation, and Infant

Growth Lindsay Allen, Janet King, Bo Lönnerdal, 2013-11-22 Almost every aspect of energy and nutrient metabolism is altered by hormonal and other physiological changes during pregnancy and lactation. While it is evident that hormonal adjustments affect nutrient requirements, these are rarely considered when nutrient recommendations are made for pregnant or lactating women and often neglected during evaluation of nutritional status. In addition, changes in nutrient metabolism during the stages of pregnancy and lactation are usually considered separately, while in reality events during pregnancy can have a major influence on nutritional status and nutrient requirements during lactation. The purpose of this volume is to describe changes in the metabolism of important nutrients during pregnancy and lactation, including the physiological basis for these changes and their implications for nutrient requirements and assessment. Authors have considered such issues as interrelationships between endocrine changes and nutrient metabolism at the tissue, cellular, and molecular level; alterations in nutrient-binding proteins; the efficiency of nutrient absorption and retention; and the impact on maternal as well as fetal nutritional status. Another unique aspect of this book is the focus on pregnancy and lactation as a continuum.

Nutrition Recommendations The Report Of The Scientific Review Committee Book Review: Unveiling the Magic of Language

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