

NURSING CASE STUDY EXAMPLE

Case Study: Daniel's Asthma

Daniel is a 10-year-old boy who was diagnosed with asthma when he was 5 years old. He presents to the pediatric clinic with his mother, who reports that Daniel has been experiencing increased wheezing and coughing over the past few weeks. She also says he has been waking up at night due to difficulty breathing.

Assessment:

Upon assessment, Daniel's respiratory rate is 20 breaths per minute, and he uses accessory muscles to breathe. His oxygen saturation is 92% on room air. Auscultation reveals bilateral wheezing and diminished breath sounds. Daniel's medical history is significant for asthma, for which he uses a short-acting bronchodilator and an inhaled corticosteroid. He also has a history of seasonal allergies.

Interventions:

The healthcare provider administers an albuterol nebulizer treatment to open Daniel's airways and improve his breathing. Daniel has also started a course of oral corticosteroids to reduce inflammation in his airways. His mother is educated on the importance of monitoring Daniel's symptoms, keeping a rescue inhaler on hand, and seeking medical attention if his symptoms worsen.

Follow-up:

Daniel returns to the clinic for a follow-up visit a week later. He reports that his symptoms have improved, and he has not needed to use his rescue inhaler as frequently. His oxygen saturation is 96% on room air, and auscultation reveals improved breath sounds with minimal wheezing. Daniel's medications are adjusted based on his improved symptoms, and his mother is encouraged to continue monitoring his symptoms and seeking medical attention if needed.

Conclusion:

Asthma is a common respiratory condition in children that requires ongoing management to prevent exacerbations and improve quality of life. Early identification of symptoms and prompt treatment with bronchodilators and corticosteroids can help reduce inflammation in the airways and improve breathing. Education and ongoing follow-up are important in managing asthma in children.

Nursing Diagnosis A Case Study Approach

Padhraic Smyth



Nursing Diagnosis A Case Study Approach:

Nursing Diagnosis Judith H. Carlson, Carol A. Craft, Anne D. McGuire, 1982 *Nursing Diagnosis* Judith H.

Carlson, 1991 This text presents detailed case applications of nursing diagnosis to a variety of specific clinical situations. It explains the thinking processes necessary to arrive at a nursing diagnosis and provides guidelines for formulating a diagnosis.

Application Of Nursing Process and Nursing Diagnosis Marilyn E. Doenges, Mary Frances Moorhouse, 2012-12-07

When you understand the whys of each step the nursing process it's easier to understand how to apply them in the real world in which you will practice. Take an interactive step by step approach to developing the diagnostic reasoning and problem solving skills you need to think like a nurse with the resources you'll find in this unique workbook style text.

Nursing Diagnosis Handbook - E-Book Betty J. Ackley, Gail B. Ladwig, 2013-01-20 The 10th edition of the Nursing Diagnosis Handbook makes formulating nursing diagnoses and creating individualized care plans a breeze. Updated with the most recent NANDA-I approved nursing diagnoses, this convenient reference shows you how to build customized care plans in three easy steps: assess, diagnose, plan. Authors Elizabeth Ackley and Gail Ladwig use Nursing Outcomes Classification (NOC) and Nursing Interventions Classification (NIC) to guide you in creating care plans that include desired outcomes, interventions, patient teaching, and evidence-based rationales. Unique Care Plan Constructor on the companion Evolve website offers hands-on practice creating customized plans of care. Alphabetical thumb tabs allow quick access to specific symptoms and nursing diagnoses. Suggested NIC interventions and NOC outcomes in each care plan. Recent and classic research examples promote evidence-based interventions and rationales. NEW 4 Color text. NEW Includes updated 2012-2014 NANDA-I approved nursing diagnoses. NEW Provides the latest NIC/NOC interventions and rationales for every care plan. NEW QSEN Safety interventions and rationales. NEW 100 NCLEX exam style review questions are available on the companion Evolve website. NEW Root Cause Thinking and Motivational Interviewing appendixes on the companion Evolve website. *Nursing Diagnosis Handbook* Betty J. Ackley, MSN, EdS, RN, Gail B. Ladwig, MSN, RN, 2013-02-13 The 10th edition of the Nursing Diagnosis Handbook makes formulating nursing diagnoses and creating individualized care plans a breeze. Updated with the most recent NANDA-I approved nursing diagnoses, this convenient reference shows you how to build customized care plans in three easy steps: assess, diagnose, plan. Authors Elizabeth Ackley and Gail Ladwig use Nursing Outcomes Classification (NOC) and Nursing Interventions Classification (NIC) to guide you in creating care plans that include desired outcomes, interventions, patient teaching, and evidence-based rationales. Unique Care Plan Constructor on the companion Evolve website offers hands-on practice creating customized plans of care. Alphabetical thumb tabs allow quick access to specific symptoms and nursing diagnoses. Suggested NIC interventions and NOC outcomes in each care plan. Recent and classic research examples promote evidence-based interventions and rationales. NEW 4 Color text. NEW Includes updated 2012-2014 NANDA-I approved nursing diagnoses. NEW Provides the latest NIC/NOC interventions and rationales for every care plan. NEW QSEN Safety

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Potter and Perry's Canadian Fundamentals of Nursing - E-Book Barbara J. Astle, Wendy Duggleby, Patricia A. Potter, Anne G. Perry, Patricia A. Stockert, Amy Hall, 2023-02-15 Get the solid foundation you need to practise nursing in Canada Potter Perry's Canadian Fundamentals of Nursing 7th Edition covers the nursing concepts knowledge research and skills that are essential to professional nursing practice in Canada The text's full colour easy to use approach addresses the entire scope of nursing care reflecting Canadian standards culture and the latest in evidence informed care New to this edition are real life case studies and a new chapter on practical nursing in Canada Based on Potter Perry's respected Fundamentals text and adapted and edited by a team of Canadian nursing experts led by Barbara J Astle and Wendy Duggleby this book ensures that you understand Canada's health care system and health care issues as well as national nursing practice guidelines More than 50 nursing skills are presented in a clear two column format that includes steps and rationales to help you learn how and why each skill is performed The five step nursing process provides a consistent framework for care and is demonstrated in more than 20 care plans Nursing care plans help you understand the relationship between assessment findings and nursing diagnoses the identification of goals and outcomes the selection of interventions and the process for evaluating care Planning sections help nurses plan and prioritize care by emphasizing Goals and Outcomes Setting Priorities and Teamwork and Collaboration More than 20 concept maps show care planning for clients with multiple nursing diagnoses UNIQUE Critical Thinking Model in each clinical chapter shows you how to apply the nursing process and critical thinking to provide the best

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Essentials Of Internet Use In Nursing Joyce J. Fitzpatrick, PhD, MBA, RN, FAAN, Kristen S. Montgomery, PhD, RN, IBCLC, 2002-08-14 How can nurses make best use of the Internet This book assembles over 20 nurse experts to describe how the Internet can be integrated into clinical practice staff development nursing management continuing and academic education research and more An abundance of practical tips and strategies are provided from the basics of getting started to the more complex problem of ensuring patient and employee confidentiality Students clinicians educators and nurses of every specialty will find this a crucial resource for making the most of the Internet

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Connecting Health and Humans Kaija Saranto, 2009 The proceedings of the 10th International Nursing Informatics Congress NI2009 offers a wide range of scientific knowledge to be disseminated among nurses administrators physicians or informaticians irrespective of whether they are clinicians teachers researchers or students The variation of papers follow the advances in health information technology although certain important topics such as ethics education management and clinical practice applications remain The proceedings follows the ten themes of the conference programme clinical workflow and human interface consumer health informatics and personal health records health information technology terminology standards and NMDS s patient preferences and quality of care patient safety evidence based practice and decision support consumer and professional education strategies and methods for HIT training and national eHealth initiatives across the globe

Professional Nursing Beth Perry Black, 2013-01-24 Rev ed of Professional nursing Kay Kittrell Chitty Beth Perry Black 6th ed c2011

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Table of Contents Nursing Diagnosis A Case Study Approach

1. Understanding the eBook Nursing Diagnosis A Case Study Approach
 - The Rise of Digital Reading Nursing Diagnosis A Case Study Approach
 - Advantages of eBooks Over Traditional Books
2. Identifying Nursing Diagnosis A Case Study Approach
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Nursing Diagnosis A Case Study Approach
 - User-Friendly Interface
4. Exploring eBook Recommendations from Nursing Diagnosis A Case Study Approach
 - Personalized Recommendations
 - Nursing Diagnosis A Case Study Approach User Reviews and Ratings
 - Nursing Diagnosis A Case Study Approach and Bestseller Lists
5. Accessing Nursing Diagnosis A Case Study Approach Free and Paid eBooks
 - Nursing Diagnosis A Case Study Approach Public Domain eBooks

- Nursing Diagnosis A Case Study Approach eBook Subscription Services
- Nursing Diagnosis A Case Study Approach Budget-Friendly Options
- 6. Navigating Nursing Diagnosis A Case Study Approach eBook Formats
 - ePub, PDF, MOBI, and More
 - Nursing Diagnosis A Case Study Approach Compatibility with Devices
 - Nursing Diagnosis A Case Study Approach Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Nursing Diagnosis A Case Study Approach
 - Highlighting and Note-Taking Nursing Diagnosis A Case Study Approach
 - Interactive Elements Nursing Diagnosis A Case Study Approach
- 8. Staying Engaged with Nursing Diagnosis A Case Study Approach
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Nursing Diagnosis A Case Study Approach
- 9. Balancing eBooks and Physical Books Nursing Diagnosis A Case Study Approach
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Nursing Diagnosis A Case Study Approach
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Nursing Diagnosis A Case Study Approach
 - Setting Reading Goals Nursing Diagnosis A Case Study Approach
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Nursing Diagnosis A Case Study Approach
 - Fact-Checking eBook Content of Nursing Diagnosis A Case Study Approach
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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