

Sample Weekly Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Meal	Chicken Breast in Tomato and Basil Sauce (GF/DF) or Cauliflower, Spinach & Lentil Curry (V/V/GF)	Fish Pie (GF) or Cheese & Onion Quiche (V)	Cottage Pie (GF) or Vegetable Lasagne (V)	BBQ Pulled Pork with Peppers (GF/DF) or Cheese & Onion Pie (V)	Buttered Muddock (DF) or Macaroni Cheese (V)	Pork Meatballs in Tomato & Herb Sauce or Vegetarian Tikka Masala (V/GF)	Premium Roast Beef in Gravy (GF/DF) or Tomato, Lentil & Sweet Potato Crumble (V/V)
Served with	West Country Cheddar Mash or Vegetable Rice (V/V/GF)	Baby Potatoes (V/V/GF) or Oven Chips (V/V/GF)	Sauté Potatoes (V/V/GF) or Mashed Swede (V/V/GF)	Sauté Potatoes (V/V/GF) or Baby Potatoes (V/V/GF)	Oven Chips (V/V/GF) or Croquette Potatoes (V/V/GF)	Penne Pasta (V/V) or White Rice (V/V/GF)	Golden Roasting Potatoes (V/V/GF) or Mashed Potato (V/V/GF)
Accompanied by	Carrots with parsley Butter (V/GF) & Minted Summer Vegetables (V/V/GF)	Baked Beans (V/V/GF) & Minted Summer Vegetables (V/V/GF)	Mediterranean Veg with Pesto/Chive Cheese & Basil Butter (V/GF) & Peas (V/V/GF)	Mixed Vegetables (V/V/GF) & Sweetcorn (V/V/GF)	Mushy Peas (V/V/GF) & Baked Beans (V/V/GF)	Vegetable Medley (V/V/GF) & Sliced Carrots (V/V/GF)	Large Broccoli (V/V/GF) & Red Cabbage with Apple and Port (V/GF)
Desserts	Sticky Toffee Pudding (V) or Peach and Raspberry Pie (V/V)	Apple Crumble (V/V) or Jamaican Ginger Pudding with Orange Sauce (V)	Ready to Bake Vanilla Cheesecake (V) or Pineapple Sponge (V/GF)	Lemon Flavour Sponge (V/DF) or Apricot Crumble (V/V)	Chocolate Chip Pudding with Salted Caramel Sauce (V) or Chocolate Eclairs (V)	Summer Fruit Crumble (V/V) or Sticky Toffee Pudding (V)	Apple Crumble (V/V) or Bakewell Tart (V/DF)

GF: Gluten Free V: Vegetarian VV: Vegan DF: Made without milk

Nursing Home Menu Planning Food Purchasing Management

**Herman E. Zaccarelli, Josephine
Maggiore (Joint Author)**



Nursing Home Menu Planning Food Purchasing Management:

Nursing Home Menu Planning--food Purchasing, Management Herman E. Zaccarelli, Josephine Maggiore, 1972 **Food and Nutrition Information and Educational Materials Center Catalog** Food and Nutrition Information Center (U.S.), 1976 **Catalog** Food and Nutrition Information Center (U.S.), 1974 *Nursing Home Menu Planning--Food Purchasing, Management [By] Herman E. Zaccarelli [And] Josephine Maggiore* Herman E. Zaccarelli, Josephine Maggiore (Joint Author), 1972 **Catalog. Supplement - Food and Nutrition Information and Educational Materials Center** Food and Nutrition Information and Educational Materials Center (U.S.), 1975 Supplements 3 8 include bibliography and indexes subject personal author corporate author title and media index **Food and Nutrition Information and Educational Materials Center Catalog** Food and Nutrition Information and Educational Materials Center (U.S.), 1973 National Library of Medicine Current Catalog National Library of Medicine (U.S.), 1972 First multi year cumulation covers six years 1965 70 Catalog. Supplement Food and Nutrition Information Center (U.S.), 1973 Includes bibliography and indexes subject personal author corporate author title and media index Nursing Home Federal Requirements James E. Allen MSPH, PhD, CNHA, 2010-11-24 The book lists all the federal requirements that are evaluated by state surveyors during the annual survey visit to nursing homes and for complaint visits The exhibit section contains forms used by surveyors to gather data during the survey visit Visually the format makes the regulations easy to read If nursing home staff used the book to prepare for a survey they would be well prepared Marcia Flesner PhD RN MHCA University of Missouri Columbia From Doody's Review The Federal government together with more than 50 advocacy groups has spent the past 40 years writing and refining the rules and guidelines in this manual This book presents the latest federal guidelines and protocols used by federal surveyors in certifying facilities for participation in Medicare and Medicaid funding It is an essential resource for long term care facilities to have on hand to be ready for a survey at any time It provides information straight from CMS's Internet Only Manual in print and at your fingertips for easy access Divided into four accessible and user friendly parts this manual includes Federal requirements and interpretive guidelines Rules for conducting the survey Summary of the requirements for long term care facilities and surveyors CMS forms commonly used by surveyors This newly updated and revised edition spans every aspect and service of a nursing home and represents the latest requirements to ensure that outstanding quality assurance and risk management programs are in place New to This Edition Section on how to use manual Summarization of federal requirements Updated definitions of Medicare and Medicaid Compliance requirements with Title VI of the Civil Rights Act of 1964 SNF Hospice requirements when SNF serves hospice patients SNF based home health agencies Life safety code requirements Changes in SNF provider status Surveyor qualifications standards Management of complaints and incidents New medical director guidelines *Catalog of Copyright Entries. Third Series* Library of Congress. Copyright Office, 1974 *Small Business Bibliography*, 1960 *Catering* Jeremiah J. Wanderstock, 1962 *Cumulative*

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