

NutritionCalc Plus + 2.0

For Windows



Higher Education

Nutritioncalc Plus 20 Cd Rom Standalone

Wendy Schiff



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Nutritioncalc Plus Roger L Tokheim, 2003-06-01 **Nutritioncalc Plus** McGraw-Hill, 2007-01-16 Nutritioncalc Plus
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CD Wendy Schiff, *Nutrition for Healthy Living* takes an innovative approach to basic nutrition. With its uniquely concise organization and a distinct focus on consumerism, this engaging fun-to-read text will provide students with the scientific foundation needed to make informed nutritional lifestyle decisions well beyond the classroom. *NutritionCalc Plus 3.4 CD ROM* is a suite of powerful dietary self-assessment tools. Use *NutritionCalc Plus* to analyze and monitor personal diet and health goals. An easy-to-use interface and the reliability of the ESHA database make *NutritionCalc Plus* the best choice for nutrition analysis software. Enhancements include a new Food List report which provides an at-a-glance view of amounts and calories for your food intakes, a new pie chart displaying the percentage of total calories from fats, and reports now track available data for Omega 3 and Omega 6 Fatty Acids.

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